

**LAKE FOREST
BOYS' BASKETBALL
SCHEDULE 2009-2010**

August 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Back to School	25	26	27	28	29
30	31					

September 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Basketball Meeting	3	4	5
6	7 Weights West 4-6	8 Open Gym West 4-6	9 Weights West 4-6	10 Open Gym West 4-6	11 Weights West 4-6	12
13	14 Weights West 4-6	15 Open Gym West 4-6	16 Weights West 4-6	17 Open Gym West 4-6	18 Weights West 4-6	19
20	21 Weights West 4-6	22 Open Gym West 4-6	23 Weights West 4-6	24 Open Gym West 4-6	25 Weights West 4-6	26
27	28 Weights West 4-6	29 Open Gym West 4-6	30 Weights West 4-6			

October 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Open Gym West 4-6	2 Weights West 4-6	3
4	5 Weights West 4-6	6 Open Gym West 4-6	7 Weights West 4-6	8 Open Gym West 4-6	9 Weights West 4-6	10
11	12 Weights West 4-6	13 Open Gym West 4-6	14 Weights West 4-6	15 Open Gym West 4-6	16 Weights West 4-6	17
18	19 Weights West 4-6	20 Open Gym West 4-6	21 Weights West 4-6	22 Open Gym West 4-6	23 Weights West 4-6	24
25	26 Weights West 4-6	27 Open Gym West 4-6	28 Weights West 4-6	29 Open Gym West 4-6	30 Weights West 4-6	31

November 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Open Gym West 4-6	4	5 Open Gym West 4-6	6	7
8	9 VBBB-EAST 3:30-6PM SOPH-WEST 4-6PM FR-WEST 4-6PM	10 VBBB EAST 6-8 SOPH-WEST 4-6PM FR-WEST 4-6PM	11 VBBB-EAST 6-8PM SOPH-WEST 4-6PM FR-WEST 4-6PM	12 VBBB EAST 3:30-6 SOPH-WEST 4-6PM FR-WEST 4-6PM	13 VBBB-EAST 6-8PM SOPH-WEST 4-6PM FR-WEST 4-6PM	14 Bulls Game Mentoring 4pm VBBB EAST 9-12 SOPH EAST 10-12 FR EAST 8-10
15	16 VBBB-EAST 6-8PM SOPH-WEST 4-6PM FR-WEST 4-6PM	17 VBBB WEST 4-6 SOPH WEST 4-6 FR EAST 3:30-6	18 VBBB-EAST 6-8PM SOPH-WEST 4-6PM FR-WEST 4-6PM	19 BLUE-GOLD SCRIMMAGE BOYS PARENT MEETING 3:30 Warmup and practice 4:00 game soph and fr 5:15 Varsity	20 VBBB WEST 6-8 SO WEST 4-6 FR WEST 4-6	21 MENTORING 12-2 VBBB EAST 3:30-6 VBBB WEST 10-1 FR WEST 8-10 SO WEST 8-10 BLITZ DAY FUNDRAISER
22 Practice	23 Var- Niles West Tourney So -Home Fr A. @GBN Fr B@Wheeling GBLL WEST 4-6	24 So -Home Fr A. @GBN Fr B@Wheeling VBBB EAST 3:30-5	25 VBBB EAST 12-1:30PM Var- Niles West Tourney So -Home Fr A. @GBN Fr B@Wheeling NO SCHOOL	26 THANKSGIVING	27 VBBB EAST 12-1:30PM SO WEST 10-12AM FR WEST 10-12AM Var- Niles West Tourney	28 VBBB EAST SHOOTAROUND 12-2 SO EAST 8-10AM FR EAST 10-12AM
29	30 Fr BOYS Carmel Home 5:30&7:00pm SO BOYS EAST 3:30-6 VBBB EAST 3:30-6					

December 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 VBBB EAST 3:30-6 SO WEST 4-6 Fr WEST 4-6	2 SOPH BBLL EAST 3:30-6 VBBB-EAST 6-8PM FR-WEST 4-6PM	3 VBBB-EAST FH 6-8PM SO-WEST 4-6PM FR-WEST 4-6PM	4 VBBB-EAST 6-8PM SOPH -WEST 4-6PM FR BOYS 6-7AM EAST	5 Var @ Carmel Soph @ Carmel VAR SHOOTAROUND 12-2PM Fr Boys East comp10-12 Fr Boys FH 10-12
6	7 Fr A&B Stevenson Home VBBB EAST 3:30-5 SOPH EAST 3:30-5	8 Var @Mund Soph @ Mund FR BOYS WEST 4-6	9 VBBB EAST 3:30-6 SOPH WEST 4-6 FR WEST 4-6	10 SOPH EAST 3:30-6 VBBB-EAST 6-8PM FR-WEST 4-6PM	11 VBBB WEST 4-6 SOPH WEST 4-6 FR EAST 6-7AM EAST	12 Var Stevenson Home So-Stevenson Home Fr Mund Home JV&Soph B VGBB AWAY VAR 2:00-3:30 EAST SHOOTAROUND Mentoring Night pizza after game
13	14 FR @ GBN Tourney VBBB EAST 3:30-6 SOPH EAST 3:30-6 Fr b off	15 FR @ GBN Tourney VBBB WEST 4-6 SOPH WEST 4-6 FR B EAST 3:30-6	16 FR @ GBN Tourney VBBB EAST 6-8 SOPH WEST 4-6 FR B WEST 4-6	17 Var LZ Home Soph LZ Home Fr East 3:30-5:30	18 VBBB EAST 3:30-6 SOPHS BOYS WEST 4-6PM FR EAST 6:00- 7:15AM	19 Var @ Palatine So @ Palatine Fr @ Lake Zurich JV& Soph B at LZ BOYSHOOTAROUND 12-2 EAST
20	21 BOYS OFF	22 VBBB EAST 10-12AM BBLL EAST 10-12	23 VBBB EAST 10-12AM BBLL EAST 10-12	24 off	25 off	26 VBBB EAST 4:30-6:30pm BBLL EAST 8-10
27 Practice or possible Leave for Bloominton depending on game time Monday	28 Var Bloomington Soph DeLaSalle Fr boys east 10-12am	29 Var Bloomington Soph DeLaSalle Fr boys east 10-12am	30 Var Bloomington Fr boys east 10-12am	31 Var Bloomington		

January 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Var off	2 Var off
3 Var East 10-12am	4 VBBB-EAST 3:30-6 SOPH-WEST 4-6PM FR-WEST 4-6PM	5 VBBB EAST 6-8PM SOPH WEST 4-6 FR WEST 4-6	6 Var @ Zion Benton So @ ZB FR BOYS WEST 4-6	7 VBBB EAST 3:30-5 SO WEST 4-6 FR WEST 4-6	8 VBBB 3:30-5:30 FH SOPH 3:30-5:30 FH FR EAST 6-7AM	9 Var @Warren Soph @Warren Fr Zion home
10	11 VBBB EAST 5-7:30 SO OFF FR OFF	12 Finals Week VBBB EAST 1:30-3:30 FR WEST 2-4 SO WEST 2-4	13 Finals Week VBBB EAST 3:30-5 SO EAST 2:30:30 FR EAST 2:30	14 Var 2-4pm east So 2-4 WEST Fr 2-4 WEST	15 Var Lville Home So Lville Home Shootaround var 12-2pm FR EAST 10-12AM	16 Fr @ Libertyville JV @ Libertyville Var west 2-4
17	18 Fr @ Lakes 9am VBBB EAST 10-12PM SOPH BOYS EAST 10-12pm Mentoring Lunch day 12-2pm Martin Luther King Day	19 Var HOME LFA So HOME LFA FR BOYS EAST 3:30-5	20 VBBB EAST 6-8PM SOPH 4-6 FR WEST 4-6	21 VBBB EAST 3:30-5 BBLL WEST 4-6 BBLL WEST 4-6	22 Var Home Mund So Home Mund FR BOYS WEST 4-6	23 Fr @ Mund JV @ Mund VBBB EAST 2-4PM SOPH BOYS 2-4PM
24	25 VBBB EAST 6-8PM BBLL WEST 4-6 FR. A & B @ Warren	26 Var @ Stevenson So @ Stevenson FR BOYS EAST 3:30-6	27 VBBB EAST 3:30-6 SO WEST 4-6 FR WEST 4-6	28 VBBB EAST 6-8PM SO WEST 4-6 FR WEST 4-6	29 VBBB EAST 3:30-5 SO WEST 4-6 FR WEST 4-6	30 Var home So home Fr @ Stev Feeder night Mentoring Night After varsity game

February 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Fr LZ Home JV LZ Home SOPH B HOME	2 VBBB EAST 3:30-6 SO WEST 4-6 FR EAST 3:30-6 Northwestern Basketball game vs. Michigan mentoring	3 Fr A&B @Palatine SOPH BOYS EAST 4-6	4 VBBB EAST 6-8PM SOPH WEST 4-6 FR WEST 4-6	5 Var Zion Home So Zion Home FR BOYS WEST 4-6	6 Fr @ Zion JV&Soph B VARBOYS EAST2-4 SOPH BOYS EAST 2-4PM
7	8 Fr-Highland Park Home VBBB EAST 3:30-5 SOPH EAST 3:30-5	9 Var Highland Park Home So HP Home FR BOYS EAST 3:30-5	10 VAR 6-8PM EAST SOPH 4-6 WEST FR 4-6 WEST	11 VAR 6-8PM EAST SO WEST 4-6 FR WEST 4-6	12 Var Home Warren So Home Warren FR EAST 3:30-6	13 Fr Warren Home JV and Soph B
14	15 VAR 12-2 EAST SOPH 10-12 FH FR 12-2 FH MENTORING DAY	16 Var Lakes Home So Lakes Home Fr a&b @ New Trier	17 VAR EAST 6-8 SO WEST 4-6 FR EAST 3:30-5:30	18 VAR EAST 4-6 SO WEST 4-6PM FR EAST 3:30-5:30	19 Var @ Libertyville So @ Libertyville FR COMP GYM 3:30-5:30PM	20 Fr LVille Home VAR COMP 12-2PM
21	22 Fr Vernon Hills Home SOPH WEST 4-6 VAR EAST 3:30-5:30	23 Var @Vernon Hills SO @ Vernon Hills	24 NSC Championship	25	26	27
28						

March 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 IHSA Regionals Begin	2	3	4	5 IHSA Regional Finals	6
7	8	9 IHSA Sectional Begins	10	11	12 IHSA Sectional Finals	13
14	15 SuperSectional?	16 SuperSectional?	17	18	19 State	20 State Finals
21	22	23 Banquet	24	25	26	27
28	29	30	31			