



It's Showtime for LFHS Students!

"There Can Only Be One"...Talent Show 2009!



It's showtime! Rehearsals are underway for Talent Show 2009 and this year, there can only be one Master of Ceremonies as **Michael Yunez** takes on the duties of hosting the show. He joins an outstanding student committee, a dedicated tech crew, and a talented group of performers.

Talent Show Performances

March 12, 13 & 14

Raymond Moore Auditorium

7:30 pm

All tickets for these performances are reserved. However, no advance ticket reservations are required for the

Talent Show Preview Performance

March 11

4:30 pm

Tickets for this performance are \$5.00 and sold at the door beginning at 3:15 pm.

Talent Show is sponsored by the LFHS APT.



2009 Talent Show MC: Michael Yunez
photo by Gunnar Soderlind

More Top News!

LFHS Junior Class to Host Mardi Gras Magic Senior Citizens Party on Sunday March 8, 2009

The Junior Class of Lake Forest High School will be hosting a Mardi Gras themed party for the Senior Citizens of Lake Forest and Lake Bluff on **Sunday, March 8 from 2:00 — 4:00 p.m.** at Dickinson Hall Senior Center, 100 East Old Mill Road in Lake Forest. (see page 3)

Illinois LAX-Fest

College Lacrosse Will be Coming to LFHS on Saturday, April 11!

Enjoy a full day of Lacrosse when all levels of Lake Forest HS Lacrosse teams take on New Trier HS, at 9:00 am.

That same day, Lake Forest will host their first "Big 10" match as the **University of Michigan takes the field against the University of Illinois** at 4:00 p.m. on the Varsity Field at West Campus. Look for more information at www.lfhs.org!

Thoroughly Modern Millie

Thoroughly Modern Millie will be performed

April 30, May 1 & 2

7:30 pm

Raymond Moore Auditorium

(see page 15)

Little Scouts Preschool Opens to the Public!

Lake Forest High School's Little Scouts Preschool – with full and half day programs – is accepting registration for summer and the 2009-2010 school year beginning **Monday, March 2**. Housed at the Lake Forest High School-West Campus facility (300 S.Waukegan Rd.), Little Scouts offers programs for infants 6 weeks of age through five-year-olds. For more information, or to schedule a tour, please contact Shari Zander, Little Scouts Director at 847-235-9670.

Class News

Board of Education

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President

Marilyn Harlow
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Jim Carey
Member

John Scribner
Member

Nicki Snoblin
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Dr. Harry Griffith
Superintendent

Next Board of Education Meeting

The next Regular Meeting of the Board of Education of Lake Forest Community High School District 115 will be on:

Tues., March 10
7:00 p.m.

Board Room
LFHS West Campus

Upcoming meeting dates:

Tues., April 14, 2009
Tues., May 12, 2009
Tues., June 9, 2009
Tues., July 14, 2009

Freshman

Prom 2009

While the Prom is mostly attended by the upper classmen, there may be Freshmen who will be attending. For anyone interested in learning more about Prom, there will be a parent meeting on:

Thursday, April 9
10:00 am
David Miller Theater

Mark your calendars

Freshman, Sophomores and Seniors do not attend school on **April 22-23** due to PSAE testing for the Juniors.

Lastly, as Freshman students transition to their Sophomore year, please share any topics you could have benefited from as a Freshman parent that we did not cover in these parent meetings. I would love your input. Please feel free to email me at ack85048@yahoo.com.

Ana Kapoor
APT Freshman Class
Parent Representative
847-283-0133
ack85048@yahoo.com

Sophomore

Sophomore Parents are Invited...

Although Sophomore parent meetings have concluded for the year, Sophomore parents are encouraged you to attend the Junior parent meeting in April when the Junior/Senior Prom will be discussed. This meeting will take place on **April 9 at 10:00 am in the David Miller Theater.**

Sophomore students continue to participate in service activities. On Sunday, February 8, students helped stock the food pantry at Holy Family Church in Waukegan.

Please feel free to contact me with questions or suggestions.

Tracy Tolmie
Sophomore Class
Parent Representative
dtolmie@aol.com
847-234-7801



On Sunday, February 8, students helped stock the food pantry at Holy Family Church in Waukegan.



Junior

Prom 2009

Congratulations to **Elizabeth Skinner** and **Patty Zicarelli**, the winners of the 2009 Prom T-shirt design contest. Their creativity was most impressive. Both artists will receive a free ticket to Prom! All students that attend Prom will receive a long-sleeve T-shirt at the time they purchase their tickets.

Prom Ticket sales:

Tuesday, April 14 - Thursday, April 16

This years Prom, "**Bright Lights Big City**" will be held on:

Saturday, May 16
Chicago Marriott

Many thanks to all that have contributed to our fundraiser "Project Safe Prom," which provides safe transportation for each student attending this special event. The Junior class student council is working hard finalizing the menu, decorations, invitations and music for this memorable evening. Special thanks to the student committee members, **Lily Barrie, Rick Day, Michael Dobbins, Emma Faucher, Lauren Ganshirt, Kitty Lieder, Ed Loos, Peter Marshall, Rohan Mehta, Kelly Moran, Julia Saran, Eeshan Talwar** and **Kara Zenni**.

If parents would like to be "enlightened" regarding prom specifics, there will be a parent meeting on:

Prom Parent Meeting

April 9
David Miller Theater
10:00 am

**this will be an all-class parent meeting.
Please plan to attend.*

College Planning

Thank you to **College Counselor, Jacquie Berkshire, Academic Advisors**, and the **Administrative Staff**, for organizing and presenting an informative meeting in February regarding the college search and application process. The College Planning Guidebooks and Naviance are valuable tools that will greatly assist junior class students as they navigate the next few months with their parents. Parents and students are encouraged to mark their calendars for the final junior class meeting of the year:

"The College Selection Panel"

April 28
Raymond Moore Auditorium
7:30 pm

Questions or concerns may be directed to: **Leslie Moran**
Jr. Class Parent Representative, 847-735-0358,
Cleavmor@aol.com

LFHS Junior Class to Host Mardi Gras Magic Senior Citizens Party

Sunday March 8, 2009

The Junior Class of Lake Forest High School will be hosting a Mardi Gras themed party for the Senior Citizens of Lake Forest and Lake Bluff on:

Sunday, March 8
2:00 pm — 4:00 pm
Dickinson Hall
Senior Center
100 East Old Mill Road
Lake Forest

Student Council Co-Chairs for this wonderful afternoon are **Christine Leider, Matt Ochalski** and **Ryan Sparrow**.

The Junior Class is encouraged to invite and escort grandparents and other Senior Citizens to the party where the **Lake Forest High School Jazz Band** will provide just the right note for dancing, refreshments and conversation.

And don't forget! Student volunteers are needed before and during the party and can gather valuable volunteer hours while having a great time! Contact your Co-Chairs and let them know you can help.

Senior

Prom and Graduation Parent Meeting

Thursday, April 9
10:00 am
David Miller Theater

This is a combined meeting with the Junior Class. We will provide information about the Prom during the first half hour of the meeting, and then will focus on Graduation activities for the rest of the meeting.

Senior Class Bike & Bake Sale

Saturday, May 9

Breaking Away

Friday, May 29
10 am
DMT

More details will follow in future editions of Highlights.

Donna Johnson
Senior Class
Parent Representative
dwj888@aol.com
847-482-0883

Team Results and Photos

For all the latest team accomplishments and photos of your favorite scout team, please visit www.lfhs.org and select the "Athletics" tab. Here you can select your favorite team to see information regarding coaches, pictures, recent news, rosters, schedules, scores and more! As much as we would like to acknowledge all of our teams and athletes, the main purpose of the Highlights newsletter is to provide families with monthly information that is timely and informative about what is going on at the high school. From time to time, we will include pictures (if space allows) of your favorite team shot.

Athletics

Lake Forest High School Athletic Summer Camps

**Registration begins
March 9, 2009 for all programs**

View Camp Offerings at www.lfhs.org. Navigate the "Athletics" tab to find "Summer Camps" in the left menu.

Select "High School Camps" to view all offerings for LFHS students or...

Select "Future Scouts Camps" to view all offerings for students entering 5th to 8th grade

Lake Forest High School Community Education Swim Program

**Registration begins
March 23, 2009 for Spring Saturday Swim School**

**Registration begins
June 1, 2009 for Summer Saturday Swim School**

Registration is happening now for all other programs!

View **Swim Offerings** at www.lfhs.org. Navigate the "Athletics" tab to find "Community Programs" in the left menu, then "Public Swim."

Scout Aquatics Swim Club

**New Swimmer Registration/Placement
Monday April 6
6:30-7:30 pm
LFHS pool**

View offerings at www.swimsct.org

Questions: Carolyn Grevers
847-582-7339
cgrevers@yahoo.com

Illinois High School Association (IHSA)

IHSA rules apply to all LFHS sponsored sports camps for high school students. Students are allowed a maximum of 25 contact days (per sport) with their high school coach/program. Summer baseball and softball have separate IHSA rules regarding the number of days for student participation.

Questions: Please call the LFHS Athletic Office: 847-582-7382

Athletic Camp Registration Information

(not applicable for Scout Aquatic Swim Club)

www.lfhs.org: "Pay Fees Online" in left corner
Payment by Visa or Master Card only

Mail-in registration

Lake Forest High School Athletics
1285 North McKinley Road
Lake Forest, IL 60045
Attention: Summer Camps

Walk-in registration

Lake Forest High School East Campus Athletic Office
1285 North McKinley Road
All registration information must be received before the beginning of a camp.

There will be NO registration by phone, fax or mail in credit card.

Students participating in the Athletic Camps must have completed the registration/waiver information in order to participate in the program.

(The waiver is generated automatically with on-line credit card registration.)

The camp offerings listed are tentative, contingent upon enrollment. A non-refundable \$25 registration fee is included in the camp cost. Fees are not pro-rated at any time.

Decisions to cancel a camp will be made the Thursday prior to the start of each camp.

Full refunds will be made only in the event that a camp has been cancelled. Students registered will receive a phone call to notify you of the cancellation.

Community Education

LFHS Aquatic Center

The pool will be:

- **Closed** - Friday evening, March 20
 - **Open** for regularly scheduled public swims during **Spring Break: March 28 - April 5**
 - **Open** for additional Family/Lap Swims from 1:00 - 3:00pm **March 30 - April 3**
 - Offering an American Red Cross **Lifeguard Training** course that will run **March 30 - April 4**
 - Beginning **Spring Saturday Swim School** registration on **March 23 with classes beginning April 18**
 - SCUBA and Snorkeling classes will be coming in April/May
- For more information go to www.lfhs.org, click on *Community Programs*, then *Public Swim*

or call **Linda Koepke**
Aquatic Center Manager
847-582-7323.



Art Department

Picasso's "The Old Guitarist"

Mrs. Zare's fall 2008 painting class chose Picasso's "The Old Guitarist" as the subject of their final project. It is a painting from Picasso's blue period that hangs in the Museum of the Art Institute of Chicago. Each student chose a piece "out of the hat" then enlarged their piece to fit onto an 18" square canvas which was then painted in oils.

It will soon be installed on the third floor staircase wall. The final pieces measures over 4.5' x 6'. Artists include: **Elias Agaja, Claire Christensen, Claire Dillon, Becca Brown, Jynniah Harris, Emmy Neal, Kara Zenni, Katie Farrell, Richard Fijas, Grace Briggs, Lexy Murphy and Margeaux Flannery.**

Students who painted it included: **Anne Purpura, Sarah Goodman, Molly Carter, Judy Lee, Kim Seymour, Katie Buss, Elin Sandberg, C. C. Cunningham, Samantha Rahn, Anne Bennett, Jordan Moulton, and Kathleen Beeson.**



LFHS student art is also being displayed at CROYA for the community to enjoy!



Telecommunications

Project Videos can now be viewed at www.lfhs.org by navigating "Academics" tab, then "Telecommunications"

Dean's Office

Lake Forest High School is a closed campus.

Students are expected to be on campus for the entire school day (7:50 am - 3:10 pm).

Absences

Parents need to seriously consider whether or not the reason for the student missing instructional time is warranted.

An absence can not be excused if a student leaves campus without prior parental notification to the attendance or health office.

If you are dropping off anything for your child, please drop it off at the front reception desk located directly through the front doors at LFHS.

More information can be found at www.lfhs.org by following the links under “Academics” and “Rules & Regulations” in the right blue facts box, then “Daily Attendance Procedures.”

English

Strategic Reading Means Better Scores!

Strategic Reading, a one-semester elective course offered through the Reading Department, has resulted in significant gains in reading performance.

On the reading portion of the ACT, 71% of the students raised their scaled reading score between 1-7 points--as an example, from a 13 to a 20.

On a metacognitive survey of reading strategy awareness, all of the students taking the pre- and post-test raised their score between 25-32%. This data reveals that students have grown in their awareness of what strategies to use, though they may still need help in application.

Course instructors **Becky Mueller** and **Linda Rich** use three components of research-based reading instruction--vocabulary building, comprehension, and fluency—to help students improve reading performance. As students develop skills in the three identified areas, they also receive guidance in applying the strategies to content area classes (English, social studies, and science), thus giving them the additional support they may need to succeed in such courses.

The teachers are very excited about the results and hope to build the program, perhaps with different levels of instruction, as they continue to work with students. If you have questions, please contact either bmuelle@d115.org or lrich@d115.org.

Library Services

LFHS B&B (books and breakfast!)

The Library/Media Center Author Series

Please join us when **Ned Vizzini** visits LFHS on:

Wednesday, March 4 to talk about his books and his life as a writer (he will sign your copy!). He will also lead a large group student discussion on dealing with stress since he suffered from severe anxiety as a teenager, as does the protagonist from “*It’s Kind of a Funny Story*.” He will join small groups break-out sessions with students during the lunch periods to talk further. All students and staff are welcome for a book signing, large group presentation, and break-out sessions with students to discuss stress and stress management along with his novels. His program called “*Angstpiration (n) – Using life’s pressures as inspiration; Getting your stories on the page*” which discusses “technique, storytelling, and observational skills to help students tap into themselves and create writing that responds to their pressures in a creative, constructive way. With trademark wit and frankness, Ned shares his own stories from his books and his life to illustrate that every bit of personal anxiety can be an opportunity.

Music

Concert Date Change!

The March Orchestra Concert will be held on:

**Thursday, March 19
7:30 pm
RMA**

This will be a joint concert with the Bands.

More Performances!

Honors Competition

March 1, 3:00 p.m.

Choral Concert

March 17, 7:30 p.m.

Band Concert Orchestra Concert

March 19, 7:30 p.m.

Technology Department

Important Message from the Technology Department...

The **lfhs.org** website has been transferred to a new service provider as of February 2009. We hope this will help with the occasional access issues that have been experienced in the past.

Users are encouraged to report any access issues to **help@d115.org** with the time and date of the problem. In addition, users are also encouraged to “bookmark” the following links so they will be available for use at all times, even if the www.lfhs.org website is not accessible.

PowerSchool (Teachers) - <https://chsd115.d115.org/teachers>

PowerSchool (Public) - <https://chsd115.d115.org/public/>

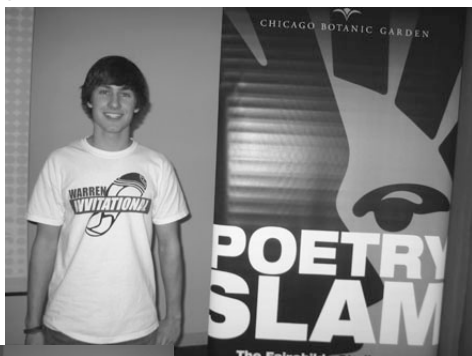
GroupWise - <http://gwmail.d115.org/gw/webacc>

Edline – <https://www.edline.net>

https://www.edline.net/pages/Lake_Forest_High_School

Fairchild Challenge Eco-Poetry Slam

Congratulations to **Stephen Kendall** and **Peter Marshall** who participated in the **Fairchild Challenge Eco-Poetry Slam** at the Botanic Garden on February 1. Both poets did an outstanding job and Stephen earned a 2nd-place prize. Stephen will go on to perform at “Louder Than a Bomb”--the world’s largest youth poetry slam. Congratulations!



Student Services - Counseling

Third Quarter Report Cards

The third quarter ends March 27. Please note that grades can be accessed via Edline. Quarter 3 grades should be posted on Edline approximately April 6. Report cards will be mailed soon after to all students at the home address.

Pass-No Pass Option

Reminder to those Seniors who wish to consider the Pass-No Pass Option. **The deadline to submit a request is April 17, 2009.** Reminder seniors, you may only select one course per semester for this option. Also, you must be enrolled in 5 or 6 courses in addition to PE/Wellness. See your Counselor for more details.

External Credit Policy

LFHS reserves the sole right to grant credit for work completed at or through other institutions. Approval of requests for credit for external work that has not been approved in advance through this process is not guaranteed. External Credit Applications, along with instructions, are available in the Counseling Department or on the web site www.lfhs.org.

Fundraiser information can be found at the new www.lfhs.org under “News & Calendars.”

March 2009

Project Safe Prom

Please consider making a tax-deductible contribution by downloading a donation form from www.lfhs.org. Check and credit card donations are accepted.

If you have any questions or would like additional information, please do not hesitate to contact Junior Class Sponsor Jennifer Knight at 847-582-7334 or jknight@d115.org.

The futures of our children are too important to be lost to senseless Prom related accidents and your donation will help make Prom 2009 another safe and memorable evening. Thank you in advance for your support on behalf of the Junior Class.

May 9, 2009

Bike & Bake Sale

New Guidelines this Year!

All LFHS organizations are encouraged to promote their fundraisers on www.lfhs.org.

Please check out the “Fundraiser” page for more information!

Testing Calendar for ACT/SAT

can be found on-line at www.lfhs.org by navigating the following links:

**Student Services/
Testing-Links/
2008/2009 Testing
Calendar**



College and Career Resource Center/ Testing Materials

SAT and ACT registration materials are available in the College and Career Resource Center. Students can also register online at:

ACT
www.act.org
SAT
www.collegeboard.com

Student Services - Counseling

ACT On-line Prep

The Illinois State Board of Education is providing this program to all school districts. ACT On-line Prep provides a comprehensive content review for the required English, Math, Reading, and Science tests, along with a diagnostic test and personalized study path to help students focus their preparation time.

This program helps students prepare for taking the ACT by taking practice tests with questions taken from retired ACT tests. They also include real-time scoring providing immediate feedback.

ACT Online Prep is accessible via the internet. The library staff can assist students with any questions. Students must visit the College Resource Center Room 103A, to receive their user ID & password, first.

AP Testing 2009

Testing dates are:

May 4-15, 2009

Registration forms are available from Carol Andersson, in room 109, and can be downloaded from www.lfhs.org - **Student Services/ Testing-Links/ AP Exams 2009**

AP registration deadline is...

Friday, March 20, 2009 by 3:30 pm in room 109.

Call Carol Andersson with any questions at 847-582-7761.

PSAE Testing: Juniors -The Prairie State Achievement Examination...

...will be administered at Lake Forest High School on:

April 22-23, 2009

The exam is required for all juniors, so make sure to schedule personal appointments around these days. The PSAE incorporates an ACT assessment. The state of Illinois requires all students take the Prairie State Achievement Exam as a condition of receiving their high school diploma. Information describing logistics of the school day and expectations of all students will be publicized in the near future.

Freshmen, Sophomores and Seniors do not report to school on these two days...

(unless arrangements have been made with teachers, coaches, or club sponsors). Please check future issues of the HIGHLIGHTS as well as www.lfhs.org for updated information.

Student Services - College Counseling

Apply NOW for Grants/Scholarships!

APT Grants are Available!
(see page 11)

**Applause Senior
Scholarship**
(see page 10)

APT Sr Service Award
(see page 11)

**Booster Varsity Team
Grant** *(see page 12)*

PALS Scholarship
(see page 15)

**Christopher Martinat
Memorial Scholarship**
See column right

**Mark Jonathan
Yates Scholarship**
See column right

The Glenbrook College Night

**Thurs., April 16, 2009
6:30 pm - 8:45 pm
Allstate Plaza
2775 Sanders Road
Northbrook, IL**

Over 225 colleges plus college financing seminars. Several colleges will be visiting LFHS this spring.

Student Services - College Counseling

The Scholarship Scoop has been recently updated!

You can find this listing of various scholarships at www.lfhs.org under **Student Services/College Counseling/Scholarship Scoop**.

Local Scholarship Announcement

This spring 2009, scholarships will be made available exclusively to students attending Lake Forest High School. Awards range from \$500 to \$4,000. A sampling of qualifications and circumstances include: music and theatrical talent; service and leadership; financial need; students who are members of S.A.D.D.; students who are members of the Red Cross Club; students who love to read; those whose parent is a Lake Forest High School alumnus; and someone who has a passion for science.

Local Scholarship offerings may be viewed on-line at www.lfhs.org. Application forms are available in the CRC.

The deadline for all forms is Friday, March 20, 2009 at 3:30 p.m.

No late forms will be accepted!

Please call the CRC with any questions at 847-582-7342.

College Visit Information...

...can be found on www.lfhs.org under **Student Services/College Counseling/College Visits**

Mark Jonathan Yates Scholarship

The Mark Jonathan Yates scholarship was established by family and friends of Mark's to celebrate his positive impact on all lives he touched. This need based scholarship is exclusively given to a Lake Forest High School graduate attending **Knox College** and is renewable each year provided the student remains in excellent academic standing. Located in Galesburg, Illinois, Knox is recognized as one of the premier small schools in the U.S. and has been ranked as the #1 liberal arts institution in Illinois by US News and World Report and is prominently featured in the book "Colleges That Change Lives."

Students who would like to be considered for this scholarship should file their financial aid forms with Knox College.

The priority filing date is February 15, but they will continue to accept financial aid materials after that date. In addition, the student should complete an interest form which is available in the CRC. For additional information contact **Linda Hegg** at 847-234-9477 Ext. 204.

Christopher Martinat Memorial Scholarship

The Christopher Martinat Memorial Scholarship has been established in loving memory of Christopher Martinat, a 1998 Lake Forest High School graduate. In recognition of Chris's love of nature and the outdoors, this scholarship will fully fund the tuition for a month-long NOLS (National Outdoor Leadership School) experience in the Rocky Mountains for one selected student. Rocky Mountain courses are typified by travel at relatively high altitudes (8-12,000 ft.), spectacular scenery, wildlife viewing, and opportunities for rock climbing and fishing. Interested applicants must be at least 16 years of age and a resident of Lake Forest, Lake Bluff or Knollwood.

Application packets are available beginning Monday, February 9, at Lake Forest High School, Lake Forest Academy and Woodlands Academy. Completed applications, which include an essay, should be returned no later than **Monday, March 9, 2009.** A selection panel will interview semi-finalists and a recipient will be announced no later than Friday, March 27, 2009. For additional information contact Linda Martinat at 847.615.0820. This fund was established by generous donations to the Christopher Martinat Memorial Scholarship and will provide a NOLS outdoor experience for a selected student every year into perpetuity. A very special thanks to all who made this memorial possible.

Young Hearts for Life EKG Screening

On **March 11, 2009** over 900 students (freshmen, new students, and students not tested in 2007) will be eligible to get an EKG screening test during their PE periods. This testing is part of the Young Hearts for Life EKG Screening Program and is fully paid for by the Max Schewitz Foundation, so there is no cost to you for this test. Response forms were mailed to eligible homes, but replacement forms can be downloaded from the school www.lfhs.org and the Foundation's www.maxandthewildthings.com websites. Turn in your response to the front office no later than **Friday, March 6.**

We plan to use all previously trained volunteers for this testing, but welcome new volunteers for future screenings or non-technical jobs. Contact:

Mary Kay Jaekel
mkj804@comcast.net
or
Mary Beth Schewitz
mschewitz@aol.com
for more information.

The next Blood Drive will be on March 19, 2009!

March 19, 2009
Lake Forest High School Metcalf Center
8:00 am - 3:00 pm

All community members are encouraged to give blood. The Red Cross will provide LFHS scholarship dollars if the donated units reach a designated amount. Last year, the school was awarded \$1,500 in scholarship money! Students must be 16 years of age and older to donate. All donors will need a picture ID. Students who are 16 years of age need written parent permission. This must be done on the Red Cross Parent Permission slip which can be obtained in the Health Office. Students who are 17 and 18 years old may donate without parent permission. If you do not wish your student to donate blood, please contact Nurse Diane Bower at 847-582-7335. This Blood Drive is sponsored by the Red Cross Club and American Red Cross of Greater Chicagoland.

Student Services - Student Growth Opportunities

Rotary Exchange Students Selected!

Two current senior students have been chosen to be Rotary Exchange students for 2009-2010. **Margeaux Flannery** will be spending next year in Spain and **Peter Kehr** will be in Mexico. LFHS welcomed Rotary Exchange student **Bridget Smallwood** to our school in January. Bridget, who hails from Australia, joins **Maxime DeGuine**, who came to LFHS in August from France.

Juniors **Carrie Dajani, Caroline Williams** and **Anne Glazer** will be attending the annual Rotary Youth Leadership Award (RYLA) Conference in April in East Troy, Wisconsin. The conference is designed to help motivate, energize and educate selected students to continue their leadership roles in their school and community.

2009 Illinois-North Hugh O'Brian Youth (HOBY) Leadership Seminar

Sophomores **Caroline Kelner, Nicole Krasnodebski, Megan Lundahl, Alexis Martin, Nina Munoz,** and **Bridget Nelson** have been selected to attend the 2009 Illinois-North Hugh O'Brian Youth (HOBY) Leadership Seminar held at Robert Morris College in Chicago for three days in June. This prestigious program has been a nationally recognized conference for more than five decades.

Open Doors Job Mentoring Program

This year's Open Doors Job Mentoring Program will take place **Wednesday, April 22 through Friday, April 24.**

Open Doors, now in its fourth year, gives students the chance to explore a variety of job mentoring and volunteer service opportunities. This "hands-on" approach to career exploration gives students a unique opportunity to experience what a specific profession might be like.

The Open Doors program is a joint effort of Lake Forest High School, the Association of Parents and Teachers (APT), and the Volunteer Center of Lake Forest/Lake Bluff. Informative brochures outlining the Open Doors program will be mailed to all student homes in early March. This year, registration for Open Doors will be done entirely on-line. The APT has generously funded the a scheduling system similar to PT Conference Maker. This system will be accessible through the LFHS website www.lfhs.org starting on **March 23**. Please note that scheduling will be done on a first come, first served basis.

Applause

Applause Senior Scholarships for Excellence!

Have you considered applying for one of the Applause Senior Scholarships for Excellence in Music? Each year, awards are offered for students in Band, Orchestra, Chorus, as well as a fourth discretionary award in Composition or other category. These awards recognize outstanding musical accomplishments by LFHS music students who intend to continue their music study in college—either as a major, minor, or a significant part of their college work. If you are a serious music student, watch for the Applause Scholarship listing in the mailing sent to all seniors from the CCRC in late winter or consult the Applause website at www.lfhsapplause.org

Support Applause!

Please consider joining. New ideas and new members are always welcome! Members will be listed in the programs for all music concerts during the 2008-2009 season. Membership information can be found on www.lfhsapplause.org.

We encourage you to visit our website at www.lfhsapplause.org and link onto APPLAUSE for updates.

APT

Applications are now being accepted for the 2009 APT Senior Service Awards.

These monetary awards are granted to deserving seniors who have given unselfishly of their time and talents to benefit our school. The emphasis when selecting recipient will be on school service although, community service will be considered, as well.

Nominations can be submitted by faculty, parents, and students by downloading the applications which can be found on-line at www.lfhs.org and completing them by:

Friday, March 20 2009.

You may turn in completed forms to the College Resource Center. The awards will be presented at Honors Night in May. Questions? e-mail Marianne Stride at mwstride@comcast.net.

2008-2009 APT Grants

The Lake Forest High School APT is happy to announce that the 2008-2009 APT Grant Program is available to individual students as well as all faculty, staff, groups and organizations. The APT Grants recognize those students, faculty and organizations whose enthusiasm for growth serves to enhance the student life at Lake Forest High School. Through the funding of leadership training, camps, seminars, summer programs, enrichment materials and guest speakers, the APT seeks to encourage experiences that will benefit the person or group involved as they relate to LFHS.

The deadline for applications is May 1, 2009.

Contact Judy Telander, LFHS APT Grant Chair
524 Illinois Road, Lake Forest
847-234-0828.

APT Meetings

APT meetings will be held on the following dates:

March 11

April 8 - West Campus

May 20 - Offsite

Unless noted otherwise, APT meetings will be held at **LFHS East Campus**.

All parents are welcome to attend.

Dad's Club

Our Mission

The Lake Forest High School Dads' Club is a support group formed specifically for LFHS fathers to offer a meeting forum once a month during the school semester. The group will share the experiences and challenges of guiding high school teenagers, learn about LFHS plans and activities, and gain a better understanding of relevant issues concerning teenagers as they approach adulthood.

Next Meeting March 7, 2009

Northern Trust Bank
Lower Ground Floor
959 S. Waukegan Road
Lake Forest

8:30 am - 10:00 am

Guest speaker, **David Weil** will be speaking about communicating with your teen, and he will share life principles and skills every father needs to teach their teen.

To find out more, contact **Mitchell Schwarzbach** at e-mail m-schwarzbach@comcast.net

Kevin Neville at e-mail Kevinneville@aol.com

Parent or Guardian State Pupil Transportation Reimbursement information for the 2008-09 School Year

Parent(s) or legal guardian(s) who must provide transportation to and from school because free transportation is not available for their children may be eligible to receive money from the state to help offset some of the cost, for example, bus fares or mileage reimbursement for private automobiles at \$0.505 per mile.

More detailed information can be found at www.lfhs.org in the right blue column by following the link:

http://www.isbe.state.il.us/funding/pdf/parent_reimbursement_info.pdf

If you have any questions, please call the District Administrative Center at 847-235-9657

Sign the transportation reimbursement ledger beginning Feb. 1, 2009 - June 30, 2009 in Room 106 (main office)

Parent Opportunities

Show Your Spirit!

Shop the Booster Boutique.

The Boutique is open every **Thursday and Friday from 10:40 am - 1:20 pm** during 4th, 5th and 6th period lunch.

LFHS

**Lower Level - room 5A
847-582-7400 x 5388
(v.m.)**

Please email us with any questions at boosterboutique@dl15.org.

Booster Club

Let the Booster Club Help Keep Your Sport Team Going!

Is your sport team looking to help fund a competition or sport camp outside the regular season? If so, consider the Booster Club's "LFHS Varsity Team Grant Program."

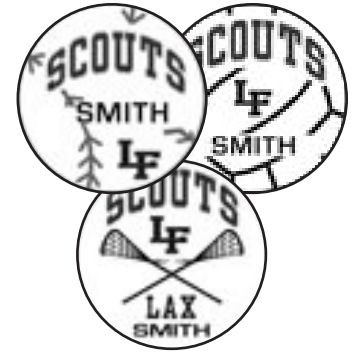
The Varsity Team Grant Program was established by the Booster Club to help teams participate in higher caliber competitions, tournaments and similar events that occur outside the regular season and involve substantial expenses. Any LFHS Varsity team can apply for this grant and supplement the cost of the event. Boosters will fund up to 50% of the overall cost and expenses for up to a maximum of \$1000. The eligible event can be an out-of-state competition, overnight camp, or competition involving teams from other states. All athletes on the team must have the opportunity to participate. The program does not apply to individual athletes.

In order to be considered for the grant, Varsity Teams must submit a written application not less than 60 days in advance of the events. The Booster Club will review all application and make an initial determination of eligibility. The final grant will be awarded upon completion of the event and submission of the expenses incurred. For more information on this visit the Booster Club page at www.lfhs.org.

The Booster Club would like to Congratulate LFHS Scouts Hockey! Details regarding their recent accomplishments can be found on the Booster Club page at www.lfhs.org

Scouts' Sports Fever

Have you seen the Scouts' Yard Ornaments around town?



These eye catching signs are now available to players of every spring sport. Custom yard ornaments

feature the player's last name are built to last from season to season are visible from the street.

Price:

\$75.00

for Booster Club Members

\$90.00

for Non-Booster Club Members

Proceeds Benefit: The LFHS Booster Club

To order: find order form posted at www.lfhs.org and enter "booster" in the "search lfhs.org" search box

Questions: Call **Patti Frain** at 847-735-9085

or **Jill Moutvic** at 847-295-2041

More Information on Booster Club Membership can be found at www.lfhs.org by entering "booster" at the "search lfhs.org" search box.

LFHS Foundation

LFHS Foundation Funds Pilot of e-Portfolios in English Classes

It's all about the process....

English at LFHS is more than exposure to good literature. It is also about writing and lots of it! LFHS English Department has developed a very thorough writing curriculum that grows and expands through the freshman, sophomore and junior year English classes. The “writing workshop” is a constant in these classes.

With a grant from the LFHS Foundation, the English Department is piloting a new tool to enhance the “writing workshop” and the writing process. The software is called **Pupil Profile**, an e-portfolio software package that supports our high school writers in much the same way they will experience writing in college.

First, e-portfolios help with organization. Just like a good binder system, the e-portfolio provides a location for draft documents. The students may access their work from school or home. The system supports computer generated work or those completed with a good old pencil. As students continue to work on a piece, they “save” their progress on their portfolio.

Do not be mistaken - this is not a glorified flash drive or filing cabinet. The e-portfolio is an author web page. Students personalize their page with pictures and biography. As students progress on a piece they load their drafts onto the page as well as the conferencing results from their peers and teacher. Conferencing forms in .pdf format may be made available on the district website so students can extend the review process outside of the classroom. The progressive edits of each piece are available for consideration and discussion.

The e-portfolio software also offers a journal utility to facilitate the planning process of a piece, to document thoughts during a reading assignment, or just to save the author's ideas and reflections for future use.

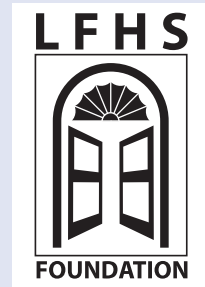
Yes, e-portfolios are more of the 21st century. They provide a real alternative to paper collection where work is saved before it has a chance to get lost! But more importantly, e-portfolios elevate the process of writing. A student puts more effort into the writing process when the end result is a professional-looking, publication-ready product. When the process starts with a piece of the student, and ends with a professionally finished body of work, the student's voice has a better chance of being heard.

LFHS Foundation Reaches \$500,000 in Grants Awarded Since 2002!

LFHS Foundation is proud to announce that it has just reached the \$500,000 mark in grants awarded to LFHS since its inception in 2002. These grants have touched all areas of curriculum, benefitting students in Algebra through World Language. This accomplishment was made possible through the generous donations of those passionate about opening doors to student excellence. We at the LFHS Foundation thank you, donors, for helping us with our mission to enrich learning opportunities.

Our Mission is Not Yet Complete: We Need Your Help!

Now, more than ever, we at the LFHS Foundation need your help to convert to reality LFHS teachers' needs as we strive to provide top-notch resources for LFHS students. By the time you are reading this, you should be the recipient of our invitation to the biggest opportunity of the year! Please consider your passion for education, and contribute to our mission today!



Parent Opportunities

Looking Forward: Perspectives from Young Adults with Special Needs

**Tuesday, March 17, 2009
7:30 pm – 9:30 pm**

New Trier

Northfield Campus
Building C
Board Room C234
North Entrance
7 Happ Road
Northfield, Illinois

A panel of post high school aged students with special needs will talk about the ins and outs of adult living in real time! These true experts will address three areas:

Educational choices that include life skills programs, community and four year universities.

Adult living with parents, in the dorm or independently in the community.

Full and part time jobs and how to work with employers.

The panel discussion will be moderated by Joan Martin who has prepared and supported her own children with special needs from transition to adult life. Come listen to the panel participants and their parents tell their stories and answer questions about maneuvering from the entitlement system of the public schools to the eligibility system of the adult world.

Space is limited. To ensure a seat, please RSVP to mades@nssed.org with your name, telephone number and school district by March 13, 2009.

Direct questions to Karen Noonan at 847-831-5100, extension 210.

NSSED

The Eighth Annual APS Best Practice Initiatives

The Eighth Annual APS Best Practice Initiatives is scheduled for **April 21** and is designed to showcase outstanding programs promoting understanding and inclusion of children with special needs throughout NSSED member districts.

Nomination forms for the 2008-09 **Best Practice Awards and the Dave Peterson Possibilities Award** both sponsored by NSSED's Association of Parents and Staff can be found from links at www.fhs.org.

The deadline to submit nominations is **March 11**. This is a wonderful way to share great practices that are being implemented in your local districts that deserve to be recognized and replicated.

The Dave Peterson Possibilities Award recognizes an individual educator or administrator who displays an outstanding commitment to the inherent possibilities in children with special needs. The Award was established in tribute to retired NSSED Superintendent Dave Peterson and is given annually to individuals who exemplify the positive values and ideals characterized by Dave's tenure.

We invite you to nominate an outstanding individual at your school or district!

LEAD Upcoming Events

LEAD is a non-profit community organization offering programs/ events that promote strong family relationships and healthy youth. For more information about the programs listed below, contact LEAD at lead9075@aol.com, or call 847-295-9075, or visit their website: www.leadweb.org.

Webinars

March 2, 2009 :Webinar & Discussion: Bullying and Harassment, Cyber-Bullying

7:00-8:30 pm

Deer Path Middle School, Haskins Center

All parents are invited to watch and participate as experts share how to prevent your child from becoming a bully and how to help if they are harassed. After viewing the webinar, facilitator Debbie Gross, LSCW, will discuss cyber-bullying's impact in our local community.

April 6, 2009:Webinar: Healthy Relationships, Special Focus:Teen Hook-Up Culture

Join this online seminar led by nationally known authors, experts and psychologists. View sessions live from your personal computer; or log on later and view the archived recordings at your convenience. Registration required, visit www.LEADweb.org.

Book Discussion: Life's Greatest Lessons: 20 Things That Matter, by Hal Urban

Monday, April 13

9:30 - 11:00 am

Lake Forest Library, Children's Activity Room

Join LEAD, local social workers and other parents to discuss Hal Urban's warm and insightful book. He presents twenty principles that help people find the best - in the world, in others and in themselves. Topics include attitudes about money, the real meaning of success and the importance of having fun.

Community Presentation: Author/Speaker Hal Urban Positive Words, Powerful Results

Thursday, April 23

7:00 - 8:30 pm

Deer Path Middle School Auditorium, 95 West Deerpath

We rarely acknowledge the power of words to uplift or put down, to inspire or discourage, to help or hurt. Hal Urban, parent, award-winning teacher and author, shows us simple and immediate ways that we can use language to change lives—both our own and those around us. All parents are welcome! Reception and book signing to follow presentation.

PALS - Producers at Large

Calling All Senior Theater and Forensics Students- Apply for the PALS/ ITS Scholarships by March 20!

Any senior student who has been active in theater and/or forensics is encouraged to apply for one of several \$500 scholarships offered by PALS (Producers-at-Large) in partnership with the LFHS Chapter of the International Thespian Society (ITS). Pick up an application in the CRC and return it by March 20 with your essay about what LFHS Theatre Arts has meant to you and a resume which outlines all your involvement. Break a leg!

PALS (Producers At Large)

is the parent booster organization for the students and faculty involved in theatre at Lake Forest High School.

Support for PALS comes both through parent volunteer efforts and your financial contributions. This year's membership form was mailed recently or you may download a membership form from the LFHS website. Opportunities to become a member of PALS exist at many levels.

Whether you become a member of PALS or not – please show your support for our students involved in theatre by attending the shows!

Everyone loves an audience!

“Burn the bridge, Bet the store, Baby’s coming home no more, Not for the life of me..”

The LFHS all-school 2009 spring musical, *Thoroughly Modern Millie*, has been cast!

But, not without director **Kelly MacBlane** who brought her new baby - **Ryan MacBlane**, for the first time the night of callbacks. Kelly MacBlane, director, will depend on the talented production staff of Lake Forest High School to produce this high-spirited musical romp while she and baby Ryan enjoy their time at home together.

Forty-nine talented LFHS actors, dancers, and singers were cast. Many learned to speak Cantonese and to sing in Mandarin Chinese including henchmen Ching Ho, played by **Max Elisman**, Bun Foo, played by **Leland Masek** and Mrs. Meers, the sinister hotel proprietress, played by **Lain Kienzle**. The production will offer video-projected subtitles in Cantonese. LFHS began offering Mandarin Chinese language classes to students this past fall.

LFHS Chinese students and teachers may be the only ones who truly understand what is going on on stage, as the plot is chock-full of surprising twists and turns. For the rest of us, the Tech Crew will be projecting supertitles to translate.

The 1967 Tony Award- winning *Thoroughly Modern Millie* screenplay, written by Richard Morris & Dick Scanlan, which starred Julie Andrews as Millie (Megan Pratt), Mary Tyler Moore as Miss Dorothy (Hayley Koch) and Carol Channing as Muzzy (Deenah Bassiouny), introduced its audiences to the 1920's Jazz Age in New York City, where “moderns” were found raising their hemlines and bobbing their hair, entering the workforce and changing the rules on love!

The 2002 Broadway stage production of *Millie*, produced by Ross Hunter and directed by George Roy Hill, received six Tony Awards. **Robert Bassill's** swinging LFHS Orchestra will reproduce Jeanine Tesori's original Oscar-winning musical score. **Timothy Haskett's** rafter-ringing Chorus will warm our hearts with songs such as “Forget About the Boy,” “The Speed Test” and “Not for the Life of Me,” all originally written by lyricist Dick Scanlon. And if the music doesn't put a smile on your face, the dancing will have the whole town doing the Charleston. The tap and jazz numbers will be choreographed by Lake Forest Dance Academy's own **Sandy Ragsdale** and **Heather Goodrich**, featuring dynamic dancers hoofing their way across the stage and into your heart.

This musical production requires a multitude of stage sets, props, costume changes and special effects worthy of the likes of Steven Spielberg. **Ben Davidson**, technical advisor, and **Carolyn Paritz**, set designer, will have their crews creating eighteen locales, including slip stages and flown sets. And, the cool thing will be that this set building will require no LF building permits, such a deal! The opening scene transports you into the midst of the
(continued in column right)

towering skyscrapers of New York City, circa 1925. Soon you'll be inside the Priscilla Hotel for Women, featuring a hallway with five doors opening into the lives of small-town girls in the big city for the first time. And then you find yourself in the Sincere Trust offices of Trevor Greydon, with eleven stenographer desks on wheels. Don't miss the Speakeasy Hangout and even the jail cell.

“So...Break the lock, Post my bail, Baby's coming home no more, Not for the life of me!”

Thoroughly Modern Millie will be staged:

**April 30, May 1 & 2
7:30 pm
Raymond Moore
Auditorium**

Tickets can be purchased on-line at www.lfhs.org or at the door if available. And ladies, flapper dresses are definitely “in” for this evening of madcap Roaring Twenties' escapades.

See you at the theatre this Spring!

March, April, May Calendar 2009

In this Issue

- 2 **Class News**
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- 11 **Parent Opportunities**
- 15 **Performances**

March

- 8 Junior Class Senior Citizen Party
- 10 Board of Education Meeting, 7pm
- 11 Young Hearts for Life EKG Screening Program
- 12, 13, 14, Talent Show
- 17 Choral Concert, 7:30 p.m
- 19 Band Concert/Orchestra Concert, 7:30 p.m
Blood Drive
- 20 AP Exam Registration Deadline! Local Scholarships Due
- 27 End of Third Quarter
- 28 College Selection Panel, RMA, 7:30 pm
- 30 Spring Break Begins - April 3

April

- 9 Parent Mtg, 10:00 am, DMT: "Prom"
- 10 Day of Non-attendance
- 11 Illinois LAX-Fest
- 14 Board of Education Mtg, 7pm
- 14-16 Prom Tickets Sold
- 15 Alumni Wall of Fame
- 22, 23 PSAE Testing (Juniors)
No school for Freshmen, Sophomores, Seniors
- 22-24 Open Doors Mentoring Program
- 24 Teacher Institute Day (No school for Students)
- 28 Junior Parent Mtg., 7:30 pm, RMA: "College Selection Panel"
- 30 Thoroughly Modern Millie performance 7:30 pm

May

- 1 APT Grants Deadline
- 1-2 Thoroughly Modern Millie performance 7:30 pm
- 4-15 AP Exams
- 9 Bike & Bake Sale
- 12 Board of Education Mtg. 7pm
- 16 Prom
- 29 Breaking Away, 10am, DMT
- 25 Memorial Day holiday (No school for Students and Teachers)

This Calendar highlights only select dates/events. Need Information?

Check out our website at www.lfhs.org!



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HIGHLIGHTS

March 2009

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