



2010 LAKE FOREST CROSS COUNTRY

PALATINE RESULTS

Varsity RACE RESULTS

Place	Ovral Score	School	Name	Time
71	70	Lake Forest	Katherine McCauley (Sr)	0:19:18.1
98	96	Lake Forest	Megan Lundahl (Sr)	0:19:45.9
102	100	Lake Forest	Ellie Revenaugh (Jr)	0:19:50.9
127	123	Lake Forest	Katie Murphy (Sr)	0:20:18.0
130	126	Lake Forest	Caitlin Sperzel (Sr)	0:20:24.4
132	128	Lake Forest	Shelia Murphy (Sr)	0:20:31.2

FINAL TEAM STANDINGS:

Place	School	Score	Scoring Places
1	Palatine	74	2, 5, 10, 27, 30, 38, 51
2	Wheaton-Warrenville South	78	6, 14, 15, 21, 22, 53, 102
3	Downers Grove North	95	7, 17, 18, 24, 29, 76, 82
4	Barrington	105	4, 8, 28, 32, 33, 42, 74
5	Prospect	127	1, 3, 36, 43, 44, 84, 99
6	Assumption	142	13, 19, 20, 41, 49, 60, 62
7	Crystal Lake Central	211	16, 45, 46, 50, 54, 63, 93
8	Lyons Township	215	37, 39, 40, 47, 52, 81, 83
9	Loyola Academy	223	12, 35, 55, 56, 65, 92, 127
10	Maine South	272	9, 11, 58, 79, 115, 130, 145
11	Libertyville	307	34, 66, 67, 69, 71, 78, 108
12	St. Viator	320	23, 26, 72, 89, 110, 122, 139
13	Hersey	413	31, 80, 90, 105, 107, 132
14	Prairie Ridge	415	59, 64, 86, 94, 112, 125, 140
15	Dundee Crown	434	73, 77, 87, 88, 109, 113, 146
16	Cary Grove	447	48, 97, 98, 101, 103, 118, 121
17	Lake Forest	515	70, 96, 100, 123, 126, 128
18	Lake Zurich	515	85, 95, 104, 114, 117, 131, 136
19	Buffalo Grove	543	75, 91, 116, 124, 137, 148, 150
20	Hononegah	563	57, 119, 120, 133, 134, 135, 142
21	Vernon Hills	564	25, 111, 129, 141, 158, 160, 165
22	Stevenson	613	68, 106, 143, 147, 149, 151
23	McHenry	711	61, 156, 159, 163, 172
24	Conant	769	138, 153, 155, 161, 162
25	Mundelein	792	144, 152, 157, 169, 170, 171
26	Homewood-Flossmoor	819	154, 164, 166, 167, 168
27	Maine West	No Score	- Had only 3 finishers
28	Moline	No Score	- Had only 3 finishers



2010 LAKE FOREST CROSS COUNTRY

PALATINE RESULTS

FROSH - SOPH RACE RESULTS

Overall Score	Place	School	Name	Time
3	3	Lake Forest	Lauren Wyatt (So)	0:15:18.6
13	13	Lake Forest	Helen Schlachtenhaufen (So)	0:16:04.9
18	18	Lake Forest	Lisa Bennatan (Fr)	0:16:13.4
24	24	Lake Forest	Nina Demet (So)	0:16:22.5
70	69	Lake Forest	Thea Milburn (Fr)	0:17:07.1
105	95	Lake Forest	Hannah Mowry (So)	0:17:38.9
109	97	Lake Forest	Erin Malles (So)	0:17:47.9
115		Lake Forest	Brynn Streppa (So)	0:17:52.5
116		Lake Forest	Elliotte Pomerich (So)	0:17:52.8
149		Lake Forest	Madeline Nesbit (So)	0:18:18.6
150		Lake Forest	Lizett Pink (Fr)	0:18:19.1
151		Lake Forest	Natalie Yang (Fr)	0:18:19.7
180		Lake Forest	Kristen Baker (So)	0:18:47.1
195		Lake Forest	Savannah Shea (Fr)	0:18:59.8
226		Lake Forest	Katie Hurst (So)	0:19:24.2
241		Lake Forest	Cordelia Grob (Fr)	0:19:32.0
254		Lake Forest	Liz Kerndl (So)	0:19:37.8
260		Lake Forest	Sarah Rigali (Fr)	0:19:45.1
269		Lake Forest	Madeleine Weber (Fr)	0:19:55.1
289		Lake Forest	Hayley Lakin (So)	0:20:27.0
306		Lake Forest	Brianna Martin (Fr)	0:20:36.7
350		Lake Forest	Kielely Harrington (So)	0:22:01.9
351		Lake Forest	Rachel Pickus (Fr)	0:22:02.5
353		Lake Forest	Kaily Grabemann (So)	0:22:03.1
354		Lake Forest	Eileen Miller (Fr)	0:22:07.7
367		Lake Forest	Ellie Seyfert (So)	0:22:48.1
370		Lake Forest	Stephanie Coates (So)	0:22:51.2
371		Lake Forest	Jenny Morehouse (Fr)	0:22:58.6
374		Lake Forest	Claire Borre (Fr)	0:23:13.4
375		Lake Forest	Hilda Kim (So)	0:23:25.8

FINAL TEAM STANDINGS:

Place	School	Score	Scoring Places
1	Palatine	64	1, 4, 6, 25, 28, 68, 88
2	Wheaton-Warrenville South	81	5, 12, 16, 17, 31, 82, 93
3	Loyola Academy	98	8, 9, 15, 32, 34, 60
4	Lake Forest	127	3, 13, 18, 24, 69, 95, 97
5	Mundelein	133	2, 14, 21, 42, 54, 102, 126
6	Prospect	152	7, 20, 23, 37, 65, 76, 86
7	Downers Grove North	168	22, 27, 29, 44, 46, 51, 57
8	Assumption	205	11, 26, 40, 49, 79, 92, 101
9	Lyons Township	221	10, 38, 52, 58, 63, 70, 74
10	Libertyville	284	36, 41, 61, 71, 75, 90, 115
11	Prairie Ridge	296	19, 45, 47, 48, 137, 138, 140
12	Barrington	308	55, 56, 64, 66, 67, 73, 87
13	St. Viator	358	35, 43, 50, 77, 153
14	Cary Grove	391	33, 53, 59, 114, 132, 135, 155
15	Conant	474	72, 91, 99, 104, 108, 118, 122
16	Dundee Crown	481	62, 85, 98, 109, 127, 165, 166
17	Buffalo Grove	506	39, 94, 112, 130, 131, 148, 150
18	Lake Zurich	531	84, 103, 107, 116, 121, 142, 147
19	Moline	548	30, 80, 119, 159, 160
20	Maine South	556	89, 105, 113, 124, 125, 139, 141
21	Hononegah	576	78, 81, 96, 158, 163, 167, 168
22	Maine West	608	111, 117, 123, 128, 129, 136, 146
23	Stevenson	642	100, 110, 143, 144, 145, 152, 157
24	Vernon Hills	647	106, 120, 133, 134, 154, 161, 162
25	Crystal Lake Central	703	83, 149, 151, 156, 164, 169



2010 LAKE FOREST CROSS COUNTRY

PALATINE RESULTS

JV RACE RESULTS

Place	Ovral Score	School	Name	Time
85	69	Lake Forest	Catherine Traut (Jr)	0:17:21.0
103	78	Lake Forest	Molly Wagener (Jr)	0:17:36.8
113	84	Lake Forest	Molly Carr (Jr)	0:17:42.5
120	90	Lake Forest	Kelsey Stoll (Sr)	0:17:48.9
122	92	Lake Forest	Kirsten Warkow (Sr)	0:17:50.7
131	93	Lake Forest	Jamie Warren (Sr)	0:17:56.0
140	99	Lake Forest	Johanna Foster (Sr)	0:18:05.8
141		Lake Forest	Faith Steckel (Sr)	0:18:06.2
155		Lake Forest	Kelly Marsch (Sr)	0:18:17.3
159		Lake Forest	Alison Bailey (Sr)	0:18:19.2
177		Lake Forest	Michelle Becker (Jr)	0:18:29.7
181		Lake Forest	Katie Rowe (Jr)	0:18:32.0
220		Lake Forest	Caroline Kerr (Sr)	0:18:57.0
224		Lake Forest	Jennie Moderwell (So)	0:18:58.6
290		Lake Forest	Veronica Whitnell (Jr)	0:19:40.7
291		Lake Forest	Sammy Gary (Sr)	0:19:41.3
297		Lake Forest	Ashley Boyce (Sr)	0:19:45.1
332		Lake Forest	Sarah Neil (Sr)	0:20:19.4
339		Lake Forest	Ellie Logue (Sr)	0:20:24.9
350		Lake Forest	Jillian Richman (Jr)	0:20:40.0
364		Lake Forest	Lily Chang (Sr)	0:20:53.5
384		Lake Forest	Natalia Murphy (Jr)	0:21:14.0
391		Lake Forest	Sally Lape (Jr)	0:21:27.1
405		Lake Forest	Emily Mordini (Jr)	0:21:42.7
409		Lake Forest	Erin Harrington (Sr)	0:21:51.2
420		Lake Forest	Meghan Polich (Jr)	0:22:19.3

FINAL TEAM STANDINGS:

Place	School	Score	Scoring Places											
1	Wheaton-Warrenville South	48	2,	10,	11,	12,	13,	20,	28					
2	Barrington	63	3,	5,	14,	17,	24,	38,	49					
3	Assumption	83	8,	9,	15,	25,	26,	48,	61					
4	Palatine	88	1,	4,	7,	33,	43,	57,	60					
5	Lyons Township	97	16,	18,	19,	21,	23,	31,	39					
6	Libertyville	189	30,	32,	36,	44,	47,	58,	64					
7	Downers Grove North	204	35,	37,	40,	41,	51,	55,	63					
8	Prospect	282	6,	27,	66,	68,	115,	118,	119					
9	Maine South	286	34,	42,	56,	75,	79,	80,	91					
10	Cary Grove	306	22,	45,	62,	82,	95,	113,	120					
11	Lake Zurich	318	46,	54,	70,	71,	77,	89,	97					
12	St. Viator	324	29,	50,	52,	81,	112,	124,	139					
13	Buffalo Grove	402	72,	73,	83,	86,	88,	101,	103					
14	Crystal Lake Central	406	53,	59,	76,	108,	110,	121,	126					
15	Lake Forest	413	69,	78,	84,	90,	92,	93,	99					
16	Prairie Ridge	451	65,	67,	102,	106,	111,	122,	125					
17	Hersey	459	74,	85,	87,	104,	109,	117,	135					
18	Vernon Hills	582	94,	107,	123,	128,	130,	131,	132					
19	Stevenson	588	96,	98,	114,	137,	143,	144,	147					
20	Dundee Crown	603	100,	105,	129,	133,	136,	140,	141					
21	Maine West	657	116,	127,	134,	138,	142,	145,	146					