

Lauren Telander (2000)



1999

100 Back- 58.67- School Record, 6th at State, Sectional Champion
200 IM- 2:10.5- 12th at State, Lake County Champion
200 Medley Relay- 1:46.44- All American; State, School, Conference and Pool Records
2nd at State, Sectional and Conference Champions
400 Freestyle Relay- 3:33.13- All American, School and Pool Records, 3rd at State
Sectional, Conference, and Lake County Champions
Most Improved Swimmer Award, Pioneer Press and News Sun Athlete of the Week
1998, 1997, 1996

10 time State Qualifier, 7 time Sectional Champion, 6 time Conference Champion
2 time Pioneer Press Athlete of the Week
1998- 400 Free Relay- 10th at State, All American 200 Free Relay- All American
1997- 400 Free Relay- 8th at State, All American
1996- 400 Free Relay- 2nd at State, All American, School Record
200 Medley Relay-4th at State, All American