



## Be True to Your School is Sunday, October 26!

### Show Your School Spirit At "Be True To Your School"

Don't forget to get your reservations in for this year's parent social and FUNdraiser at the Deer Path Inn.

**Sunday, October 26, 2008**

**5:00 pm**

**Deer Path Inn**

**255 E. Illinois Road, Lake Forest**

- Cocktails and Dinner
- Silent Auction

Fabulous selection of items and packages for both students and adults including entertainment and dining gift certificates, professional sports tickets, weekend getaway, beauty & fitness packages, and fantastic Scouts fan items.

- Live Auction

### Donations from all classes include:

**Freshman: "On the Road to Broadway"**

**Sophomore: "Bocce and Bistro"**

**Junior: "Post-Thanksgiving Football & Breakfast Tailgate"**

**Senior: "Golden Graduation"**

And much more! All proceeds from this fun evening will benefit your student's class treasury.

Contacts:

Donna LaVitola at 847-283-0840 or [DABL6@aol.com](mailto:DABL6@aol.com)

Pam Salm at 847-234-9023 or [Yucud2@aol.com](mailto:Yucud2@aol.com)

### We will test the Honeywell Instant Alert Emergency Notification System on:

**Monday October 6**

**7:00 pm.**

All family home phones have been entered into the system but we urge you to verify and update your information by following the instructions found on pages 22-23.



LFHS families enjoyed access to the new Varsity field and brunch post-Thanksgiving Day, after bidding on and winning package at last year's FUNdraiser.

### More Top News!

#### LFHS Parent Open House

Please join us on:

**October 1, 2008**

**7:00 pm**

We will open our doors at 5:00 pm to give you some time to tour the building before classes start promptly at 7:00 pm. It's a unique opportunity for you to walk a mile in your child's shoes as you follow their daily schedule, attending their classes and meeting their teachers.

*Parking is limited so shuttle busses will run from the Lake Bluff train station and the Lake Forest Market Square train station.*

**We hope to see you there!**

#### Late Start Date Scheduled for October 2!

School will begin at 9:50 am and end at 3:10 pm. Buses will run 2 hours later than normal. The detailed schedule can be found at [www.lfhs.org](http://www.lfhs.org).

## Board of Education

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### Board of Education - Meeting Highlights

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September 9, 2008

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#### President's Report

President Golan welcomed everyone back to the new school year and thanked all who were involved in getting the school open and ready for our students. She offered a special thanks to Jay Hoffmann for his countless hours of work.

Julie Cooley announced that Dr. Griffith was nominated last May for the Illinois State Board of Education Those Who Excel award. The award is designed to recognize those who make outstanding contributions in the field of education in Illinois. Nominees are rated in the areas of student success, collaboration, continuous learning and leadership. Recommendations for Dr. Griffith were submitted by 8 members of our school community, including administrators, teachers, students, and parents. Dr. Griffith has received an Award of Excellence, which is the most prestigious of three levels of award that Illinois State Board recognizes. Congratulations to Dr. Griffith and our school community for receiving this prestigious award!

#### Superintendent's Report

Dr. Griffith announced that projected enrollment this year stands at 1,765 students. The 9th grade class is the largest at 470 students, 10th grade- 421, 11th grade – 448 and 12th grade – 426 students. He also announced that the Class of 2008 achieved the highest ACT score in the history of the school with a composite of 25.6. This is remarkable as 424 students sat for the exam.

Little Scouts Preschool is open at West Campus with 112 students (2007-08 enrollment was 50 students). The new space has allowed the program to open to the community and expand.

Dr. Griffith announced that the Mandarin Chinese has an enrollment of 77 students in grades 4-8 and 14 students in independent study at that high school. There will be a reception on Wednesday, October 15 at 10am in the new high school commons to celebrate this unique partnership. Guest speakers include His Excellency Ping Huang the Consul General of China, Xiaowen He the Principal of East China Normal High School Number 2 and Congressman Mark Kirk (who was instrumental in launching this initiative). All are invited to attend.

Dr. Griffith also noted that he has been part of a Military Round Table discussion that includes senior leaders from the Departments of Defense and Education and political representatives to discuss future funding for North Chicago Schools.

LFEA President Janie Jerch thanked the Board of Education and the community for supporting the referendum and the building project. She noted the educational improvements and the excitement of both staff and students.

#### Operations Committee

Nicki Snoblin thanked Diane Newman for her years of service on this committee. She noted that Diane offered a valuable perspective over the years. Nicki also reported that the committee has been reviewing the district's facility use policy. It is anticipated the committee will be bringing a report to the board in October. The committee also heard updates on the book buying process and Little Scouts.

#### Finance Committee

Jim Carey indicated that the committee had reviewed and endorsed the budget that was on the agenda for the board's consideration. The committee discussed the 5-year financial forecast and explored a variety of assumptions based on fluctuations in the real estate market. The committee also discussed a number of upcoming capital projects that were not part of the referendum and the favorable current financing rates. The committee also discussed the proposed NSSD building project and payment schedule options. He noted that the audit is underway and there will be a review of the district's internal controls.

#### Reports - Lake Forest High School College Report

Jacquie Berkshire presented a college distribution report for the Class of 2008. She reported that 412 of the 435 members of the class made 3,010 applications to 427 post secondary institutions. This fall they will matriculate to 157 schools located in 34 states. Two students will attend schools in England, one in Bulgaria and one in Canada. Students submitted an average of 7 applications.

#### Board of Education

**Sharon Golan**

President

**Marilyn Harlow**

Vice President

**Richard Block**

Secretary

**Todd Burgener**

Member

**Jim Carey**

Member

**John Scribner**

Member

**Nicki Snoblin**

Member

**Dr. Harry Griffith**

Superintendent

#### Next Board of Education Meeting

The next Regular Meeting of the Board of Education of Lake Forest Community High School District 115 will be on:

**Tues., Oct. 14, 2008**

**7:00 p.m.**

**Board Room**

**LFHS West Campus**

#### Upcoming meeting dates:

**Tues., Nov. 11, 2008**

**Tues., Dec. 9, 2008**

**Tues., Jan. 13, 2009**

**Tues., Feb. 10, 2009**

**Tues., March 10, 2009**

**Tues., April 14, 2009**

**Tues., May 12, 2009**

**Tues., June 9, 2009**

**Tues., July 14, 2009**

## Announcements!

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### Homecoming 2008 is just around the corner!

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The annual Homecoming Dance will once again be held by Student Council on:

**Saturday, October 18**  
**Competition Gym**  
**8:00 pm - 11:00 pm**

All students attending will enter the doors at the back of the school by Athletics. The doors will open at 8:00 pm and the dance will end at 11:00 pm. Tickets will be available at the door for \$5 per person. Students **MUST** have an ID to get in the door and only LFHS students will be admitted. Dress for this dance is "dressy casual." This is a highly attended dance so don't miss out on the fun! Go Scouts Go!!

**The annual Homecoming tee-shirts will be on sale starting October 14 for \$10.**

### Parent Teacher Conferences

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We will not have Parent Teacher Conferences this year because of our late start of school and tight schedule throughout the year. Parent Teacher Conferences will return next year. If you have any concerns (or compliments!) and would like to communicate with your child's teachers, you can contact them by phone or by e-mail. (first initial followed by the first 6 letters of last name @D115.org.)

### Dr. Harry Griffith receives Award of Excellence

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Dr. Harry Griffith was nominated last May for the Illinois State Board of Education Those Who Excel award. The award is designed to recognize those who make outstanding contributions in the field of education in Illinois. Nominees are rated in the areas of student success, collaboration, continuous learning and leadership. Recommendations for Dr. Griffith were submitted by 8 members of our school community, including administrators, teachers, students, and parents. Dr. Griffith has received an Award of Excellence, which is the most prestigious of three levels of award that Illinois State Board recognizes. Congratulations to Dr. Griffith and our school community for receiving this prestigious award!

### Mandarin Chinese program to host Reception

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学广东话

The Mandarin Chinese program has an enrollment of 77 students in grades 4-8 and 14 students in independent study at that Lake Forest High School.

There will be a reception on:

**Wednesday, October 15**  
**10:00 am**

in the new high school commons to celebrate this unique partnership.

Guest speakers include His Excellency Ping Huang the Consul General of China, Xiaowen He the Principal of East China Normal High School Number 2 and Congressman Mark Kirk (who was instrumental in launching this initiative).

**All are invited to attend!**

### Did You Know?...

Under the "Contact Us" tab on the [www.lfhs.org](http://www.lfhs.org) homepage, there is a "Directory" where every name and/or department is searchable for e-mail and phone numbers.

**This will be updated in the fall. Your patience is appreciated!**

### Save the Date

Lake Forest High School will host a Community Open House on:

**Wed., Nov. 5, 2008**  
**7:00 pm**

All residents are invited to tour the amazing new school facilities.

*Look for more detailed information in the mail*

### Questions About PowerSchool?

Join us for a parent informational meeting on:

**Thursday, October 16**  
**10:00 am**

at the new LFHS West Campus Administrative Center, 300 S. Waukeganin Seminar B, Second Floor. Staff will be on hand to give an overview and answer all your questions.

**For a complete school calendar, visit [www.lfhs.org](http://www.lfhs.org) under "News & Calendar."**

### Freshman

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#### Parent Meeting

**Thursday, October 16**  
**10:00 am**  
**David Miller Theater**

How Students Can Get Involved - A panel of administrators will discuss the plethora of clubs, extra-curricular activities offered at LFHS. Opportunities range from chess to debate, Model United Nations to photography and astronomy to intramural sports also plenty of community service opportunities.

Questions, please contact:

**Ana Kapoor**  
Freshman Class Parent Representative  
847-283-0133  
[ack85048@yahoo.com](mailto:ack85048@yahoo.com)

### Sophomore

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#### Upcoming Sophomore Class Parent Meetings

The remaining calendar of meetings for sophomore parents is provided below. Please continue to check this column for other important happenings pertinent to the Sophomore Class.

**Thursday, November 20**  
**7:00 pm**  
**David Miller Theater**

“Street Smarts...Parents, Teens and the Law” --This is an extremely informative meeting for both freshman and sophomore parents regarding alcohol/substance abuse, internet use/abuse, new driving laws, school rules, new curfew laws, as well as other useful information on how to help your teen navigate through the challenging high school years. We will have a very informed and experienced panel on hand (including a LEAD representative, a judge, a prosecutor, and more) to present information and answer your questions.

**Thursday, December 11**  
**7:00 pm**  
**David Miller Theater**

“Future Planning for Sophomores and Parents” --This meeting is set up through the College Counseling Office for the purpose of discussing the PLAN test results and upcoming testing. This is a wonderful opportunity to learn about your student's junior year testing, along with registration procedures and any changes that have been made since your last child was a junior.

#### Other important dates:

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Sunday, October 26, 5:00 pm, Deer Path Inn  
“Be True To Your School” – APT Fundraiser

Join us for this fun evening which includes a silent auction, dinner and a highly entertaining live auction. If you can't join us, consider making a donation! All funds go directly to your class treasuries.

Any questions, please contact:

**Tracy Tolmie**  
Sophomore Class Parent Representative  
[dtolmie@aol.com](mailto:dtolmie@aol.com)  
847-234-7801

**Juniors will be taking the PSAT on Wed., October 15!**

**Sophomores will be taking the PLAN on Wed., October 15!**

### Coming in November - Yearbook Photos!

**November 10:**  
**Freshman** Yearbook Photos taken

**November 11:**  
**Sophomore** Yearbook Photos taken

**November 12: Junior** Yearbook Photos taken

More details will be forthcoming!



Sarah O'Kane's sketch which had been chosen last spring for the 2009 senior class wall can be seen on the corner of McKinley Rd. and Illinois.

### Junior

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#### Welcome Junior Class Parents!

It will be a busy year including standardized testing, college planning and prom. To assist you in navigating your way through it, we have planned a number of informative meetings that will provide a forum for your questions and concerns. There are also many new volunteer opportunities available so that you may share and enjoy this year's journey with your student.

#### Parent Meetings

To kick off this exciting year, a parent meeting will be held on:  
**Tuesday, October 7**  
**7:00 pm in the RMA.**

Dr. Merry Quinn, Director of Student Services, and Jen Knight, the Junior Class Advisor, will begin the meeting with a brief overview of what to expect junior year. Then Jacquie Berkshire, the LFHS College Counselor, will clear up any confusion about college testing. ACT? SAT? SAT II? WHEN? WHICH ONES? HOW MANY? Testing can be one of the most anxiety-producing parts of the college application process. Learn what you can do to help your student successfully manage the testing process. Jacquie, along with our school counselors will also introduce you to the web based search program, Naviance. It will be information packed evening that you don't want to miss!

**Be sure to mark your calendars now for our future meeting dates as well:**

**Dec. 11, 10:00 am, DMT:** "The College Process"  
**Feb. 12, 7:00 pm, RMA:** "On the Road / College Visits"  
**April 8, 10:00 am, DMT:** "Prom"  
**April 28, 7:30 pm, RMA:** "College Selection Panel"

#### Your Support is Encouraged!

Parents are encouraged to mark their calendars for one of the most important school fundraisers of the year! **"Be True To Your School"** (see info on front page). As a new feature, our junior class students are working very hard on their own live auction item, which directly impacts their specific class treasury! Come out to support our junior class!

On a Sunday afternoon in March, the Junior Class will again sponsor the very popular and much appreciated **Senior Citizen Party**. The students host this delightful event for our community's senior citizens including decorations, music, dancing and refreshments. If you would be interested in helping out with this afternoon, please contact **Laura Kasbeer** at [lkasbeer@aol.com](mailto:lkasbeer@aol.com).

We will also be conducting fundraising activities throughout the year to defray the costs associated with Prom and projects like the one benefiting our Lake Forest Seniors. To that end, please keep an eye out for the "Project Safe Prom – 2009" information that will be coming your way soon!

Questions? Contact: **Leslie Moran**, Junior Class Parent Representative at 847-735-0358 or [cleavmor@aol.com](mailto:cleavmor@aol.com)

### Senior

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#### Senior Commemoratives

Parents, the time has come for you to say good-bye and good luck to your graduating senior. So, it's time to purchase a senior commemorative ad to go in the back of the 2009 yearbook! Dig up your favorite picture of your child and add some funny or sentimental words for your senior. Similar to the last few years, all of the ads will be one-eighth of a page and will have the same tasteful font and border. See the 2007 or 2008 yearbooks for examples.

**Space is limited and the ads will be printed on a first come, first served basis. So gather these things...**

*A check or money order for \$75 made out to LFHS*

*A picture with your child's name printed on the back*

*A written message to your child*

**Order forms can be found at [www.lfhs.org](http://www.lfhs.org) by searching for "senior commemoratives" in the "search lfhs.org" search box.**

Please put the completed envelope in Mrs. Christofylakis' school mailbox by:

**Friday, November 14, 2008.**

We must receive your request by this date as space is limited! Late requests will not be accepted. Questions? E-mail Mrs. Christofylakis at [echrist@d115.org](mailto:echrist@d115.org).

#### Attention all Seniors:

The senior group photo will take place on:

**Wednesday, October 1**  
**East Campus**  
**Football field**

at the beginning of 3rd period. In the event of rain, an announcement will be made instructing you of an alternate location.

#### 2009 Senior Activities and Quote Form

The Yearbook has digitized the senior survey yearbook uses to collect the activities seniors participated in over the past four years and their senior quote--this information appears next to their senior portrait in the yearbook. Seniors will be able to take this survey until:

**December 19**

and will be required to have their student ID number to complete the survey.

**The survey can be found at [www.lfhs.org](http://www.lfhs.org) by searching "senior survey" in the "search lfhs.org" search box.**

### Athletic Department

For all the latest team accomplishments and photos of your favorite scout team, please visit [www.lfhs.org](http://www.lfhs.org) and select the "Athletics" tab. Here you can select your favorite team to see information regarding coaches, pictures, recent news, rosters, schedules, scores and more! As much as we would like to acknowledge all of our teams and athletes, the main purpose of the Highlights newsletter is to provide families with monthly information that is timely and informative about what is going on at the high school. From time to time, we will include pictures (if space allows) of your favorite team shot. In addition to this publication, the "Spotlight" companion newsletter will come out in the winter and summer. This publication will include all the congratulations, kudos, and successes of Lake Forest High School students in academics, athletics, classroom and extra-curricular activities.

### Dean's Office

#### Lake Forest High school is a closed campus.

Students are expected to be on campus for the entire school day (7:50 am - 3:10 pm).

#### Absences

Parents need to seriously consider whether or not the reason for the student missing instructional time is warranted.

**An absence can not be excused if a student leaves campus without prior parental notification to the attendance or health office.**

**If a student is to be excused for an important appointment during the school day, the following procedures must be followed:**

Parental permission in the form of a note or phone call must be presented to the Attendance Office. A dismissal pass for the teacher will be issued to the student if he/she must leave during class. The student is responsible for securing the pass from the Attendance Office before that class period. **Lake Forest High School does not page students.** A student supervisor will be sent to a class for a student if necessary, however if a student is aware he/she is leaving for an appointment and has secured a dismissal pass, the pass is handed to the teacher and the student then signs out at Attendance.

**If you are dropping off anything for your child, please drop it off at the front reception desk located directly through the front doors at LFHS.**



Pictured above is the Frosh/Soph Boys golf team. The team includes golfers: Alex Applebaum, Henry Briggs, Charles Cook, Quincy Coulter, Matt Garrity, Anthony Hansdorfer, Jack Hermes, Perry Johnson, Austin Klavson, Chris LaMothe, Mac Mardjetko, Charlie Marshall, Mike Martin, Forster Meeks, J.P. Pickell, Calvin Podd, Alex Schwartz, Nick Steffens and Joe Willis.

### Community Education

#### LFHS Community Education Swim Program

Did you know that the high school pool is open to the general public for Lap Swimming and for Family Swims? You can become a member through our pass system. We offer Annual, Trimester, and 10-Use swim passes or you can pay a daily fee.

**We also offer the following classes:**

**Saturday Swim School Sessions** (Fall - already in progress, Winter, Spring and Summer)

**Aquacize classes**

**Lifeguard Training Certification**

**Water Safety Instructor Classes**

**CPR/First Aid/AED and Lifeguarding re-certification opportunities**

**Snorkeling and Scuba Diving classes**

LFHS also has a competitive swim club for age group swimmers:

**Scout Aquatics Swim Club**

Complete information can be found at [www.lfhs.org](http://www.lfhs.org) by selecting the *Athletics* tab, then *Community Sports*, then *Swim Program* and follow the links of interest. Class information can be found on the Current Brochure link. The Swim Club information can be found online as well.

### Music Department

#### Friday Night Fanfare

The Music Department and Applause congratulate sophomore, **Jeffrey Sabol**, winner of the Friday Night Fanfare Composition Competition. Jeff composed a fanfare that will be performed by the band at all of the Friday Night home football games in October. He will also receive a \$100 honorarium.

#### First Friday Recital Series

The Music Department will hold a series of student recitals during lunch periods this year. Please join us to hear the outstanding musical talent in our school. Locations are TBA.

*October 3, 5th period*

*November 7, 4th period*

*December 5, periods 4,5,6*

*January 9, 5th period*

*February 6, 6th period*

*March 6, 4th period*

*May 8, 5th period*

*June 5, 4th period*

#### Date Change!

**The November 4 band concert has been moved to November 6!**

### Student Services - Counseling

#### First Quarter Grades

The First Quarter ends **October 31**. Faculty will file grades by November 3rd and Report Cards should be received in the home during the following week.

#### Dropping A Class

Student may drop a semester course without penalty by **November 26**. If a student drops a fifth course, the student, including seniors, will be assigned to a study hall. For additional information, please see your counselor.

#### Pass/No Pass Option

This option is extended to seniors (only) who are enrolled in 5 or 6 subjects in addition to Wellness. Seniors may select one course as Pass/No Pass. This course must be determined before **November 14, 2008** and once selected the student may not change the option to another course. The student may reverse the option in order to receive a letter grade with written notification of reversal made within one week of receipt of report cards. If the Pass/No Pass option is used, the student will receive a letter grade on the report card and a "P" or "NP" will appear on the transcript. For additional information, see your counselor.

#### Early Graduation

Special consideration is given to students who wish to graduate prior to completion of eight semesters at Lake Forest High School. After seven semesters, if all requirements listed are met by the end of the seventh semester, consideration will be given for graduation at this time. Approval in writing must be obtained from parents and the counselor. Students must complete the form detailing rationale for the request. The **Deadline for such application is December 12, 2008**. Counselors will provide an update of the student's credits and the feasibility of early graduation.

#### Seniors: PSAE Grade 12 Re-take

Students who have signed up for the PSAE Grade 12 Re-take with Mrs. Andersson will be taking the the following exams:

**The ACT  
Saturday, October 25**

**The PSAE  
Tuesday, October 28**

The PSAE will begin at 7:50 am.

Remember, both exams must be re-taken for these new test scores to be considered. You will be contacted with your room assignment for October 28.



The varsity field hockey team is serious about reclaiming the state championship! Come out and cheer them on!

### Testing Calendar for ACT/SAT

can be found on-line at [www.lfhs.org](http://www.lfhs.org) by navigating the following links:

**Student Services/  
Testing-Links/  
2008/2009 Testing  
Calendar**



### College and Career Resource Center/ Testing Materials

Due to construction at the high school standardized testing has been limited during the 2008-09 school year. SAT and ACT registration materials are available in the College and Career Resource Center. Students can also register online at:

ACT  
[www.act.org](http://www.act.org)  
SAT  
[www.collegeboard.com](http://www.collegeboard.com)

### Student Services - Counseling

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#### ACT Online Prep

ACT Online Prep The Illinois State Board of Education is providing ACT Online Prep (Free) to all school districts through 5-31-09.

This program helps students prepare for taking the ACT by providing a preliminary diagnostic test and personalized study path to help students focus their preparation time. It also includes a comprehensive content review for the required English, Math, Reading, and Science tests.

Students will be able to take (2) practice tests with questions taken from retired ACT tests. This program can be accessed anywhere, anytime via the Internet. Pick up your user name and password in the College Resource Center. Details are posted on the web.

#### PSAT/PLAN Testing For Sophomores and Juniors

**Wednesday, October 15, 2008** – is a regular day of attendance for freshmen, sophomores and juniors. During this morning, all sophomores and juniors will be taking the PLAN and PSAT/NMSQT tests respectively. Freshmen will participate in a Freshmen Orientation II morning of activities. Buses will run their normal schedules. All morning activities will begin promptly at 7:50 AM.

#### Sophomores: PLAN Testing

The PLAN exam is a practice ACT test that provides achievement scores and assessments of study skills and career information. Room assignments for this testing will be posted in the main front hallway prior to and on the test day. All sophomore students are expected to take this exam on Wednesday, October 15, 2008 at 7:50 AM.

#### Juniors: PSAT/NMSQT Testing

The Preliminary SAT/ National Merit Scholarship qualifying test will be administered to all juniors on **Wednesday, October 15, 2008** at 7:50 AM. Room assignments for this testing will be posted in the main front hallway prior to and on the testing day. Juniors take this exam as a practice for the SAT test and it is used as criteria for selecting National Merit Semifinalists.

#### Freshmen: Orientation II Activities

The Student Services Department will offer freshmen a variety of activities and educational sessions during the morning's testing.

#### Seniors: Morning Non-Attendance

Seniors are excused from morning activities. Seniors will be expected to report to school on time this day (11:30 AM). Early Bird PE classes will not meet on this day. EB Science classes will meet first period only.

#### The school day for seniors begins at 11:30 AM

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Time	Period
11:30-11:51am	4
11:56-12:17 pm	5
12:22-12:43 pm	6
12:48-1:09 pm	7
1:14-1:35 pm	8
1:40-2:01 pm	1
2:06-2:27 pm	2

### Student Services - College Counseling

#### Transcripts

Effective July 1, 2003, the Board of Education approved the initiation of fees in the Transcript Office. After the eighth College Application process (the first 8 are no charge), a fee of \$11.00 is required for each additional request. Transcripts alone, either official or unofficial, are processed for \$3.00 each. Checks should be made payable to Lake Forest High School.

For your convenience, we have placed a Request for Transcript form on our web site. Go to [www.lfhs.org](http://www.lfhs.org), click on Student Services (right margin). There you will find the "Transcript Requests" which you can print, complete and attach to the application you wish processed. Remember that college applications processed through LFHS must be filled out completely.

A Request for Transcript form must be completed in order for your official transcript to be forwarded.

Please turn your paperwork into the Transcript Office (Ms. Hall) Room 103, Phone No. 847-582-7365. The Transcript office is open from 7:30am to 3:30pm. Allow at least 10 school days prior to college admission deadline for processing all paper work.

#### Naviance/Testing Overview- "What Naviance Can Do For You!"

**Tuesday, October 7, 2008**  
**7:00 pm**  
**RMA**

Parents and Juniors are encouraged to attend this informational session on junior year standardized testing and find out about Naviance. Naviance provides a college search, college admissions data, and will provide your son/daughter a realistic way to compare grades and test scores with previous graduates and the colleges and universities they are now attending. Don't miss this important program!



Pictured above: Scholastic Bowl members at a meeting last year.

### Student Services - Student Clubs

#### Forest Trails Yearbook

Forest Trails Yearbook staff will be accepting digital images via email for consideration for publication in the 2008-2009 yearbook.

Please consider sending prom shots, summer vacations, sports or just photos of hanging out (we love candid photos!) for next year's book. Only submissions that correctly label each individual in the shot (excluding large groups), briefly describe the event, and are appropriate per LFHS guidelines will be considered.

Not all photos that are submitted will be used. Please submit your photos as an attachment and email them to [yearbook@d115.org](mailto:yearbook@d115.org).

Please direct questions to Mrs. Christofylakis  
[echrist@d115.org](mailto:echrist@d115.org)

#### The LFHS Scholastic Bowl

The LFHS Scholastic Bowl team meets on Wednesdays after school (3:20pm - 4:45pm) in room 275. Students in grades 9 - 12 who are clever in a variety of academic areas are welcome to come to any practice and see if they would like to join. Scholastic Bowl is an IHSA-sanctioned event where teams of students from area schools compete in a quiz bowl format. (Think of the big math team competition in the movie "Mean Girls" ... sort of like that, only not just math and WAY cooler!) We are currently practicing weekly, and our first meet will be scheduled for early November. Nearly all meets are held on Wednesdays, with some optional Saturday competitions as well. The faculty sponsors are Mr. Kuhl (social studies) and Mrs. Lemke (math). Feel free to email them with any further questions. emails: [mkuhl@d115.org](mailto:mkuhl@d115.org) and [alemke@d115.org](mailto:alemke@d115.org).

### CROYA

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CROYA's Student Union has been open for drop-in and weekend hours for a few months now. We have really enjoyed the response from the kids and the community. To check hours or rental availability, please check our website [www.croya.com](http://www.croya.com). The Student Union is open specifically for high school students Saturday nights from 8:00 pm - 10:30 pm. If you have any questions about CROYA programs or CROYA in general, please contact Chris at [torrancc@cityoflakeforest.com](mailto:torrancc@cityoflakeforest.com) or 847-615-4305.

### The Business and Investment Club

The Business and Investment Club was started last year for students interested in learning about different aspects of business through in-depth discussion, research, playing the virtual stock exchange game, and presentations. Business leaders from the community, who donate their time to come and speak with the club, provide insight into business challenges and practices and discuss possible careers. The Club tries to meet on a weekly basis. Notification of the initial 2008-2009 meeting, as for all of LFHS's clubs, are done through the PA announcements and bulletin board posters.

### Student Services - Student Clubs

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#### Red Ribbon Week 2008

October 23 through November 1 marks the 2008 Red Ribbon Week. It is an ideal way for people and communities to unite and take a visible stand against substance abuse.

The Red Ribbon Campaign was started when drug traffickers in Mexico City murdered DEA agent Kiki Camarena in 1985. This began the continuing tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs. The mission of the Red Ribbon Campaign is to present a unified and visible commitment towards the creation of a DRUG-FREE AMERICA.

Lake Forest High School's SADD group will work alongside FOCUS and LEAD to promote the Red Ribbon message throughout the week. Remember that parents have major influence over their children's decisions to engage in risky behavior, so please take this as an opportunity to talk to your kids about drugs and alcohol. Families can also show their support by displaying red ribbons on their front door or participating in the first annual Red Ribbon Race on Nov. 1. Contact LEAD for more information.

#### New this Year!

##### Xtraordinaire

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This year there are two fine arts clubs with a service component that are available to all LFHS students:

Xtraordinaire is a new performing group open to students who want to work hard, play hard and perform contemporary high-energy music and choreography. This club is designed to offer a performance opportunity that is fun and of high quality but does not require an extensive time commitment. Xtraordinaire is planning to have two numbers, accompanied by a live band, ready for an October 29 concert. Rehearsals are on Sundays. To sign up, E-mail or stop in and see Kathy O'Hara in the Student Service Office or Mr. Haskett in the LFHS chorus room.

##### Orchesis Dance Club

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The Orchesis Dance Club is starting its second year. All students interested in dance are invited to join. Orchesis will meet on Mondays and Thursdays in the gym at Sheridan School which is located one block east of the high school on the corner of Spruce and Sheridan Roads. Times are from 3:30pm to 5:30pm. Ms. Annie Snow, who has a degree in dance from Hope College and was active in Libertyville's dance club, will be the advisor and choreographer. For additional information, contact Kathy O'Hara at [kohara@d115.org](mailto:kohara@d115.org).

### Student Services - Service Opportunities

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#### Thank you

Thank you to sophomore **Carson Goldman** who, after reading in the local paper about the current financial problems at PADS Crisis Services, took the initiative to ask his neighbors in Villa Turicum for help. Carson sent each neighbor a request letter in a "brown bag" envelope and enclosed copies of the newspaper articles regarding PADS. Within a few weeks, Carson collected over \$1,500 in donations. In addition to the much needed cash, Carson also made and delivered 200 brown bag lunches for PADS patrons during the course of the summer.

#### Environmental Camp

The new Science classroom at ELAWA Farm was the site of a summer environmental camp sponsored by LFHS and run by LFHS science teacher **Jim Sullivan**. Thirteen middle school students from Lake Forest and Lake Bluff participated in the week-long camp which utilized Elawa's natural resources to study the prairie environment. High School students **Andrew Meland** and **Lily Chang** served as counselors for the camp. Lily also designed the camp T-shirt together with sophomore **Kelsey Stoll**.

### Student Services - Service Opportunities

#### Year Abroad Opportunity

The Lake Forest/Lake Bluff Rotary Club is offering to LFHS students the opportunity to spend a year abroad as a foreign exchange student. This is a cultural and academic exchange that lasts for an entire school year. The Rotary Foreign Exchange Program operates in forty countries. Students indicate on their application which countries interest them the most. Rotary provides the host families and schools, a monthly allowance, and other cultural opportunities. Cost to the student includes airfare to host country, insurance, and spending money. Students must be between the ages of 16 and 18 1/2 at the beginning of their program. This allows students who may want to pursue a "gap year" between high school and college to apply. **October 24 is the deadline** for the 2009-2010 school year. For more information, please contact Kathy O'Hara at [kohara@d115.org](mailto:kohara@d115.org). LFHS is currently hosting two students from the Rotary Exchange Program: **Laura Gomez** from Columbia and **Maxime DeGuin** from France.

#### Welcome New Staff/Faculty!



Back Row:  
Jim Behgling,  
Math, David  
Beedy, Science,  
Dan Maigler,  
Social Worker,  
Benjamin Zollo,  
Social Studies  
Front Row: Pam  
Oommen, Tiffany  
Sanders, Lisa  
Huffman, Social  
Worker, Mimi  
Saks, Laura Grigg,  
Librarian Not  
Pictured: Carolyn  
Reinglass, English

### New Guidelines this Year!

All LFHS organizations are encouraged to promote their fundraisers on [www.lfhs.org](http://www.lfhs.org).

Please check out the "Fundraiser" page for more information!

This year we are asking those of you involved in fundraising activities to follow these guidelines:

1. No lobby sales until October--when sites will be determined.
2. No group can have more than 3 sales per month. Tuesdays are reserved for pom/cheer sales. No sales on Friday.
3. Forms must be completed for all fundraising either by submitting an on-line form or by printing the form for submission for either (Lobby Sales) and/or (General Sales).

All sports teams conducting a fundraising activity or anyone using athletic facilities at either campus should submit forms to **Char Ash**. Any other fundraising forms are to be submitted to **Kathy O'Hara**.

Once approval has been given for general/lobby fundraising activities, you will be e-mailed a confirmation with a request to send a flyer and/or information that can be used to promote the fundraiser. Shortly thereafter, the flyer/information will be posted on [www.lfhs.org](http://www.lfhs.org) under the "Fundraising" tab and on Edline. Master fundraising schedules will also be updated and posted for your reference.

### Student Services - Health Services

#### CPR-First Aid

On August 19, Nurse Diane Bower held a CPR/AED and First Aid class for 17 members of the Little Scouts faculty and staff. Little Scouts have a new home at LFHS West Campus. CPR/AED is required of all staff working at Little Scouts. Special attention was given to infant CPR and First Aid. Little Scouts Day Care is now able to accommodate more infants than at their previous location.



**At the time of this newsletter the following Fundraisers in October have been approved and posted on the website.**

Citrus Sale  
NHS lollipop sales  
Cheer Clinic  
LFHS Foundation  
"Shop Your Cause"  
Be True to your School  
LFHS Hockey Association  
Christmas Tree Sale

**Please find all the details at [www.lfhs.org](http://www.lfhs.org)!**

**Fundraiser information can be found at the new [www.lfhs.org](http://www.lfhs.org) under "News & Calendars."**

### APT Meetings

APT meetings will be held on the following dates:

**October 8**  
(West Campus)

**November 5**

**December 3 - Offsite**

**January 7**

**February 4**

**March 11**

**April 8 - West Campus**

**May 20 - Offsite**

Unless noted otherwise, APT meetings will be held at **LFHS East Campus**.

All parents are welcome to attend.

### LFHS Liaison Committee Meeting Dates for 2008-2009

All are welcome to join us for meetings on Oct. 14, Dec. 1, Feb. 23, and April 20. All meetings are held at 9:00 am in Seminar B at West Campus. Please come to enjoy quarterly updates from our school administration, visits from school faculty, and discussion with community members about topics relevant to LFHS. Our mission is to provide a forum to communicate LFHS related information to our feeder schools and the communities of Lake Forest, Lake Bluff, and Knollwood. In addition, we strive to provide a forum for member constituents and guests to discuss issues with members of the LFHS staff and administration. Coffee will be served.

### APT

#### 2008-2009 APT Grants

The Lake Forest High School APT is happy to announce that the 2008-2009 APT Grant Program is available to individual students as well as all faculty, staff, groups and organizations. The APT Grants recognize those students, faculty and organizations whose enthusiasm for growth serves to enhance the student life at Lake Forest High School. Through the funding of leadership training, camps, seminars, summer programs, enrichment materials and guest speakers, the APT seeks to encourage experiences that will benefit the person or group involved as they relate to LFHS.

The grants are funded through the LFHS APT. The application and instructions are available online at [www.lfhs.org](http://www.lfhs.org). You may print the application and mail it to the address below or complete it and email it to [jhtelander@aol.com](mailto:jhtelander@aol.com). The guidelines, grant amounts and instructions are included with the application. Disbursement of funds will be arranged upon completion of the activity and all required follow-up letters. If there are any special disbursement needs, please note these on the application. All students applying for a grant MUST have a faculty sponsor sign the application. The deadline for applications is May 1, 2009.

Any questions, please contact Judy Telander, LFHS APT Grant Chair, 524 Illinois Road, Lake Forest or 847-234-0828.

### Applause

#### Your support is vital to our continued success!

It's time to renew or initiate your Applause membership for the 2008-2009 school year.

For those LFHS Music families and friends of the music department who have received the fall membership mailing, remember that your donation will have an impact on our success. As you may know, Applause is the booster organization for the Lake Forest High School music programs. The organization, comprised of parents, alumni, friends, and supporters, helps generate funds to provide additional support for the music directors throughout the year. It takes an active role in promoting student recognition through publicity, awards, and scholarships; assisting with the Honors Competition; coordinating the **Spaghetti Dinner**; assisting with the **Citrus Sale**; managing band and orchestra concert attire; and coordinating ushers, receptions, and decorations for musical concerts. Funds raised have been used to hire sectional coaches and underwrite master classes, to offer summer music scholarships and Senior College Scholarships for Excellence in Music, and have been contributed toward the purchase of equipment. Applause meeting dates are listed on our website; we encourage you to visit the website at [www.lfhsapplause.org](http://www.lfhsapplause.org) and link onto Applause for updates.

The success of these Applause programs depends on the generous individuals and organizations that are committed to helping Lake Forest High School students continue to pursue the joy of musical achievement. Please consider joining or renewing your tax deductible membership with Applause. Your participation is crucial to our success.

**Membership forms can be downloaded on the Applause website at:**  
[http://www.lfhsapplause.org/PDFs/membership\\_form.pdf](http://www.lfhsapplause.org/PDFs/membership_form.pdf)

#### Save the Date!

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Applause in Conjunction with the LFHS Music Department will present the:

#### Annual Holiday Concert and Spaghetti Dinner Sunday, December 14, 2008.

Please mark this date on your calendars NOW and plan to attend. Volunteers are needed to assist with the Spaghetti Dinner in the areas of:

Cleanup, Setup, Decorations, Ticketing, Raffle

Applause needs volunteers to make this event success! If you are able to assist Applause as a volunteer with the Spaghetti Dinner, please contact either Spaghetti Dinner chairperson, **Tammy Bryan** at 847- 644-4437 or [Tbyrdbryan@aol.com](mailto:Tbyrdbryan@aol.com) or co-chair **Robin Rottman** at 847- 735-8511 or [Robin6164@aol.com](mailto:Robin6164@aol.com).

## Parent Opportunities

### Applause



### You Don't have to be a Kid to Sing!

If you enjoy singing, then the Glee club is for you, student or not. The LFHS Glee Club is comprised of LFHS students, parents of LFHS students, community members, and teachers who enjoy singing and performing. Rehearsals are fun and paced. They are held on Tuesday mornings from 7-7:45 am in the new Choir Room, Room 83, beginning September 23. It's a great way to begin your Tuesday mornings. We also perform at the October, December, March, and May Choral Concerts in the Raymond Moore Auditorium. Come and join us for a cup of coffee and a high-energy rehearsal. See you at Glee Club! Call or email Tim Haskett, Director of Choral Activities, for more information: 847-582-7389 or [thasket@d115.org](mailto:thasket@d115.org).

### There Is No Business Like Show Business...

The LFHS Choral Program is starting a show choir, Xtraordinaire. Any LFHS student can join. Rehearsals will take place on Sunday evenings from 6-8 pm, beginning September 21 in the LFHS Choir Room, Room 83. Please use the back entrance to the choral room when coming to the rehearsal. The Xtraordinaire Show Choir will be performing at the October, March and May LFHS Choral Concerts. Ms. Ann Cvitkovic, LBMS Choral Director and Nicholas Parker Janssen will be directing; Tim Haskett, LFHS Director of Choral Activities will be the faculty advisor. Call or email Tim Haskett, Director of Choral Activities, if you have any questions: 847-582-7389 or [thasket@d115.org](mailto:thasket@d115.org).

### Applause Facilitates Music Department Logo

As part of the Applause spring 2008 grant initiative, wind ensemble student **Gerard Warren** submitted a grant to launch a LFHS Music Department Logo Contest, open to all students in the LFHS community, in order to solicit a representational design for the LFHS music Department. The purpose of developing a logo, via the student logo contest, was to both assist with establishing a special status for the music department within the school as well as to strategically build prestige for the music department within the LFHS community.

The winning design, submitted by art student **Kelly Christensen**, Class of 2008, will be unveiled shortly by the LFHS music Department.

### Applause Volunteers Needed!

We welcome support from volunteers. For projects large and small, we could always use an extra helping hand. If you are interested in joining in, contact:

**Sally Pickell**  
847-234-6509  
[swpickell@sbcglobal.net](mailto:swpickell@sbcglobal.net)

### Applause Hosts Back to Band Night Cook Out

On September 2, 2008 Applause hosted a cook out to welcome all band students who attended the initial BACK TO BAND NIGHT session with Director of Bands Janene Kessler. Band students had the opportunity to eat, socialize, and even engage in some enthusiastic Frisbee tossing on the field before settling down to a night of serious practicing as a whole group as well as in sectionals. Applause grill masters for the event were Randy Pickell and Scott Meland; event volunteers included Sally Pickell, Rita Meland, and Karin Loiacano.



L to R: Charlie McKiel, Kevin McCotter, band student, Eric Leventhal, Kelly Trodler, Alyssa Loiacano, Gerard Warren



Congratulations to Kelly Christensen for the winning logo design!

### Citrus Sale!

The popular annual Citrus Sale is back! Support the Band & Orchestra students in this fundraiser to raise money for their spring trip to Italy in 2009. Orders can be made on-line at [www.fruitorder.com](http://www.fruitorder.com) by using organization ID #346351 and giving credit to the student of your choice. Questions can be directed to Jennifer Leventhal at 847-735-0703 or [jenn@centineltravel.com](mailto:jenn@centineltravel.com) or Cecile Wong at 847-574-9782 or [thenorthshoregang@comcast.net](mailto:thenorthshoregang@comcast.net).



## Parent Opportunities

### Booster Club Contacts

**Tom Cox**  
**President**  
tomc@senecapartners.com

**Diane Quon**  
**Vice President**  
dmquon@aol.com

**Karin Loiacano**  
**Secretary**  
KLbookbiz@aol.com

**Gayle Sullivan**  
**Treasurer**  
sully6@execpc.com

**Membership**  
**Bryan Torcivia**  
blamte@aol.com

**Dave Moore**  
dave.moore@rhd.com

**Jamie Vandenberg**  
jamievd@yahoo.com

**Carolyn Geldermann**  
carolyn@geldermann.com



**Gayle Sullivan**  
Booster Club/  
Concessions  
gayle@realtyval.com

### Booster Club

#### Attention all Parents of Lake Forest High School students:

We hope you are enjoying the last days of summer break as we are preparing for the fall sports season. No doubt many of your sons and daughters are already participating in workout programs to get ready for this year's competition.

Whether you are new to LFHS sports or have been a longtime Scouts fan, we invite you to show your support by joining the LFHS Booster Club. The Booster Club is a parent-run organization that promotes and supports the LFHS's full range of athletic programs. Through member contributions and the efforts of hundreds of volunteers, the Booster Club sponsors a wide variety of activities designed to enhance the success of the High School's athletic teams.

#### There are two levels of Booster Club membership:

- **Super Scout (\$125)** – Includes a Family Pass for admission to all Lake Forest High School athletic events, including all home football and basketball games (but excluding state tournaments and playoffs, for which fees are charges under the auspices of the IHSA), a magnetic Scouts Sports Schedule, a Scouts spirit car sticker, and a periodic newsletter with updates and highlights on LFHS teams and players.

- **Sponsor (\$50)** – Sponsors receive a Scouts spirit car sticker along with the periodic newsletter.

Please take a moment to complete the membership form which can be downloaded from [www.lfhs.org/parents/booster.html](http://www.lfhs.org/parents/booster.html) and return it, with your tax-deductible donation.

Thank you for your generous support. We wish your children the best of luck in the coming school year.

#### Show Your Spirit!

##### Shop the Booster Boutique.

The Boutique is now open every Thursday and Friday from 10:40 am -1:20 pm.


Please come visit and see what's new for your Scout!

#### We also hope you will stop by during Open House on October 1.

In addition, look for our tent at the Homecoming Game on October 17. We will be located next to concessions. See you there!

The Booster Boutique  
Location:

**LFHS**  
**Lower Level - room 5A**  
**847-582-7400 x 5388 (v.m.)**

 <b>SCOUTS</b>		
LFHS Booster Club		Sign me up!
_____ Last Name	_____ Dad	_____ Mom
_____ Address	Lake Bluff Lake Forest	_____ E-Mail Address (important)
<input type="checkbox"/> Sponsor	\$50 & up	
<input type="checkbox"/> <b>Super Scout</b>	<b>\$125 &amp; up</b>	
<small>Super Scout includes Family Pass for admission to most LFHS athletic events, including all home football &amp; basketball games.</small>		
5/08	<b>Tax deductible check payable to: LFHS BOOSTER CLUB</b>	

## Parent Opportunities

### Booster Club

#### First Football Game “Under the Lights” at Varsity Field

On August 29, 2008, on a beautiful night and under clear skies, the LFHS football team played their first night football game on a brightly lit Varsity Field at the West Campus. This was the first of many night games “under the lights.” It was through the efforts of a dedicated group of volunteers from the LFHS Booster Club, and the generous donations of parents, community members and organizations, as well as local businesses, that our school was able to purchase these energy efficient and technologically innovative lights. Now the Varsity Field can be used in the evening not only for football games, but also for boys and girls soccer, and boy’s lacrosse. The band, poms and cheerleaders will also perform there, all and all over 500 students each year- not to mention many spectators and community members who enjoy attending these events!

The “Let There Be Lights Committee” was formed in 2007 by the LFHS Booster Club to raise the funds needed for this substantial investment. A dedicated committee, under the direction of Judy Telander raised over \$118,000, and the Booster Club donated the remainder of the needed funds. All donors and volunteers were recognized at the game by wearing the sticker “I Brought the Lights.” There were various levels of donations enabling all to contribute to this great endeavor, over 170 families. A plaque has been installed by the concession stand at the West Campus to recognize those donating amounts greater than \$1000. A complete list of the donors is posted on the school website, [www.LFHS.org](http://www.LFHS.org).

To recognize the support of the donors who made significant contributions to the campaign, the “Hall of Fame,” “All-American,” “All-Star,” and “MVP” donors were invited to a tailgate party before the game. Over 32 families and 100 attendees were served dinner at the picnic style party, with a deliciously catered meal. The “Hall of Fame” and “All-American” donors along with the District 115 Superintendent Dr. Harry Griffith, School Board President Sharon Golan, Principal Jay Hoffmann, Athletic Director Tim Burkhalter, the Booster Club President Tom Cox, and the “Let There Be Light” committee members then stepped onto the field prior to the start of the Varsity game and were formally recognized and thanked.

The dedicated effort and financial support of our parents, community members and volunteers helped make this exciting vision become a reality for our community.

**Please join us for next Varsity Football Game “Under the Lights” at West Athletic Campus on Friday, October 10.**



## Parent Opportunities

### LFHS Foundation Board Members 2008-2009

Kim Munoz  
President  
Cheryl Killam  
Secretary  
Debbie Marcusson  
Treasurer

#### Board Members

Sergio Amato  
Patty Charhut  
Lisa Dietrich  
Anne Durot  
Linda Ganshirt  
Jennifer Graham  
Janet Hughes  
Joy Murawski  
Tim Newman  
Jan Richman  
June Sharman  
Tim Szerlong

#### Honorary Members

Ron Bernardi  
Jerry Claeys  
Tracy Hill  
Luke Knecht  
Anne McNulty  
Allison Pasquesi  
Mark Saran  
Marge Sorensen

#### Board of Education Representative

Jim Carey

#### Administration Liaison

Mary Kay Koerner

#### Ex-Officio Member

Dr. Harry Griffith

### LFHS Foundation



## The LFHS FOUNDATION invites you to...

"SHOP YOUR CAUSE" at the Lake Forest Shop

The Lake Forest Shop and the Lake Forest High School Foundation invite you to join us for the opening night of "SHOP YOUR CAUSE"

**Wednesday, October 1**  
**5:30 pm - 7:30 pm.**

Bring a friend and experience an exciting night of fun and fashion with special trunk shows, gift drawings, refreshments, goodie bags and our wild and wacky "What to Wear; What not to Wear" fashion show.

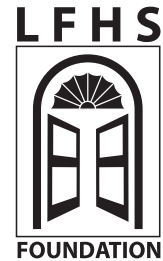
Shop anytime between October 1 - 10 and The Lake Forest Shop will donate 10% of your purchase to the LFHS Foundation. Proceeds from this event will be used to fund grants that enrich the learning opportunities for LFHS students, staff and community.

If you can't join us on October 1, please come on Wednesday, October 8 ... a special shopping day dedicated to the LFHS Foundation.

The Lake Forest Shop  
265 East Market Square  
Shop Hours:  
Monday-Saturday 9:30 am - 5:30 pm.

**Thanks to our donors  
for their support. A  
complete donor list  
can be found at:  
[www.lfhsfoundation.org](http://www.lfhsfoundation.org)**

**Support the LFHS  
Foundation by  
downloading a  
donation form from  
[www.lfhsfoundation.org](http://www.lfhsfoundation.org)  
under "Contribute."**



## The LFHS Foundation: We're on the Go!

The Lake Forest High School Foundation is out and about in an effort to let you know all about our organization!

Look for our table at our home football games and at Curriculum Night October 1. We will also be at the freshman parent meeting on September 25. We want to share with you how we're opening doors to student excellence!

**Please read about our  
2007-2008 grant  
awards at our website:  
[lfhsfoundation.org](http://lfhsfoundation.org).**

We look forward to seeing you soon!

Don't forget to stop by the Lake Forest Shop between October 1 and October 10 and specify the LFHS Foundation when you make your purchase. The Lake Forest Shop will donate 10% of your purchase amount to the LFHS Foundation!

LFHS LAKE FOREST HIGH SCHOOL FOUNDATION		
"Our mission is to acquire and distribute resources to enrich learning opportunities for LFHS students, staff and community."		
<b>Donation Form</b>		
We wish to make a tax-deductible donation to the LFHS Foundation		
Family Name _____	Address _____	
Phone _____	Email address _____	
Please consider contributing your family's "fair share": \$115 per child attending LFHS		
<input type="checkbox"/> Summa Cum Laude - \$10,000 + above	<input type="checkbox"/> High Honors - \$1,000 + above	<input type="checkbox"/> Friend - \$100 + above
<input type="checkbox"/> Magna Cum Laude - \$5,000 + above	<input type="checkbox"/> Honors - \$500 + above	<input type="checkbox"/> Other - \$ _____
<input type="checkbox"/> Valedictorian - \$2,500 + above	<input type="checkbox"/> All Academic - \$250 + above	
Total Donation \$ _____		
Name _____ Please print your name as you wish it to appear on our donor list.		
<input type="checkbox"/> I wish to make an anonymous gift.		
<input type="checkbox"/> My employer _____ matches charitable donations. Please contact me to coordinate.		
<input type="checkbox"/> My employer does not match charitable donations.		
Please return or mail this form with your gift to: LFHS Foundation, 1385 N. McKinley Road, Lake Forest, Illinois 60045		
Payment Type <input type="checkbox"/> Check <input type="checkbox"/> Visa <input type="checkbox"/> MC	Card Number and Expiration Date _____	
Date _____ Name as it appears on your card _____		
<small>*Thank You: The Lake Forest High School Foundation appreciates your gift. Please visit our website at <a href="http://www.lfhsfoundation.org">www.lfhsfoundation.org</a> for account information. Gifts from individuals, including the donors, receiving gifts, donors and corporations are all made only as authorized by the Foundation or any other. All contributions are only the individual's personal or business funds. © 2008 LFHS Foundation. All rights reserved.</small>		

### LFHS Foundation

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## Now's Your Opportunity to Help Open Doors to Student Excellence

### Have you considered an investment in the Lake Forest High School Foundation?

The Foundation provides the financing to support the creative capital of our teachers, administrators and community at large. Whether a teacher is expanding his/her delivery methods for algebraic concepts or providing a 3 dimensional view of a student's latest architectural design, the Foundation is there to make the educational experience of the student that much more powerful. The T Nspire calculators and the Zcorp Model 310 Plus printer represent only a few of the tools that the Foundation has provided to strengthen the educator's message. As always, the teacher's ability to make a concept clear to students is the goal of a top-quality education. The grants awarded by the Foundation serve to advance this goal.

As you look at the past six years of the Foundation at work, you see the impact in education enrichment in the areas of technology and those curricula best supported by advanced electronics. In many cases, the Foundation's support was the difference between offering a program or not. Select course offerings suited for our student demographic keep us at a level expected for a top-echelon high school. What is important to note is that the technology grants have assisted the work of students in many curricular areas: wellness, drama, social studies and music.

The Foundation does not play favorites: yearly we consider an array of new requests from LFHS educators. These requests cross every curricular area: Special Education, Science, English, Social Studies, World Language, Mathematics as well as the technology (hardware and software) to make instruction delivery models current, interactive and most importantly, effective. We make every effort to provide educators what they need to make a difference in the classroom.

As parents, we want our children to reach THEIR potential. We believe it is critical they see their own potential and meet their challenges head on. Lake Forest High School strives to offer these opportunities for every student, regardless of his/her post secondary plans. The Foundation is an integral part in ensuring our teachers have the tools to help students succeed in every way.

Since 2002, the Foundation has accepted this responsibility. It is no different today: we ask that you consider the goals you have for your children and then consider donating to the only organization supporting the academic careers of all students. You may download a donation form for the Lake Forest High School Foundation at [www.lfhsfoundation.org](http://www.lfhsfoundation.org) under "**Contribute.**"

### Dad's Club

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## Our Mission

The Lake Forest High School Dads' Club is a support group formed specifically for LFHS fathers to offer a meeting forum once a month during the school semester. The group will share the experiences and challenges of guiding high school teenagers, learn about LFHS plans and activities, and gain a better understanding of relevant issues concerning teenagers as they approach adulthood.

The 2008/2009 Dad's club is looking for fathers who want first-hand knowledge of what is going on in their teen's life and what is happening at LFHS. This is the ideal solution for dads who can't make the school sponsored speakers during the work week.

## Meeting October 4, 2008

Guest Speaker:  
Dr. Harry Griffith

Northern Trust Bank  
Lower Ground Floor  
959 S. Waukegan Road  
Lake Forest

**October 4, 2008**  
**8:30 am - 10:00 am**

To find out more, contact  
**Mitchell Schwarzbach**  
at e-mail  
[m-schwarzbach@comcast.net](mailto:m-schwarzbach@comcast.net)

Kevin Neville at e-mail  
[Kevinneville@aol.com](mailto:Kevinneville@aol.com)



### APS - Association of Parent & Staff

#### Fact Or Fiction?

1. Your child with an IEP needs a Transition Plan even if he/she is going on to college.
2. Employment planning is for every student with an IEP regardless of when they begin working.
3. Students with the most severe disabilities need to set post high school goals.
4. Transition Planning begins at age 14 ½.

#### All of these statements are fact.

Once again, **Visions** is being held to provide a basic, yet comprehensive overview of what every parent of a student, age 14 ½ and older with an IEP, needs to know about Transition Planning. Transition Planning is a process designed to identify students goals for life after high school (school, work, or both) and steps necessary to meet those goals.

- |           |         |  |
|-----------|---------|--|
| Session 1 | Oct. 2  | Transition Overview; Self-Determination  |
| Session 2 | Oct. 16 | Visions for Post High School Learning  |
| Session 3 | Nov. 6  | Visions for Employment   |
| Session 4 | Nov. 20 | Visions for Adult Living<br>Writing the Transition Plan: Putting It All Together |

All sessions will be from 7:00 – 9:00 pm at Deerfield High School, 1959 North Waukegan Road, Deerfield, IL

**Pre-registration is required by September 30.** Space is limited. There is no fee for this program. Attendance at all sessions is strongly encouraged for middle school and high school parents.

To register, email name, district, and phone number to:

[visions@nssed.org](mailto:visions@nssed.org) or call 847-831-5100 ext. 6104

Questions? Contact: Mary Beth DeFauw, NSSED Transition Coordinator [mdefauw@nssed.org](mailto:mdefauw@nssed.org); Julie Becker, Parent, [jabnb@aol.com](mailto:jabnb@aol.com); or Joan Martin, Parent, [joan6002@comcast.net](mailto:joan6002@comcast.net)

*Visions: Effective Transition Planning for Parents is jointly sponsored by the NSSED Parent & Educator Partnership (PEP) and the NSSED Transition Steering Committee. PEP participants include local Special Education Parent Groups and sponsoring School Districts.*

#### Case Managing Your Child's Life: Effective Tools for Parents

Northern Suburban Special Education District's Association of Parents and Staff presents "Case Managing Your Child's Life: Effective Tools for Parents" on Tuesday, October 21, 2008 from 9:30 – 11:30 a.m. at the New Trier Northfield Campus in Building C – Board Room C234, on the second floor, 7 Happ Road, Northfield, Illinois. Please park in the lot on the west side of Happ Road only. All other areas will be towed.

Parenting a child with special needs requires a set of skills and a toolbox that aren't necessarily acquired from on-the-job training with our other children. Join us for an engaging session on strategies for managing different aspects of your child's life: education, social relationships, recreation, vocational and community connections. Learn how to gain competency as your child's case manager at every stage of their life. Susan Hans serves as the Parent Mentor for the Northern Suburban Special Education District (NSSED) under a grant from the Illinois State Board of Education. In this role Susan provides educational and consultative services to both parents and staff around the IEP process. Susan is the parent of four children, two currently in the public school system with IEPs. She holds a BA from Northwestern University and is a trained mediator.

Space is limited. Please RSVP to Karen Noonan, NSSED Director of Programs and Support Services at 847-831-5100 extension 210 by October 17, 2008.

### LEAD Upcoming Events

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#### Keeping Adolescence Healthy: The Top 10 List

**Wednesday, October 1**

**7:30 -9:00 pm**

**Deer Path Middle School East**

Aaron White, PhD, professor from Duke University, will explore the issues facing today's kids and communities, including pressures teens cope with and how parents can help them.

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#### Sex in the Suburbs

**Tuesday, October 14**

**9:45 – 11:00 am**

**Gorton Community Center**

Pat Garrity, LCSW from the Lake County Health Department, reveals the latest trends in risky behavior among youth. Get the "411" on the hook-up culture so you can stay informed, deal with the issues and talk to your kids.

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#### LEAD Red Ribbon Race 5K Run and 2 Mile Walk

**Sunday November 2**

**9:00 am**

**Start, Elawa Farms, 1401 Middle Fork Road, Lake Forest.**

Please join the first annual LEAD RED RIBBON RACE. Enjoy post race food & music. All registered guests will receive a shirt & goody bag. Pre-Registration is \$25 for 5K and \$10 for Family Walk. Children 5 and under are free.

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#### LEAD's Parent-Connect Webinar Series

This series of 8 monthly online seminars, led by nationally known authors, experts and psychologists, begins October 6 with **Alcohol and High Risk Drinking, Special Focus: Brain Chemistry and Alcohol**. View sessions live from your personal computer and interact with the panel of experts. Or, log on later and view the archived recordings at your convenience.

The series continues November 3 with **Learning and Study Skills, Special Focus: ADD & ADHD**.

Registration required, visit [www.LEADweb.org](http://www.LEADweb.org).

For more information, visit [www.LEADweb.org](http://www.LEADweb.org), e-mail us at [LEAD9075@aol.com](mailto:LEAD9075@aol.com) or call LEAD at 847-295-9075.

### We depend on you!

If you would like to promote any school related news regarding an event, activity, fundraiser or student "kudos," please contact **Joy B. Murawski** at 847-582-7376 or e-mail [jmuraws@d115.org](mailto:jmuraws@d115.org) to submit your information. Pictures are also welcome and encouraged!



Photographs and videos of students and staff are taken throughout the year to be used for newsletters, newspapers, website and other District 115 publicity purposes. We film various events for local viewing on LF Cable TV. The videotapes and photographs shall not be used by the school district for commercial purposes or for monetary gain. If you do not want your child photographed for District 115 use, you must submit, in writing, a statement to Dr. Harry Griffith, Superintendent of Schools.

## Parent Opportunities

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### Welcome PALS Board Members for 2008-2009!

Chairman,  
**Pam Szerlong**

Treasurer/Membership,  
**Rita Connolly**

Secretary,  
**Debbie Stockert**

Production Coordinator,  
**Teresa Cappetta**

Volunteer Coordinator,  
**Karin Springer**

T-Shirt Coordinator,  
**Linda Bengé**

Dinner Chairs,  
**Karen Mardjetko**  
**Louise Brearton**

PALS Ads,  
**Sarah Yarger Kienzle**

Concessions,  
**Cecile Wong**

Publicity,  
**Cynthia Passalino**

ITS Banquet Chair,  
**Wendy Koch**

Faculty,  
**David Miller**  
**Brad Balonick**  
**Ben Davidson**  
**Kelly MacBlane**  
**Barb Papp**  
**Joe Pulio**

### PALS - Producers at Large

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Lake Forest High School's 2008-2009 theatre season is already underway, starting with the Senior-Directed One Acts performed on Friday, September 12. You and your student(s) won't want to miss any of this season's LFHS theatre performances!

### **PALS (Producers At Large) is the parent booster organization for the students and faculty involved in theatre at Lake Forest High School.**

The PALS Board supports the students, both on stage and off, who participate in the Junior/Senior Play, the Freshman/Sophomore Play and the Spring Musical. PALS provides many services such as dinners for cast & crew on the nights of dress rehearsals, sales of production t-shirts, publications of kudos to the students in the programs (PALS Ads), and sales of DVDs/Photo CDs for the students involved in each production. For each performance, PALS organizes parent volunteers to help with ticket distribution, concessions and ushering. PALS plans and coordinates the year end banquet for the students in partnership with the LFHS Chapter of the International Thespian Society (ITS).

All students involved in theatre - actors, student directors/producers and technical crew benefit from the services that PALS provides. In addition, PALS raises funds to secure items not funded by the school's budget. Over the years, PALS has contributed close to \$100,000 for equipment that is used in one or both of our performing spaces, the Raymond Moore Auditorium and the David Miller Theater. Our most recent contribution was toward the purchase of a cutting edge ION lighting control computer which is providing some wonderful educational opportunities for our tech crew. Every spring PALS partners with ITS to provide \$500 scholarships to worthy seniors who have made significant contributions to the LFHS theatre program. PALS is always open to new ideas to benefit students in theatre arts.

Support for PALS comes both through parent volunteer efforts and your financial contributions. This year's membership form was mailed recently or you may download a membership form from the LFHS website. Opportunities to become a member of PALS exist at many levels,

PATRON (Up to \$49), BENEFACTOR (\$50-\$99) and ANGEL (\$100 and up). Members will be acknowledged in our theatre programs throughout the year.

Whether you become a member of PALS or not – please show your support for our students involved in theatre by attending the shows!

**Everyone loves an audience!**

### Thoroughly Modern Millie - Annual Musical

Director **Kelly MacBlane** announces the selection of the annual musical: **Thoroughly Modern Millie**. MTI describes the musical as:

*Taking place in New York City in 1922, **Thoroughly Modern Millie** tells the story of young Millie Dillmount, who has just moved to the city in search of a new life for herself. It's a New York full of intrigue and jazz - a time when women were entering the workforce and the rules of love and social behavior were changing forever. Based on the popular movie, the stage version of **Thoroughly Modern Millie** includes a full score of new songs and bright dance numbers.*

Filled with frisky flappers, dashing leading men and a dragon-lady of a villainess audiences will love to hate, **Thoroughly Modern Millie** is a perfectly constructed evening of madcap merriment. And with the role of Millie Dillmount, musical theatre has found a new heroine for the ages in **Thoroughly Modern Millie**.

The musical won several Tony Awards. It was based on the earlier film of the same name, starring Julie Andrews and Carol Channing.

In addition to Ms. MacBlane, the production staff includes **Tim Haskett** as Vocal Director, **Robert Bassill** as Orchestra Director, **David Miller** as Co-Director/Producer, **Ben Davidson** as Technical Advisor, **Sandy Ragsdale** as Choreographer and several others.

**Auditions begin January 27 for the production April 30, May 1 and 2. More information will be available on the website and from the Directors later in the Fall.**

### A Thurber Carnival - Freshman/Sophomore Play

**A Thurber Carnival** by James Thurber will be performed in the David Miller Theatre **November 13-15** by freshman and sophomore actors under the direction of **Barbara Papp** with technical direction from **Brad Balonick** and **Stephanie Ashmore**. Thurber was a prolific short story writer and cartoonist who was featured extensively in *New Yorker Magazine* in the 30's and 40's. The "carnival" consists of 14 different scenes examining love, marriage, war, politics, imagination, and humor.

### Senior Directed One Acts:

ITS (International Thespian Society) would like to congratulate the directors, cast, and crew of this fall's Senior Directed One Acts. The Lake Forest Theater enjoyed a successful opening with the involvement of over 100 theater students in cast and crew that represented all classes, including our new freshmen. A special thanks to our talented and hardworking directors: **Vibhav Gupta, Jane Johnsen, Carter Petray, Megan Pratt, Andy Quinn, Danielle Springer, Mark Torcivia, Hannah Wang, and Kendall Wangman.**

Please join ITS in celebrating Lake Forest theater's other fall productions, **Picnic** October 23 and 25 and **Thurber Carnival** November 13, 14, and 15.

### Don't Miss "Picnic"

William Inge's "Picnic," this year's Junior/Senior play, will be performed on:

**October 23 and 25.**

Watch for additional performance information.



### Artwork saved!

Created in 1935, heavy concrete tragedy and comedy masks rested atop brick pillars on each side of the stage in the original gym. They gazed down on sports events and assemblies until 1959, when a new auditorium and competition gym were opened. The room became the student cafeteria in 1993 and was adored by the large tile mural on the north wall created by students under the supervision of artist Mark McMahon.

## New Opportunities

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### We will test the Honeywell Instant Alert Emergency Notification System on:

**Monday October 6  
7:00 pm.**

All family home phones have been entered into the system but we urge you to verify and update your information by following the instructions on these pages.

### Instant Alert needs you to update/establish your account!

We will once again be using **Instant Alert** for contacting all parents and staff in the event of an emergency or school closing - the Instant Alert™ System for Schools. Within minutes of an emergency, school officials can use Instant Alert to deliver a single, clear message to the students' parents or guardians and staff members by telephone, cell phone, e-mail, pager or PDA in any combination.

The system will be used to notify you of a school closing due to inclement weather. All parent and staff phone numbers currently in our school database are registered in this system.

The system is Internet based, allowing each family to maintain a secure, password protected online profile (one per family). You can log into your profile at any time to update your contact information. Maintaining the accuracy of your profile will increase the ability of the school to keep you informed. This system provides an equally effective way to keep you informed of everyday activities, such as event times and locations as well as schedule changes. You must update your online profile to receive non-emergency information and to add additional contact information.

#### Your on-line profile will enable you to:

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- Input your personal contact information
- Select which type of school information you would like to receive on each of your contact devices
- Send yourself a test text message to make sure your text messaging contact information is entered correctly
- Add contact information of other caretakers of your children, such as a grandparent or neighbor.

In addition to receiving communication alerts on your designated contact devices, the alert messages will also appear in your on-line profile. You can use this feature to read any alerts that may have been erased or deleted accidentally on your other contact devices.

The system is ready for you at <https://instantalert.honeywell.com>. The system will prompt you through the registration process.

We encourage all of you to take advantage of this opportunity, as we will be utilizing this system for important school-to-home communication.

If you need assistance with your profile, please send an e-mail to [InstantAlertHelp@Honeywell.com](mailto:InstantAlertHelp@Honeywell.com). Please note: Instant Alert will leave a message only if your phone answering system picks up on or before the fifth ring. Instant Alert will attempt to reach phone number contacts a maximum of five times.

**Athletic Department uses Instant Alert for game/practice change information. If you have a student athlete, please be sure and configure "Activities" to your notification preferences!**

# Instant Alert™ for Schools

## Instant Alert Parent Instructions

Go to the District 115 website ([www.lfhs.org](http://www.lfhs.org)) – click on “**Instant Alert**” or the Honeywell Instant Alert for Schools website <https://instantalert.honeywell.com>. **If you have created an Instant Alert Login Name and Password for District 67 or any other school district, you must create a different Login Name and Password for District 115. If you have already created a Login Name and Password, simply enter this information to access the system.**

### First time users only

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1. Click on ‘**Parent**’ in the New User box.
2. Complete the student form for any of your children attending District 115 (fields marked with \* are mandatory). Click ‘**Submit**.’
3. Complete the corresponding screen. Click ‘**Submit**.’
4. After receiving the Confirmation message, click ‘**Proceed**’ to get started with Instant Alert.
5. Note: Remember your Login Name and Password as you must use it to update your profile.

### View and check details about yourself and your family members

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1. Upon successful login, click on ‘**My Family**.’
2. Click on a parent name to view and edit parent details.
3. Click on a student name to view details about your children enrolled in District 115. This information will roll over from year to year.

### Configure alert settings for yourself

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1. Click on ‘**Alert Setup**.’
2. Click on the check boxes to select which alert type you would like to have sent to which device. Click on ‘**Save**’ when complete.
3. If you would like to add another contact device, select the device type and enter the device details. Select the person to whom the device belongs and click on ‘**Add**.’
4. For e-mail, text messaging and pagers you may send yourself a test message. Click on ‘**Send Test Message**’ to send yourself a message.

### View History of Alerts

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Click on ‘**Alert History**’ to view Alerts that have been sent to you. Use the calendar icons and ‘**Alert Type**’ list to filter the Alerts.

### Configure your contact information to receive information about:

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1. **All** – Announcements for **ALL** the categories listed below.  
(This checkbox only appears on your Email Alerts List.)
2. **School Closings** – School Closings, late start school day, or other weather-related or emergency situations. It is important that you select your primary phone number in this category in addition to any other contact devices you may choose.
3. **High Importance** – Configure your information the same way you would for “**School Closings**.”
4. **Transportation** – Bus-related announcements or emergencies.
5. **Activities** – Announcements regarding **after-school activities** such as sports, clubs, performances, including non- emergency cancellations or changes. In addition to your email, you may wish to register your student’s email in this category.
6. **General** – All announcements regarding **school day events/academic classes**. In addition to your email, you may wish to register your student’s email in this category.

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## October, November, December Calendar 2008

### October

- 1 Open House
- 2 Late Start Date
- 7 Junior Parent Mtg, 7pm
- 13 Columbus Day (No school)
- 14 Board of Ed. Mtg, 7 pm
- 15 PLAN/PSAT Testing for Soph/Juniors  
Mandarin Chinese Reception
- 16 Freshman Parent Mtg, 10am,  
Powerschool Informational Parent Meeting, 10am
- 17 Homecoming
- 18 Homecoming Dance
- 23, 25 "Picnic" Jr./Sr. Play Performance
- 28 Senior PSAE Re-Take Exam
- 29 Choral Concert 7:30
- 30 Orchestra Concert 7:30
- 31 End of First Quarter

### November

- 2 Band Concert 7:30
- 5 Community Open House
- 10 Freshman Yearbook Photos taken
- 11 Board of Ed. Mtg, 7pm  
Sophomore Yearbook Photos taken
- 12 Junior Yearbook Photos taken
- 13, 14, 15 Thurber Carnival Frosh/Soph Play
- 14 Pass/No-Pass Deadline for Seniors
- 17 Financial Aid Night, 7 pm
- 20 Frosh/Soph Parent Mtg
- 26 Deadline to drop a class without penalty
- 27-28, 2008 – Thanksgiving Break

### December

- 9 Board of Ed. Mtg, 7pm
- 11 Sophomore Parent Mtg.  
Junior Parent Meeting
- 12 Early Graduation Application Deadline
- 14 Holiday Concerts:  
Instrumental Concert  
Choral Concert, 7:00 RMA  
Holiday Concert  
Spaghetti Dinner
- 22 Winter Break Begins

**This Calendar highlights only select dates/events.**

**Need Information?**

**Check out our website at [www.lfhs.org](http://www.lfhs.org)!**



**LAKE  
FOREST  
HIGH SCHOOL**

1285 N. McKinley Road  
Lake Forest, IL 60045  
847-234-3600 [www.lfhs.org](http://www.lfhs.org)

# HIGHLIGHTS

October 2008

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