

# Ashley Dell

2004-2005  
500 Freestyle



**2004** Lake County Champion  
All State Honorable Mention (9<sup>th</sup> place finish)  
1<sup>st</sup> Place Conference  
2<sup>nd</sup> Place Sectionals  
All Conference



**2005** Lake County Champion  
2<sup>nd</sup> Place Conference  
2<sup>nd</sup> Place Sectionals  
All Conference  
Captain