

# 2011 Girl's Swimming and Diving Varsity Letter Policy

In order to earn a varsity letter, swimmers and divers must achieve the following during the season:

- train with the Varsity group for every practice including dryland
- compete in the Varsity lineup for at least four of the seven dual meets
- compete in at least two of the Varsity only meets (Scout Relays, Evanston Invite, St. Charles College Events Invite, Trevian Relays, Evanston Invite (diving), NSC Conference, IHSA Sectionals, IHSA State Meet)
- complete the season without violation of team or school rules requiring formal disciplinary action by either the coaching staff or the school administration