



**LAKE FOREST BASKETBALL  
FUTURE SCOUT OFFENSIVE SKILL CLINICS for 5<sup>th</sup> thru 8<sup>th</sup> Grades  
FALL 2010**

**CLINICS held at LFHS WEST ATHLETIC CAMPUS  
Offered Monday Nights  
6:00 pm to 7:30 pm**

**September 13  
September 20  
September 27  
October 4  
October 18  
October 25**

**Fee: \$25 per clinic, checks payable to LFHS  
Walkups Welcome, pre-registration preferred**

**OFFENSIVE IMPROVEMENT CAMP EMPHASIS**

The clinics stress the fundamentals of passing, dribbling, and shooting that are often overlooked, but vital for today's game. Through routines and competitions we will work on developing the proper form for shooting the basketball, enhancing ballhandling and passing skills. Basic offensive concepts and principles are introduced. If you are interested in becoming a better offensive player these clinics will develop your skills.

**CLINIC COACHES**

The Lake Forest High School Boys' Basketball staff, Travel staff, and Coach LaScala will direct and run these clinics. Please call Coach LaScala at **847-582-7430** or email [plascala@lfschools.net](mailto:plascala@lfschools.net) with any questions.

**Mail or Drop-off Completed Registration and Payment to:  
Lake Forest High School c/o Sharon Popiel, Athletics  
1285 N. McKinley Lake Forest, IL 60045**

**Information will be posted at [www.LFHS.org](http://www.LFHS.org)  
Select Community Programs, Future Scouts Clinics**

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**Jump Shot / Free Throw Video of your Athlete**

We are offering the opportunity for you to receive a DVD of your son's jump shot and free throw.

If you are interested please email Coach LaScala to set up the time and date for your son to be videotaped at [plascala@lfschools.net](mailto:plascala@lfschools.net)

Times are either before or after the clinic and the cost is \$20