

Cary Telander (2002)

Swimming / Water Polo



Swimming

Captain 2001 All American- 3 times Academic All American
 State Record/ School Record- 1999- 200 Medley Relay- 1:48.44
 LFHS Wall of Fame- 5 times All State- 4 times
 State Qualifier -11 times (100 Breast, 200 IM, 200 Medley Relay, 200 Free Relay)
 100 Breast- 7th in the IHSA State Meet
 Sectional Champion- 2001, 2000
 Conference Champion-2001, 2000, 1999
 County Champion in 2001, 2000, 1999, 1998
 North Suburban Conference All Academic School Sports.com Student-Athlete of Week
 Pioneer Press Athlete of the Week News Sun Athlete of the Week

Water Polo

Captain 2002 All American All State Academic All American
 Illinois Senior Scholastic Water Polo Award Nominee
 Junior Zone Team Selection All Sectional Team All Conference Team
 LFHS Most Valuable Player LFHS High Scorer
 LFHS Defensive Player Award- 2 times LFHS Most Improved Player
 North Suburban Conference All Academic