

Community High School District No. 115
Lake Forest High School
1285 North McKinley Road
Lake Forest, IL 60045

PRESS RELEASE

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DATE: 10.6.09

FOR RELEASE: Immediately

Student Services Parent Meetings and College Resource Center Presents “Get Involved at LFHS!” a Freshmen parent meeting on Thursday, October 15 at 10:00 AM in the David Miller Theatre. Parents will learn about how students can get involved at LFHS. A panel of administrators will lead an overview of the numerous extra-curricular activities available at LFHS. From sports to clubs of all kinds, student government, arts, community service and so much more. We will also discuss ways to encourage our freshman students to join in and begin to make a contribution to our school and community.

Performances for the LFHS Junior/Senior Play “You Can’t Take it With You” will be on Thursday – Saturday, October 15 -17, 2009 at 7:30 pm in the Raymond Moore Auditorium. Come see Junior and Senior actors directed by Joe Pulio in George S. Kaufman and Moss Hart’s 1936 Pulitzer Prize winning play. Watch the crazy members of Grandpa Martin Vanderhof’s household as they encounter one obstacle after another, from a fireworks factory in the basement to the conservative parents of the daughter’s boyfriend and an angry tax collector. There is never a dull moment in this three-act comedy, with laughs and excitement from beginning to end. Tickets are available at www.lfhs.org. Seats are reserved, \$10 for adults and \$5 for students, with free admission for students with an activity ticket.

LFHS Wellness Department's Triathlon/Biathlon/6k will take place on Friday, October 16, 2009. Over 500 students will participate in the LFHS Wellness Department's bi-annual Triathlon/Biathlon/6k run from 11:00 am- 12:30 pm. This event fundraiser will raise money, and collect books and pajamas for "Pajama Program." Students will swim in the pool, transition to their bikes which they will ride along the bike path to the Great Lakes train station and back, and complete the journey with a run to the finish line. Runners will race down Spruce to Lake to Woodland, Edgewood then back to LFHS.

Freshman Yearbook photos will be taken on October 20, Sophomore Yearbook photos will be taken on October 21, and Junior Yearbook photos will be taken on October 22.

All photos will take place during lunch hours in the library classrooms. Order forms can be found at www.lfhs.org.

October 23 is the End of First Quarter.

"An Evening of American Theater" will take place on October 24 from 7:30 pm – 9:00 pm at CROYA, 400 Hastings Rd. Lake Forest, IL. Tickets are \$20. Support "STEM" (Science, Technology, Engineering, Math) Scholarship by attending "An evening of American Musical Theater," presented by Susan Richardson, a professional musician, who will sing numbers from "Show Boat" to "Fiddler on the Roof" and beyond. The entire proceeds go to the "STEM" LFHS scholarship that will be awarded at Lake Forest High School Honors Night. Please contact Anne Pollock at 847 615-2857 or anne.pollock@comcast.net for advanced tickets. Questions may be directed to Eleanor McMurrin 847- 234-5886 or emcmurrin@gmail.com.

Lake Forest High School APT to Host "Be True to Your School" on Sunday, October 25 at 5:00 pm at Deer Path Inn, Lake Forest, IL. Please plan on joining us to help our students raise money for their Class Treasuries. This fun evening includes dinner plus live and silent auctions! All of the proceeds from the evening go to your student's class treasury. For more information, please contact: Pam Salm at yucud2@aol.com or Karla Schwartz at schwartz.karla@gmail.com. Mark your calendars and plan to attend this unique event which allows parents from all grade levels to socialize and truly feel a part of the Lake Forest High School family. This fun evening will include dinner, live and silent auctions, and a raffle. Most importantly, all of the proceeds from the evening will go to YOUR student's class treasury. Please consider donating an auction item or auction package. All contributions large and small are welcomed and greatly appreciated. More information can be found at www.lfhs.org.

LFHS Scout Hockey Annual Christmas Tree & Holiday Greens Sale is happening now. Orders are being taken and color photos of the products, and pre-ordering can be found at the Lake Forest Hockey Association website at (www.scouthockey.com) or contact Laura Austwick at 847-234-4117. Please support the hockey team.

Support LFHS Music Students and Order Citrus Products. This year the choral students will be traveling abroad and performing in Greece over Spring break. Students help fund the cost of this trip by selling citrus products. We have partnered with Florida Indian River Groves to provide you with the freshest fruit available. Your fruit will be harvested the very same day it's shipped to us, ensuring that you receive fruit that is hours off of the tree. Citrus can be ordered from September 28 to October 28, 2009 and will be available for pickup Friday, December 4, 3:45 – 7:00 pm; Saturday, December 5, 9:00 - 4:00 pm; Sunday, December 6, 9:00 4:00 pm at LFHS West Campus (Athletic Campus). To place an order visit www.lfhs.org for more information. Questions may be directed to Tim Haskett, thaskett@lfschools.net, 847-582-7389.

Lake Forest High School congratulates semifinalists named in the 2010 National Merit Scholarship Program. More than 1.4 million juniors in nearly 21,000 high schools entered the 2010 National Merit Program by taking the 2008 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT), which served as an initial screen of program entrants. The names of approximately 16,000 Semifinalists were announced recently. These academically talented high school seniors have an opportunity to continue in the competition for some 8,200 Merit Scholarship awards. About 90 percent of the Semifinalists are expected to attain Finalist standing, and approximately half of the Finalists will be selected as Merit Scholarship winners.

Semifinalists in the National Merit Scholarship Competition Program for 2009 from Lake Forest High School are: Marie T. Ankenman, Nathaniel R. Balk, Colin J. Briskman, Grace S. Chandler, Kyle F. Flagstad, Tylee C. Lin, Nikhil R. Mulani, Michael H. Oliver, Christian P. Schmidt, Zachary C. Silber, Maria P. Theodore, Brian H. Wang, Diane L. Wang, and Anna Zhou.