

**Lake Forest High School
2008-2009 Athletic Participation Card**

Name: _____

Address: _____

Phone: _____

Grad. YR: _____ Sport(s): «FALL_», «WINTER_», «SPRING_»

A COPY OF A CURRENT PHYSICAL MUST BE ON FILE.

The success of the LFHS Athletic Program depends on the cooperation of the athletes, the parents, and the Athletic Department. It is important that you read and understand the following statements. **THIS FORM MUST BE FILED ANNUALLY IN THE ATHLETIC OFFICE BY THE 1ST DAY OF PRACTICE OF THE ATHLETE'S SPECIFIC SPORT SEASON.**

Falsification Of Any Information On This Form Is Subject To Disciplinary Action Under The LFHS Athletic Code Of Conduct.

ACADEMIC ELIGIBILITY PER ILLINOIS HIGH SCHOOL ASSOCIATION (IHSA)

To be eligible to compete on any Lake Forest High School interscholastic athletic team, each athlete MUST:

- (a) have passed a minimum of 2.0 units of credit the previous semester and
- (b) be enrolled in, attending, and passing courses that will generate 2.0 units of credit the current semester.

WARNING

Athletic Activity can result in serious injury. Every Athlete must be aware of this fact and take every precaution to minimize the possibility of injury to yourself and others. In addition to preparing themselves for athletic competition, athletes must conform to instructions and regulations governing safety procedures.

ATHLETIC ACCIDENT INSURANCE

Lake Forest High School does not assume responsibility for medical/hospital expenses resulting from a student's injury while he/she participates in the LFHS Athletic Program.

PARENTS you must indicate what provision you are making for your student/athlete by checking at least one of the options below.

- _____ We have purchased LFHS Supplemental Student Accident Insurance.
- _____ We have an insurance program (other than LFHS Insurance) that will cover our Student/Athlete.
- _____ WAIVER: We have no insurance & understand that we are responsible for any Medical/Hospital bills.

PARENT PERMISSION/RENEWAL OF ATHLETIC CODE OF CONDUCT

1. We **reaffirm our agreement** to abide by the Lake Forest High School Athletic Code of Conduct.
2. I/We understand the above statements and give permission for the above named student to participate in the Lake Forest High School Athletic Program. In case my child needs emergency health care due to a sudden potentially serious illness or injury at school and it is impossible to contact me, I hereby give Lake Forest High School personnel my permission to arrange for or provide such care as is deemed necessary.

Date: _____ **Parent's Signature:** _____

Date: _____ **Student's Signature:** _____

LAKE FOREST HIGH SCHOOL
ATHLETIC DEPARTMENT
CODE OF CONDUCT

Name Student-Athlete

Sport(s)

PHILOSOPHY

Participation in athletic activities is a privilege extended to the student body by the Board of Education of Lake Forest High School. Students participating in athletic activities act as representatives of the school district. All student-athletes are expected to conduct themselves in such a manner as to meet the highest standards of Lake Forest High School at all times.

The code of conduct is designed specifically to establish high expectations and standards for all participating student-athletes. These expectations embody a total lifestyle approach with emphasis on Respect for self, others and property, Loyalty to self, teammates, coaches and school, Support for the ideals of true sportsmanship, and maturity to fully accept all choices made and the consequences they each carry.

The implementation and effectiveness of this code is dependent on a collective commitment from students, parents and school personnel, along with a proactive positive approach to prevention and assistance. The athletes on each team will be governed, at the minimum, by the following Athletic Department training rules. Each head coach may establish additional, individual sport rules for his/her team regarding curfew, attendance at practice sessions, personal conduct and personal appearance.

PRINCIPLE I

The athletic program is an integral part of the educational opportunity of our students. Insubordination, poor sportsmanship, anti-social behavior or violation of policies and rules are detrimental to the team and to school spirit.

1. There shall be no use or possession of alcoholic beverages, illegal drugs, substances, look a likes or tobacco in any form by any student-athlete member of an athletic team associated with Lake Forest High School.
2. Student-athletes of Lake Forest High School shall not engage in any criminal activity resulting in police intervention. Examples are as follows, but not limited to: acts of violence, criminal damage to property, hazing.
3. Repeat violation of school policies or rules that result in an athlete being suspended may effect their athletic eligibility.
4. Any other violation of the school code of conduct that is determined to be gross disobedience or misconduct resulting in a minimum five (5) days suspension is prohibited and may effect the athlete's eligibility.
5. Note: Transfer students, by IHSA rules, are held to rules of their sending school.

NON-COMPLIANCE

A "Code Committee" will be established to review cases of athletic code violations. This committee will in some circumstances assist with the disposition after confirmation of a code violation. This committee will be made up of students, counselors, administrators and coaches.

1. After confirmation of, or athlete self- reporting a first violation the student-athlete may be assigned a time to meet with the "Code Committee". Student-athletes may be assigned to community service if the offense is during the off-season and the committee feels there is time to complete the community service prior to the start of the season. The student-athlete may also be assigned a 10 or 20 percent suspension if deemed appropriate for the first violation. Violations during the athlete's season will be a suspension from playing time.
2. After confirmation of a second violation within a one-year period, the athlete will be suspended for a period of 50% of his/her next sport season. If the athlete has not had a violation for a period of one year this violation will be considered his/her first and a suspension of 20% will be assigned. The 10% suspension is only for first time offenses.
3. After confirmation of a third offense the athlete will be suspended for a period of one calendar year.
4. Athletes are required to attend all practices and contests during a suspension.
5. Athletes will be referred to the Student Assistance Program when appropriate.

GENERAL

1. Coaches can not enforce more severe consequences for infraction under this code of conduct. Coaches may institute their own rules and consequences with respect to their team as indicated in the philosophy of the code of conduct.
2. If the percentage of the sport season remaining is less than the percentage of ineligibility stated for the offense, then the suspension will be extended into the student-athletes next sport season.
3. Voluntary admission is when the student-athlete reports himself/herself to the Athletic Director before the situation in which he/she is involved is discovered. This procedure is applicable only when the student-athlete comes forward to seek help or guilt for violating this code, and not to lessen the consequence.
4. If after a violation of this code of conduct the student-athlete competes for one calendar year with out another violation his/her record will be cleared.
5. District 115 reserves the right to impose stricter or additional discipline to that specified by this code for acts of serious misconduct or gross disobedience.

APPEAL PROCESS

Any student-athlete that feels his/her rights have been violated may appeal the consequences

The student-athlete must submit to the Principal or a designee of District 115 a written rationale for the appeal within three (3) calendar days of the disposition. The Principal or designee will convene a committee which will uphold or deny the appeal within three (3) calendar days of receiving the appeal. This committee will consist of the Principal or designee, two (2) coaches and two (2) student-athletes.

The student-athlete will remain under the disposition imposed and follow the provisions set throughout the appeal process.

SIGNATURES

I have read the Athletic Code of Conduct of Lake Forest High School, and I understand the principles and consequences for my failure to comply with this code of conduct. By signing my name below, I indicate that I agree to the Principles and Consequences of the Lake Forest High School Athletic Code of Conduct.

Student-Athlete Signature Date

Parent/Guardian Signature Date