

KRISTINA LENNOX
2002-2003
Swimming & Diving



2001

Sectional Qualifier - 200 Free
Sectional Qualifier - 500 Free
News Sun - Prep Athlete of the Week
Team Coach's Award

2002

200 Freestyle
Sectional Champion
State Finalist - 8th
Honorable Mention All-State

500 Freestyle
Sectional Champion
State Finalist - 8th
Honorable Mention All-State

Team State Runner-up
Team Tri-MVP Award

Academic All-Conference
National Honor Society
USA Swimming Scholastic All-American

2003

200 Freestyle
Sectional Champion
State Finalist - 5th
2nd Team All-State
School Record: 1:51.24
High School All-American

500 Freestyle
State Finalist - 6th
2nd Team All-State
School Record: 5:01.03
High School All-American

400 Free Relay - 1st
Team State Champions

Ann Thompson Memorial Award
Academic All-Conference
National Honor Society
USA Swimming Scholastic All-American

