

## FEBRUARY

FEBRUARY					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6
8 <b>NO PRACTICE</b>	9 <u>SEASON BEGINS!</u> 3:30-5PM (EFH)	10 3:30-5PM (MFH)	11 3:30-5PM (MFH)	12 Institute Day <b>NO PRACTICE</b>	13 <b>NO PRACTICE</b>
15 Presidents' Day <b>NO PRACTICE</b>	16 3:30-5:30PM (E&MFH) (BOYS TRACK START)	17 3:30-5:30PM (E&MFH) PV: 5:30-7:30PM (EFH)	18 3:30-5:30PM (MFH)	19 4-5:30PM (WEST!)	20 <b>NO PRACTICE</b> PV: 8-10AM (FH)
22 3:30-5:30PM (E&MFH)	23 GBN & Niles North Meet @ GBN (4:30pm)	24 3:30-5:30PM (FH) PV 5:30-7:30 (E&MFH)	25 3:30-5:30PM (FH) PV 5:30-7:30 (EFH)	26 3:30-5:30PM (FH)	27 <b>NO PRACTICE</b> PV: 8-10AM (FH)

All practices will be at East Campus unless indicated. (2/19 will be at West)    EFH= East 1/3 Field House    MFH=Middle 1/3 Field House

## MARCH

MARCH					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 Rolling Meadows Meet (5pm) (No JV Practice)	6 <b>NO PRACTICE</b>
8 DGN Relay Meet (6pm) (JV Practice @ LF)	9	10	11	12 GBN Panther Invite (4:30pm) (No JV Practice)	13 <b>NO PRACTICE</b> PV Summit
15	16	17	18	19 Scout Relays Meet (5pm)	20 <b>NO PRACTICE</b>
22	23 Team Decathlon	24 Team Decathlon	25	26 <b>NO PRACTICE</b>	27 <b>NO PRACTICE</b>
29 Spring Break	30 Spring Break	31 Spring Break	1 Spring Break	2 Spring Break	3 Spring Break

Varsity Only:

JV Only:

Varsity & JV:

Home Meet (V&JV):

## APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	6 Antioch @ Lake Forest Meet (4:30pm)	7	8	9	10 Waubonsie Valley Invite (10am) <b>(No JV Practice)</b>
12 Lake Zurich Meet @ LZ (4:30pm)	13	14	15	16 Barrington Invite (4:30pm) <b>(No JV Practice)</b>	17 Wheaton North Invitational (1pm) <b>(No Varsity Practice)</b>
19 Stevenson & ZB @ Zion (4:30pm)	20	21	22	23	24 Palatine Invitational (10am)
26 Libertyville & Mundelein Meet @ Libertyville (4:30pm)	27	28 (PSAE Testing)	29 Lake County Meet @ Grayslake Central (4pm) (PSAE Testing) <b>(No JV Practice)</b>	30 Institute Day Varsity Practice <b>(No JV Practice)</b>	1 <b>NO PRACTICE</b>

## MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 Warren @ LF Meet (4:30pm) "Senior Night"	4	5	6 NSC Meet @ Mundelein <b>(No JV Practice)</b>	7	8 NSC JV Meet @ Noth Chicago (10am) <b>(No Varsity Practice)</b> <b>End of JV Season</b>
10	11	12	13	14 Sectional Meet	15 <b>NO PRACTICE</b>
17	18	19	20 State Meet Travel to Charleston	21 State Meet Prelims	22 State Meet Finals

Varsity Only:

JV Only:

Varsity & JV:

Home Meet: