



Hats off to the Class of 2009!

May and June will be filled with lots of activity and deadlines for our graduating seniors. Here are all the exciting details and we congratulate our Seniors!

Bike and Bake Sale!

Saturday, May 9
10:00 am - 12:00 pm

Prom

Saturday, May 16
Chicago Marriott

Senior Finals

Tuesday, June 2
Wednesday, June 3

Last Day of School for Seniors

Wednesday, June 3

Honors Night

Wednesday, June 3

The Senior Class/Faculty Breakfast

Thursday, June 11
11:00 am - 12:30 pm

Graduation Rehearsal

Thursday, June 11
12:30 pm

Graduation rehearsal is mandatory for students who wish to participate in graduation. Students will be given their cap & gown at graduation rehearsal.

Senior Party

Thursday, June 11
5:30 pm – 8:00 pm
LFHS

This is a wonderful celebration for all of the seniors with music, socializing, and dinner. Don't miss this memorable event! Please note: Students are encouraged to carpool to this party, and to park in the front, if possible.

Graduation

Saturday, June 13
Lake Forest High School
Front Lawn

1:30 pm Seniors arrive at LFHS

Remember to dress appropriately and don't forget cap and gown!

2:00 pm Guests Arrive

Unlimited seating on the front lawn. In case of inclement weather, each graduate will receive a limited number of tickets for admission to the Fieldhouse, the alternate location for Graduation.

Additional seating for guests without tickets will be available in the Competition Gym where the ceremony will be televised via closed circuit TV.



Class of 2009 Graduation Ceremony will occur at 2:30 p.m. to 4:00 p.m. on Saturday, June 13, 2009

More Top News!

LFHS Foundation Offers the Perfect Graduation Gifts!

Capture the essence of your loved one's high school experience with hand-painted, customizable keepsakes, exclusively offered through the Foundation. With a broad array of porcelain and enamel pieces to select from, you will find the perfect choice for your student, niece or nephew, or grandchild graduating from the high school this year. These exclusive gifts are meticulously hand-illustrated with recognizable images of the high school, some in full-color, and come in elegant boxes, ready for giving. As each item is made to order, orders take 3-4 weeks, so place your order today!

For full details and easy ordering, see our webpage under Giftware at www.lfhsfoundation.org.



Class News

Board of Education

Sharon Golan
President

Marilyn Harlow
Vice President

Richard Block
Secretary

Todd Burgener
Member

Jim Carey
Member

John Scribner
Member

Nicki Snoblin
Member

Dr. Harry Griffith
Superintendent

Next Board of Education Meeting

The next Regular Meeting of the Board of Education of Lake Forest Community High School District 115 will be on:

Tues., May 12
7:00 p.m.
Board Room
LFHS West Campus

Upcoming meeting dates:

Tues., June 9, 2009
Tues., July 14, 2009

Book Buy-Back 2009

Book Buy-Back will be held at Lake Forest High School East Campus in the Lower Commons on the following dates:

Thursday, June 11, 2009 12:00 pm – 3:30 pm
Friday, June 12, 2009 9:00 am – 3:30 pm

Criteria for 2008-2009 Book buy-back. Please read carefully:

1. There will be only one time to enter and complete the book buy-back process per student.
2. Only hardcover textbooks that will be used in 2009-2010 will be bought back.
3. Soft cover textbooks will not be accepted.
4. Textbooks with excessive highlighting, broken, bindings, water-marked/stained pages, missing/torn pages, etc. will not be accepted.
5. All textbooks to be sold back must be sold at the same time.
6. Textbooks being bought back must match the student schedule for courses taken during the 2008-2009 school year.

Junior

Prom: Bright Lights, Big City

The LFHS Prom 2009 "Bright Lights, Big City," is fast approaching. Event details may be found on the school website www.lfhs.org. The Safe Prom buses will leave at 6:00 pm for the Marriott Chicago. All attendees must check in at 5:30 pm in the Commons. Security will be on hand to direct the spectators and prom-goers to the parking areas. Cars will be directed to the lot directly behind the school, the south lot (in front of the auditorium) and the lot to the north with the brick pavers. The north lot may be difficult to walk on in high heels, so ladies are advised to be careful! New this year, the traditional Prom Parade DVD will be mailed to the home of each attendee, free of charge.

The Junior Class has worked very hard on this event all year, and we wish them a safe, successful and memorable evening.

Prom Co-Chairs

Susie Faucher
Jill Moutvic

Thanks!

The junior class students have worked diligently this year on their service projects as well as with their preparations for Prom. We wish them all a wonderful evening! Many thanks also to the numerous parents that have assisted our students in these endeavors and have shown tremendous support by attending all the parent meetings. It's been a pleasure working with all of you.

Leslie Moran
Junior Class
Parent Representative
847-735-0358
Cleavmor@aol.com

Senior

Senior Class Bike & Bake Sale

Saturday, May 9
10:00 am - 12:00 pm

This annual event is a fundraiser for the Senior Class and also provides a real service to the community.

Community members can sell or donate gently used bikes, tricycles, jogging strollers, scooters or rollerblades.

Drop-off is
Friday, May 8
3:30 pm - 5:30 pm

or

Saturday, May 9
7:30 am - 9:30 am

Equipment can be dropped off in the Fieldhouse at the back of the high school.



Seniors and their parents are invited

The Lake Forest High School Counseling Department Presents:

Breaking Away

Friday, May 29
10:00 am
David Miller Theatre

The Lake Forest High School Counseling Department would like to invite Seniors and their parents to attend this workshop hosted by Jacquie Berkshire and several returning college freshman and their parents. They will offer advice and suggestions on successfully transitioning from high school to college life.

Senior Parent Tea

The APT cordially invites all Senior Parents to a Tea, immediately following Breaking Away in the Raymond Moore Auditorium foyer.

Senior Class Gift

The Senior Class of 2009 has decided that they will purchase another solar panel for the roof of the high school to support one that is already there. The class is very conscious of the challenges that we face with the environment and this new panel will help to provide power for one of our classrooms. They will also be donating a new flagpole for the front of the school to replace the one that was removed during construction. Congratulations to the Senior Class for these thoughtful and lasting gifts to LFHS.

Donna Johnson
Senior Class
Parent Representative
dwj888@aol.com
847-482-0883

Honors Night

June 3, 2009
7:00 p.m.
Raymond Moore Auditorium

Students being honored with an award will receive an invitation in the mail. The invitation will include information on attire, time to arrive, etc., however, the award won will not be specified nor revealed until that evening. Honors Night is open to everyone but specific invitations will only be sent to those receiving an award.

Seniors will be asked to report on Naviance the status of all college applications (admitted, denied, wait listed, etc.) on May 19 and 21.

Athletic Department

Fall sport try-outs are scheduled to begin August 12.

Any athlete wanting to participate in a Fall sport is expected to attend try-outs on August 12. For further information, please go to the Athletic tab found at www.lfhs.org.

Academic Summer School 2009

Academic summer school information is now available at www.lfhs.org and registration is in progress for Driver Education and U.S. History.

Athletic Summer Programs 2009

Registration for all LFHS Athletic Summer Camps, Future Scout Camps and Non-Saturday Swim Programs is in progress. Information is now available on-line at www.lfhs.org.

Community Education

LFHS Aquatic Center Swim Program

The pool will be:

- **Open** for regularly scheduled programs throughout the summer except for the following:
- **Closed:** Sat. evening May 16, and all day on each of the following dates, Mon., May 25, Sat., June 13, Fri., July 3 and Sat., July 4
- **Closed:** August 2 through August 11 for annual maintenance and repair
- **Open:** for Additional Family Swims for the summer during our regularly scheduled PM Lap Swims, Monday - Thursday evenings from 7:30 - 9:30pm beginning June 22 and ending July 23

The pool will be offering:

- A Red Cross Lifeguard Training course that will run June 14 - 20.
- American Red Cross Water Safety Instructor course on Tuesday and Thursday evenings in June & July
- CPR/AED and Lifeguard Training challenges one weekend a month
- Summer Saturday Swim School: registration begins June 1 with classes beginning June 6
- Summer SCUBA and Snorkeling classes on Wednesday evenings in July

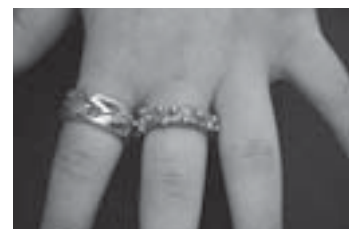
For more information go to www.lfhs.org, click on *Community Programs*, then *Public Swim*

or call Linda Koepke, Aquatic Center Manager at 847-582-7323.

Art Department

Advanced Crafts Creates Beautiful Jewelry!

Thanks to the local community, the Lake Forest High School Art Department now has the equipment to create metal objects through lost wax casting. The Advanced Crafts class was the first to utilize this equipment and they created rings. The general process involves students making a wax model of the ring they would like to produce and encasing it in a fine plaster material called investment. Then, the wax is burned out of the mold, creating a cavity in the investment. Finally, the centrifugal casting machine is used to insert molten metal into the mold. Students then refine the surface of the metal. The result is a highly polished sterling silver ring!



Rings created by Hannah Gibbons

Art Department

Deerpath Art League Visit

Thanks to the Deerpath Art League, **Mark McMahon** visited the Art Department in celebration of Youth Art Month. Students were treated to a discussion on his career as a professional artist and a lesson on drawing. He gave an informative talk on how he makes a living as an artist, from creation of his paintings to publishing and the production of giclee prints. Then students followed his lead as they rendered drawings of a still life, utilizing Mr. McMahon's technique.

Mr. McMahon is a local artist whose work is clearly evident throughout the halls of Lake Forest High School. A mural which was produced under his direction covers the length of the north wall of the LFHS library. His paintings also hang throughout the campus. More information on Mr. McMahon's artwork can be found at www.McMahonArtGallery.com, www.deerpathartleague.org, www.saatchi-gallery.co.uk, and www.yessy.com. Mr. McMahon also oversaw the mural production at CROYA. The exciting video of the project can be found at <http://croya.com/galleries/videos.htm>.



Award given at the Deerpath Art League Student Show

In celebration of Youth Art Month, the Deerpath Art League Gallery displayed artwork from local K-12 students. They were given a glimpse of what it is like to display work as a professional artist. The work was on display for the month of March and included an artist's reception. At that reception, Lake Forest High School student **Grace Mooreland** received the award presented by Lake Forest Mayor Rummel. Congratulations, Grace!

Advanced Crafts Fused Glass Platters

Thanks to the Lake Forest Foundation, LFHS art students have created fused glass artwork. The foundation purchased a glass kiln which students have utilized throughout the school year. The most recent work was produced by the Advanced Crafts students. They created large glass platters which have been on display at the Deerpath Art League and throughout the school. While on display at the Deerpath Art League, **Alex Queeney's** platter sold to a private collector!

Look for more artwork on display by LFHS students at the Lake Forest Library in May!



Congratulations to winners of the 2009 Great Frame Up - LISA Show

Photography:
Drew Kenning (Also chosen to go to the National competition!)

Graphic Design:
Elizabeth Skinner

3-D:
Mary Claire Sowers

Painting:
Emmy Neal

Drawing:
Claire Christensen

Their work will be on display at the Thompson Center in Chicago in May where it will compete with 27 other schools for \$15,000 of scholarship money. Already several customers have made inquiries to purchase some of the student artwork on display!

You can see the artwork of all 25 students who have work on display at www.lfhs.org by entering "lisa" in the "search lfhs.org" search box to the left on the homepage.

In a separate category, there was another award given by the customers:

People's Choice:
Elizabeth Paddock

Lake Forest High School is a closed campus.

Students are expected to be on campus for the entire school day (7:50 am - 3:10 pm).

Absences

Parents need to seriously consider whether or not the reason for the student missing instructional time is warranted.

An absence can not be excused if a student leaves campus without prior parental notification to the attendance or health office.

If you are dropping off anything for your child, please drop it off at the front reception desk located directly through the front doors at LFHS.

More information can be found at www.lfhs.org by following the links under “**Academics**” and “**Rules & Regulations**” in the right blue facts box, then “**Daily Attendance Procedures.**”

English Department

Book Motivates Students to Contribute!

April was Genocide Prevention month and one freshman English class learned a lesson in how a few can make a difference. Inspired by *Maus*, Art Spiegelman’s graphic novel about the Holocaust, student **Colin Seikel** suggested a fundraiser to help end genocide. From there, Ms. Lyons’s class entered the *Dollars for Darfur* campaign after researching the history of genocide in Darfur, Sudan since 2003 that has taken an estimated 400,000 lives. Students volunteered ideas and individual talents to put together a wristband and raffle sale that raised \$700 to be donated to both Save Darfur Coalition and Solar Cooker Project. Students **Sammy Dolgin, Katie Hall, and Colin Seikel** performed a song written about Darfur among others at the “Jam for Darfur” Wednesday April 8 before students, after showing an informational video about what is happening in Darfur. Others collected a total of 125 postcard petitions that will be delivered to President Obama at a rally in D.C. as part of this nationwide high school campaign. Whether it was people skills or artistic, technical, or musical talent, students demonstrated that it only requires a willingness to make a contribution and have their voices be heard.

Thanks to **Mr. Zielinski** for donating the gum raffle awards and to **Chris Charhut** and **Mr. David Miller** for running A/V support, and to students, staff and parents for their show of support. Go to www.SaveDafur.org and www.SolarCookerProject.org for more information.

Library Services

LFHS B&B (books and breakfast!) is meeting one last time this year on Wednesday, May 20 at 7:15 am to discuss Markus Zusak’s terrific novel “I am the Messenger.” This book tells the story of Ed, a 19 year old underachiever who drives a cab, has regular conversations with his big, smelly dog, hangs out with his buddies, and secretly loves his best friend. When Ed begins to receive anonymous playing cards in the mail each with a series of directives, he haplessly decides to investigate. These journeys begin to provide Ed some of the direction he has always lacked. Yet who is sending them? This was a teacher favorite from the summer adolescent literature workshop (note all KTI Enthusiasts . . . “Reading Adolescent Literature Part III” is in the works for this summer as well). A great read to end a terrific year in our new space. Join us in the loft on May 20. Come hungry!

Music Department

2009 Solo & Ensemble Contest Results

Congratulations to the following music students who received first or second division ratings at the 2009 Solo & Ensemble Contest on Saturday, March 21, at Northwestern University.

Solos—Gold Medalists

Stephanie Allen, viola
Tanya Amidei, voice
Lily An, voice
Icelle Anderson, voice
Nate Balk, bassoon
Deenah Bassiouny, voice
Natalie Blahunka, voice
Ethan Borre, clarinet
Laura Brown, voice
Nicole Cardos, clarinet
Chris Charhut, alto saxophone
Ralph Claveria, piano
Claire Curran, voice
Chris Deeter, viola
Conor Donahue, violin
Ryan Hart, tuba
Bridget Hegg, voice
Kristen Holdsworth, voice
Ben Hollander, alto saxophone
Bonamico Jacobs, violin
Lain Kienzle, voice
Hayley Koch, voice
Kelsey Kolasa, voice
Alex Kroger, clarinet
Sally Lape, voice
Morgan Luttig, voice
Reagan Morehouse, voice
Eshwar Nandem, tenor saxophone
Emily Neuberger, voice
Danny Norak, voice
Olivia Passalino, voice
Danielle Pullan, clarinet
Danielle Pullan, piano
Jeff Sabol, clarinet
Christian Schmidt, marimba
Martha Walker, voice
Hannah Wang, voice
Allison Weinberger, voice
Chip Weinberger, tenor sax
Grace Williams, voice
Samantha Yoo, voice
Grace Yu, voice
Amanda Zhou, cello
Anna Zhou, piano

Solos—Silver Medalists

Carson Goldman, marimba
Laurel Worthen, voice

Ensembles—Gold Medalists

Clarinet Quintet

Ethan Borre
Nicole Cardos
Alex Kroger
Michael Ryske
Jeff Sabol

Sax Quartet

Bryan Bunning
Chris Charhut
Ben Hollander
Eshwar Nandem

Woodwind Quartet

Nate Balk, bassoon
Colin Briskman, flute
Kyle Flagstad, oboe
Danielle Pullan, clarinet
Alek Weismantel, horn

Vocal Duet

Lily An
Kelsey Kolasa

Eco-concert Challenge Winners

Congratulations to **Bryan Lesser** and **Max Elisman** on winning second-place in the Eco-concert Challenge and the Audience Choice Award at the Ecoconcert at Ravinia. With the help of **Robert Bassill** these students wrote and performed a beautiful piece of original music. They will be performing again at the **Fairchild Challenge Awards** ceremony, May 10, at the Botanic Gardens.

To see photos: <http://chicagobotanicgarden.smugmug.com/gallery/>

Social Studies Department

Students meet VP Joe Biden!

LFHS students in Kelly McKee's and Steve Dunn's Contemporary Issues classes had studied that U.S. Vice President **Joe Biden** was making visits to Chile and Costa Rica to improve relations between the U.S. and our Latin American neighbors during LFHS spring break. They also knew that President Oscar Arias (whose trademark legislation, the Central American Free-Trade Agreement (CAFTA) with the U.S) was once adamantly opposed by V.P. Biden in the halls of the U.S. Senate! LFHS students did not know, however, that he would be staying in their same hotel in Costa Rica during spring break. The students talked with the Secret Service staff (250 of them traveled with the VP for this trip) and asked if they could meet with V.P. Joe Biden. Clearance was granted for LFHS students when he was on his way to meet with **Belize Prime Minister, Dean Barrow, Panamanian President Martin Torrijos, Guatemalan President Alvaro Colom, Savadoran President Antonio Saca, Honduran Vice President Aristides Mejia, Nicaraguan Vice Foreign Minister Manuel Coronel, and Costa Rican President Oscar Arias.** When V.P. Joe Biden spoke with the students, he was very friendly and excited to hear that they were from Chicago. Needless to say, the students were inspired by their studies at LFHS. They used this opportunity to inspire the Vice President who promised to bridge better relations with our Latin American partners!

LFHS Student Wins Trip to Germany!

Eric Neumeister a student in Mary Kay Koerner's German three honors class has won a trip to Germany from the American Association of Teachers of German. Eric scored in the 99th percentile on the Nation German Exam. Students who score above the 90th percentile are asked to write an essay in German and come for an interview. Eric is one of 39 students who won the trip nationwide. 26,000 students took the exam. This is the second year in a row a German student from Lake Forest High School has won a trip to Germany.



Pictured with Vice President Joe Biden in Costa Rica are LFHS students Jennifer Long, Mackenzie Kenning, Drew Kenning and Stephanie Long. The Vice President concluded by saying, "S-C-O...U-T-S... Go Scouts Go!"

Health Office:

Reminder! When scheduling your child's physical over the summer, be sure to take along a copy of the Medication Authorization Form for the physician to sign. This form must be turned in annually and is necessary if you anticipate your child will need any non-prescription or prescription medication (e.g. aspirin, Tylenol, Ibuprofen) during the school day. No medication may be dispensed without this authorization on file. If you need a copy, this form can be downloaded from the LFHS web page under Student Services/Health Services or you may contact the Health Office.

Reminder to Incoming Freshmen Parents

LFHS has a first day exclusion policy for lack of immunizations and physical exams for freshman. We strongly urge all freshman physicals to be turned into the Health Office by **August 3, 2009**. Athletics begin on August 12, 2009. *Do not turn incoming freshman physicals into the athletic office.* The Health Office will forward a list of all compliant students to the Athletic Office in time for the first day of sports on August 12. Please call Nurse Diane Bower at 847-582-7335 with any questions.

Student Services - Health Services

Medications Guidelines for Students

Epi Pens, Insulin and Asthma Inhalers are the **ONLY** medicines that students are allowed to have in school. A current Medication Authorization form (no more than a year old) **MUST** be on file in the Health Office for students to carry these medicines with them. Students are not allowed to have any over the counter medicines e.g., Tylenol or Advil in their lockers or with them at school. These medications are distributed through the Health Office. A current Medication Authorization form must be on file in the Health Office for these Medications also. This is Illinois State Law. A Medication Authorization Form can be obtained on the LFHS web site under Student Services or in the Health Office. Please contact Diane Bower RN for questions.



Red Cross Club's Blood Drive that was held on March 19. Students and staff donated 82 units of blood. Pictured above are Emily Goodman and Kevin Foli.

Student Services - Counseling

ACT Online Prep

The Illinois State Board of Education is providing this program to all school districts.

ACT Online Prep provides a comprehensive content review for the required English, Math, Reading, and Science tests, along with a diagnostic test and personalized study path to help students focus their preparation time.

This program helps students prepare for taking the ACT by taking practice tests with questions taken from retired ACT tests. They also include real-time scoring providing immediate feedback.

ACT Online Prep is accessible via the internet. The Library staff can assist students with any questions after they visit the College Resource Center Room 103A to receive a user ID & password.

Reminder: AP Testing

AP Test dates are May 4 -15.

The exam schedule can be found on-line at www.lfhs.org under Student Services/Testing-Links. If you have any questions call Carol Andersson at 847- 582-7761.

External Credit Policy

LFHS reserves the sole right to grant credit for work completed at or through other institutions. Approval of requests for credit for external work that has not been approved in advance through this process is not guaranteed. External Credit Applications, along with instructions, are available in the Counseling Department or on the web site www.lfhs.org (Click Counseling and Student Services, then Counseling).

Testing Calendar for ACT/SAT

can be found on-line at www.lfhs.org by navigating the following links: Student Services/Testing-Links/2008/2009 Testing Calendar

College/Career Resource Center Testing Materials

SAT and ACT registration materials are available in the College and Career Resource Center. Students can also register online at:

ACT

www.actstudent.org

SAT

www.collegeboard.com

Student Services -

Transcript Office Closed for the Summer!

Transcript requests for summer programs, summer jobs and transfers will be processed by the Registrar during the summer months.

College Transcripts will be processed in August.

The Transcript Office will be closed for the summer. All college and NCAA transcript requests will be processed when the Transcript Office reopens on **Monday, August 17.**

Your son or daughter may complete their college applications online, register with the NCAA

Clearinghouse and submit their test scores through ACT (319-337-1270) or by visiting www.actstudent.org prior to the start of school. Once school is back in session, the counselors will be able to have letters of recommendation and the Lake Forest High School secondary report form ready to be mailed with your student's official transcript, high school profile and class schedule to their colleges. Sending all of these materials together will insure a more streamlined process for both the high school and colleges.

The transcripts for the NCAA Clearinghouse will also be mailed the second week of September.

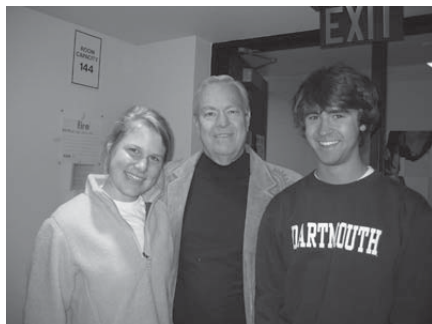
We look forward to assisting senior students in their college selection process beginning August 17, 2009.

Student Services - Growth Opportunities



Bill Kurtis participates in LFHS Earthweek!

Mr. Kurtis spoke to a packed house of students during lunch periods in the David Miller Theater during Earth Week. Environmental Club and Student Council, with help from the APT, spearheaded Earth Week's many fun and educational activities.



Pictured above: Bill Kurtis with Superintendent, Dr. Harry Griffith. Bill Kurtis with Martha Dee, President of Environmental Club and John Nedeau, Student Council President.

ONE: Night - Decision - Memory - Mission Safe Prom/Graduation/Summer Carnival

CROYA, Lake Forest High School, Deer Path Middle School, and Lake Bluff Middle School are excited to present the second annual ONE Carnival! ONE represents a sure sign that the exciting season of prom, graduation, and summer vacation are right around the corner, but serves as a reminder that with the fun comes a great deal of responsibility.

Join us for the ONE kick-off celebration of warm weather activities on **Wednesday, May 6** from 3:30-7:00 pm at CROYA. There will be food, a dunk tank, bouncy house, fun contests and raffles, as well as several interactive activities and booths that will demonstrate the importance of healthy decision-making, and help unite us, as a community, to commit to a safe and healthy celebratory season!

The carnival is open to middle and high school students, as well as all community members dedicated to supporting this important mission.

For more information, contact **Joanne Yorro** at CROYA, 847-615-4307, yorroj@cityoflakeforest.com or **Jenny Edgington** at LFHS, 847-582-7360, jedging@d115.org.

Our American Voice

"Our American Voice," an exciting new summer media project offered by Lake Forest High School and sponsored by the Barat Foundation, will run from **August 10 - 14** from 9 am to 2 pm. This unique program, designed specifically for Lake Bluff and Lake Forest **7th and 8th grade students and incoming Freshmen**, gives students the opportunity to explore issues in their community through first hand experience in local government and citizenship while using the latest new media technology, including the Flip HD Mino. The class will be run by LFHS teachers assisted by LFHS students. For more information, contact **Kathy O'Hara** at 847-582-7774 or at kohara@d115.org. Cost of the program is \$195.

Open Doors Job Mentoring Program

The annual Open Doors Job Mentoring program was held April 22-24. More than 100 students took advantage of more than 180 job shadowing and service activities. This year the registration process was accomplished entirely online thanks to funding by the LFHS APT.

Student Services - Growth Opportunities

Business and Investment Club

Lake Forest High School's Business and Investment Club is proud to announce their \$1000 donation to Jobs for Youth/Chicago. The Business and Investment Club was able to raise this money by selling old Scout sports apparel for Retro Day this winter. Jobs for Youth/Chicago gives outstanding opportunities such as pre-employment training to underprivileged young men and women interested in becoming part of the economic mainstream. The Business and Investment Club strives to motivate students interested in business here at Lake Forest. Thanks to all the students, teachers, and parents who made Retro Day a success!



Department News

Wellness Department



One Hit Wonders

Dance 2 Classes will be performing:

**One Hit Wonders
Wed., May 13, 2009
RMA
6:30 pm -7:00 pm**

All are invited to attend.
Free, open seating.



Men's Club doing the Polar Bear Plunge that was held at the Lake Bluff Beach on March 8.

Parent Opportunities

APT

The APT is pleased to announce the election of the following slate of officers for the 2009-2010 school year:

New Officers (2 year term)

President - **Donna LaVitola**
Vice President - **Ruth Muscarello**
Corresponding Secretary - **Julie Eckert**

Continuing Officers (one year remaining)

Recording Secretary - **Jan Richman**
Treasurer - **Terry Karst**

Special thanks to the Nominating Committee members **Marianne Stride, Katie Begley, Karla Schwartz, Patti Frain, Lori Julian, Laura Skinner.**

The APT would like to gratefully acknowledge **Chrystal Gannon** (outgoing President), **Katie Begley** (outgoing Vice-President) and **Karla Schwartz** (outgoing Corresponding Secretary) for so ably serving in these positions for the last two years.

APT Celebrates Teacher Appreciation Week, May 4-8, 2009

LFHS APT and various parent groups would like to recognize our hard working faculty and staff. Monday, May 4 is the start of Teacher Appreciation Week and each day a LFHS group will provide the faculty with a special treat. The Booster Club, Board of Education, LFHS Foundation and Applause-Pals are all involved in appreciating this wonderful LFHS staff. When you see your favorite teacher, coach, or staff member this week, please let them know that Lake Forest High School would not be the same place without their dedication and commitment.

Applause

Attention Music Students - Apply for Summer Music Scholarships NOW!

Applause Summer Music Scholarships are intended to encourage and support Lake Forest High School music student participation in organized summer music camps and programs. All current freshmen, sophomores, and juniors attending Lake Forest High School, who participate in LFHS Music Department ensembles or classes and who plan to attend a music camp or program over the summer 2009, are eligible to apply for this scholarship. The grant amounts awarded range from \$50.00 to \$200.00 per applicant.

In order to be eligible for the Summer Scholarship, the proposed camp or program must be devoted primarily to music study. Trips, tours, and private lessons are not eligible. Interested students and/or parents may request an application from the music department faculty or download a form from the LFHS Applause website at www.LFHSApplause.org. Applications must be signed by a LFHS Music Director to be considered complete and must be received in the Applause mailbox in the Main Office at LFHS by **May 15, 2009**.

Each student who submits an application will be informed by letter in early June as to whether a grant has been awarded and, if so, the amount of the grant. Except in the case of hardship, grant payments will not be made until after September 18, 2009. In order to receive the payment in the fall, the grant recipient must be currently enrolled at LFHS and submit a brief, one paragraph letter describing his or her camp experience. Letters should be mailed to the Applause Board via the Applause mailbox in the Main Office at LFHS. A copy of the paid camp receipt or the canceled check for camp payment must be included with the letter to verify camp attendance. If the grant recipient fails to submit a letter and receipt by **September 18, 2009**, the grant will be forfeited.

Questions about the Summer Scholarship should be directed to the Applause Scholarship Coordinator, Peg Determan, at TROUTNPIKE@aol.com.

Parents of Senior Music Students Mark Your Calendars

Grammy Night is a fun evening of parody and recognition for seniors, their parents and all interested LFHS music students. The 2009 Grammy Night will be held on **Tuesday, May 26**. Seniors and their parents are invited to attend an appetizer buffet in the Orchestra room at 6:30 p.m. prior to the presentation. The Grammy Night Presentation, open to all students and parents in the music department, begins in the David Miller Theater at 7:00 p.m. The purpose of Grammy Night is to accord senior music students one last hurrah as well as to recognize all seniors who participate in band, choir, and orchestra.

All music department families are invited to attend the Grammy Night presentation beginning at 7:00pm in the David Miller Theatre, where orchestra, chorus, and band students separately perform a satirical skit, the music directors perform a skit, and then the music directors honor each student with a tongue-in-cheek award in the form of a labeled CD. The event culminates with a slide show involving senior pictures that the senior students produce.

All parents of senior music students are strongly encouraged to attend this event.

Invitations to Grammy Night will be mailed to all LFHS music families; be sure to watch your mail and plan to attend this interesting event!

We depend on you!

If you would like to promote any school related news regarding an event, activity, fundraiser or student "kudos," please contact **Joy B. Murawski** at 847-582-7376 or e-mail jmuraws@d115.org to submit your information. Pictures are also welcome and encouraged!



Photographs and videos of students and staff are taken throughout the year to be used for newsletters, newspapers, website and other District 115 publicity purposes. We film various events for local viewing on LF Cable TV. The videotapes and photographs shall not be used by the school district for commercial purposes or for monetary gain. If you do not want your child photographed for District 115 use, you must submit, in writing, a statement to Dr. Harry Griffith, Superintendent of Schools.

Parent Opportunities

Booster Boutique

Special Spring Shopping Dates:

Wednesday, May 6
6:30 pm - 8:30 pm

Saturday, May 9
10:00 am - 12:00 pm

This is a great opportunity to pick up 8th grade graduation gifts!

The Boutique is open every **Thursday and Friday from 10:40 am - 1:20 pm** during 4th, 5th and 6th period lunch.

LFHS

Lower Level - room 5A

Please email us with any questions at boosterboutique@dl15.org

Calling All Athletes!

The Booster Club funds grants of up to \$150 to individual athletes in order to help with the cost of summer camps. If you are interested, please contact the Athletic Office and make an appointment for an interview with representatives of the board. The interview dates are **May 18 and May 21, 2009**. Please note the dates may change to accommodate spring sports schedule changes.

Booster Club

To LFHS families, friends and community:

As springtime finally arrives in the upper Midwest, please join me in congratulating our interscholastic sports teams for their many successes during the winter sports season. Lake Forest High School continues to garner more than its fair share of individual and team accolades, and this past season was no exception.

On behalf of the Booster Club, I want to thank all of our members for their support. The generous contributions of a record-breaking number of Super Scouts and Sponsors have allowed the Club to continue its longstanding tradition of supporting LFHS athletics. In addition, I wanted to invite you to consider becoming part of the Booster Club's Board of Directors. The Board plays the pivotal role of managing and coordinating the Booster Club's many activities. **At this time, we have an immediate need for volunteers to assist in a number of areas, including Concessions and Communications (particularly the Booster Club Newsletter).**

Joining the Booster Board is a great way to get involved with an organization that impacts the high school experience of a significant number of LFHS students. Please give me a call at 847-282-7041 (work); 847-234-3425 (home); 847-702-7896 (cell) or e-mail tomc@senecapartners.com if you have any questions or if you'd like to participate.

Tom Cox

President, LFHS Booster Club

NSSED Association of Parents and Staff

Childhood and Adolescent Depression:

Symptoms and Treatment Strategies Presented by: Mark A. Reinecke, Ph.D.

Tuesday, May 19, 2009
7:30 – 9:30 p.m.

New Trier Northfield Campus*
Building C – Board Room C234, North Entrance, 7 Happ Road – Northfield, Illinois

Dr. Reinecke is Professor of Psychiatry and Behavioral Sciences and Chief of the Division of Psychology at Northwestern University's Feinberg School of Medicine. His research and clinical interests center on understanding and treating depression and suicide among children and adolescents. He is widely published, and has authored or edited seven books including *Cognitive Therapy across the Lifespan*, *Comparative Treatments of Depression*, *Cognitive Therapy with Children and Adolescents*, and *Personality Disorders in Children and Adolescents*.

Dr. Reinecke will discuss current research, as well as symptoms, treatments and strategies for home and school.

Space is limited. To ensure a seat, please RSVP to mades@nssed.org with your name, telephone number and school district by May 15, 2009.

Direct questions to **Karen Noonan** at 847-831-5100, extension 210.

LEAD Upcoming Events

LEAD Spring Programs

For more information and to register (when required), visit www.LEADweb.org, e-mail us at LEAD9075@aol.com or call LEAD at 847-295-9075.

Webinar Series

Monday, May 4: Happiness and Moods

Our experts will inform you about the latest finding on what makes people happy – especially our teens. They will discuss the biological, physiological, psychological, neurological, and chemical causes of happiness. Also detailed are important mental health factors that parents should pay attention to before their children leave home for college.

Tuesday, May 12: Great Reads for Summer Days and Nights.

7:00-8:30pm, Lake Forest Book Store, 680 N. Western Avenue. Join **Sue Boucher**, owner of LF Bookstore as she offers recommendations for some great book choices. Fiction, non-fiction and parenting books will be included. Attendees will receive a 10% discount on any purchases made that evening (members of LF Bookstore will receive a 20% discount.) Light snacks and refreshments included. To reserve your space, please call the LEAD office.

LFHS Foundation



LFHS Foundation Presents 2008-2009 Grant Award List

Thanks to the generous support of our donors, the Foundation reached and exceeded the **\$500,000** mark in grants awarded since our inception in 2002. With these funds, we have supported a wide array of innovative and impactful ideas from our educators and others involved in providing a memorable high school experience to our students, including the list below. We could never have contributed to this high level of educational excellence without the commitment of those who support us financially.

Thank you from all of us!

Lake Forest High School
Foundation Board

Thanks to our donors for their support. A complete donor list can be found at:
www.lfhsfoundation.org

LFHS Foundation 2008 – 2009 Awards

SMART Board Interactive Whiteboards
K'Nex Kits
\$49,992

Math

iMacs, Apple LED Displays
B/W Laser Printer
\$47,586

Art (Graphic Design / Photo)

LRC Mini-Computer Labs
\$17,222

Special Education

Recording & Playback Equipment
\$14,357

Music

Sparks Laboratory Systems & Sensors
\$7,782

Science

Baby Simulators
\$4,187

Wellness

Mini-Collection Displays
Color Printer
\$3,854

Library

Area Studies Speaker Series
Mini-Computer Lab*
\$3,524

Social Studies

Our Stories DVD Program
\$2,000

Social Work/Wellness

Language Lab Headsets
\$1,730

World Language

Total Grants
\$152,234

*In collaboration with the LF/LB LDA

Kerry Littel, Head Librarian Thanks Foundation...

I just wanted to take a moment to thank the Foundation Committee for your support of the library. I was completely surprised today.... you definitely made this a day to remember! :) The color printer and the mini-collection displays are going to have an immediate impact in the library and we can't wait to share the news with the students and faculty!

We truly appreciate everything you have done for us.

Thank you from the bottom of our hearts.

Dad's Club

Next Meeting May 9, 2009

Northern Trust Bank
Lower Ground Floor
959 S. Waukegan Road
Lake Forest

8:30 am - 10:00 am

Guest speaker will be **Pat Garrity** of Family Life Education division of Lake County Health Department. Pat will be speaking about teenage sexuality and how a father plays an important role in their teen's development. Check www.lfhsdads.org.

Please note there will be no meeting in June.





LAKE FOREST HIGH SCHOOL SPOTLIGHT

This parent newsletter was formerly a bi-annual publication that highlighted the academic, athletic, classroom and extra-curricular accomplishments of LFHS students. In an effort to reduce our printing costs and “go green,” this will no longer be a printed publication. Award information can be found at the www.lfhs.org website and in local media, or will be included in HIGHLIGHTS, when possible. Please continue to send your news to jmuraws@d115.org.

Recently posted information includes:

LFHS Student Service Recognition Night Awards 2009
Fall Sports Accolades 2008
All Academic Fall Sports 2008
National Honor Society Fall 2008

Check www.lfhs.org for upcoming acknowledgements regarding the 2nd semester, 2008-2009!

Congratulations to the recent Alumni Wall of Fame Inductees!



Jack Michael Bert, MD, FACS (1965)

Dr. Bert is a Clinical Professor at the University of Minnesota and a graduate of Northwestern & Temple Universities. He completed his orthopedic surgical residency at the Mayo Clinic. Dr. Bert has been in private and academic orthopedic surgical practice since 1978. He has written over 60 scientific articles and contributed to numerous books on subjects related to orthopedic surgery. Dr. Bert holds four patents on orthopedic devices and has been a visiting professor at multiple International and American Universities.

Jane Skinner Goodell (1985)

Jane Skinner earned her BA & MA with honors from Northwestern University in Journalism. She began her career as a political correspondent in Duluth, MN and a reporter in St. Louis, MO and Portland, ME. She served as the prime-time anchor in Milwaukee, WI and a reporter in NYC. Skinner joined FOX News Channel in 1998 and is currently the co-anchor of “Happening Now.”

Andrei Najjar (1996)

Andrei is a fashion industry expert who holds a BA & MA of Marketing from Northwestern University. His passion for utilizing fashion as a vehicle for social change has earned him many national awards and honors. He has authored several publications and lectures on marketing strategy and corporate social responsibility, and has led successful strategic and creative fashion initiatives for various top retail companies.

August 20, 2009 – Institute day
August 21, 2009 - Freshman Orientation Day
August 24, 2009 – First day with all students
September 7, 2009 – Labor Day (No school)
October 12, 2009 – Columbus Day
(No school)
November 5, 2009 – Parent Conference Day
November 6, 2009 – No School
November 25-27, 2009 – Thanksgiving Break
(No school on Wednesday)
December 21, 2009 – Jan 1, 2010
Winter Break
January 4, 2010 – Return to school
January 15, 2010 – Faculty Workday
January 18, 2010 - MLK Day (No school)
February 12, 2010 – Institute Day
February 15, 2010 - Presidents’ Day
(No School)
March 29 to April 2, 2010 – Spring Break
April 5, 2010 – Return to school
April 30, 2010 – Teacher Institute Day
May 31, 2010 – Memorial Day holiday
June 3, 2010 – Faculty Workday
(If we do not use any emergency days)
June 10, 2010 – Faculty Workday
(If we need to use five emergency days)

**A complete phone directory can be found on
www.lfhs.org under “Contact Us.”**

Phone Numbers

Admin Center Main
847-235- 9657

Athletics
847-582-7700

Attendance
847-582-7500

Bookstore East Campus
847-582-7432

College Resource Center
847-582-7342

Communications
847-582-7376

Deans
847-582-7308

Guidance Secretary
847-582-7317

Guidance - Testing Info.
847-582-7761

Human Resources
847-604 7423

Main Office
847-582-7304

Nurse’s Office
847-582-7335

Pool Office
847-582-7356

Principal
847-582-7315

Principal’s Secretary
847-582-7311

Registrar
847-582-7313

Superintendent
847-582-7401

Superintendent Secretary
847-582-7420

Switchboard-LFHS
847-582-7304

Switchboard-Admin Center
847-235- 9657

Technology Help Desk
847-582-7370

Transcripts
847-582-7365

**Tear out this page
to save for future
reference!**

May, June, Calendar 2009

In this Issue

2 Class News

4 Department News

10 Parent Opportunities

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16 Calendar 2009-10

May

- 1 Thoroughly Modern Millie
7:30pm, RMA
APT Grants Deadline
- 2 Thoroughly Modern Millie
7:30pm, RMA
- 4 AP Exams begin
Teacher Appreciation Week
- 6 ONE Carnival, 3:30pm
- 9 Bike & Bake Sale
- 10 Fairchild Challenge
Awards Ceremony
- 12 Board of Education Mtg
7pm
- 16 Prom
- 25 Memorial Day holiday
(No school for Students
and Teachers)
- 26 Grammy Night, 6:30pm/7pm
- 29 Breaking Away/Senior
Parent Tea

June

- 2-3 Senior Finals
- 3 Last Day of School for
Senior Students
Honors Night, 7pm, RMA
- 9 Board of Education Mtg
7pm
- 11 Senior Breakfast
Graduation Rehearsal
Senior Party
Book Buy-Back
- 12 Faculty Workday
Book Buy-Back
- 13 Graduation: Class of 2009
2:30 p.m.

Looking Forward!

July 14

Board of Education Meeting, 7pm

August 12

Fall Sports Try-Outs Begin

August 17

Transcript Office Reopens

August 20

Institute day

August 21

Freshman Orientation Day

August 24

First day with all students

September 7

Labor Day (No school)

October 12

Columbus Day (No school)

Need Information?

Check out our website
at www.lfhs.org!



**LAKE
FOREST
HIGH SCHOOL**

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HIGHLIGHTS

May/June 2009

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