

Community High School District No. 115  
Lake Forest High School  
1285 North McKinley Road  
Lake Forest, IL 60045

PRESS RELEASE

CONTACT: Joy B. Murawski, 847-582-7376

DATE: 10.13.09

FOR RELEASE: Immediately

Attention parents... District 115 uses the Honeywell Instant Alert™ notification system to inform parents/guardians of an emergency or a school closing. All parent primary phone numbers currently in our district database are registered in this system. However, you must update your profile to receive alerts using other contact devices (such as email or cell phone). Please take a moment to log onto the Instant Alert system to check or update your contact information as we will be testing our system on Thursday, October 22 at 6:00 pm. If you do not receive the test call, have questions or need assistance with Instant Alert, please email: [InstantAlertHelp@Honeywell.com](mailto:InstantAlertHelp@Honeywell.com) or contact your school office. Instant Alert will leave a message only if your phone answering system picks up on or before the fifth ring. Instant Alert will attempt to reach phone number contacts a maximum of five times.

October 23 is the End of First Quarter.

"An Evening of American Theater" will take place on October 24 from 7:30 pm – 9:00 pm at CROYA, 400 Hastings Rd. Lake Forest, IL. Tickets are \$20. Support "STEM" (Science, Technology, Engineering, Math) Scholarship by attending "An evening of American Musical Theater," presented by Susan Richardson, a professional musician, who will sing numbers from "Show Boat" to "Fiddler on the Roof" and beyond.

The entire proceeds go to the "STEM" LFHS scholarship that will be awarded at Lake Forest High School Honors Night. Please contact Anne Pollock at 847 615-2857 or [anne.pollock@comcast.net](mailto:anne.pollock@comcast.net) for advanced tickets. Questions may be directed to Eleanor McMurrin 847- 234-5886 or [emcmurrin@gmail.com](mailto:emcmurrin@gmail.com).

Lake Forest High School APT to Host "Be True to Your School" on Sunday, October 25 at 5:00 pm at Deer Path Inn, Lake Forest, IL. Please plan on joining us to help our students raise money for their Class Treasuries. This fun evening includes dinner plus live and silent auctions! All of the proceeds from the evening go to your student's class treasury. For more information, please contact: Pam Salm at [yucud2@aol.com](mailto:yucud2@aol.com) or Karla Schwartz at [schwartz.karla@gmail.com](mailto:schwartz.karla@gmail.com). Mark your calendars and plan to attend this unique event which allows parents from all grade levels to socialize and truly feel a part of the Lake Forest High School family. This fun evening will include dinner, live and silent auctions, and a raffle. Most importantly, all of the proceeds from the evening will go to YOUR student's class treasury. Please consider donating an auction item or auction package. All contributions large and small are welcomed and greatly appreciated. More information can be found at [www.lfhs.org](http://www.lfhs.org).

Parent/Teacher Conferences are scheduled from 12:00 pm - 8:00 pm on November 5, 2009. There's no school for students on that day. As in the past, sign-up will be on-line. The parent signup portal will open at 3:00am on Thursday, October 22, 2009. It will close at 11:55pm on Wednesday, October 28, 2009. Letters to parents with user names and passwords were sent to homes on Thursday, October 15, 2009.

Lake Forest American Legion Post 264 Annual Essay Contest is sponsoring a way for LFHS students to raise funds for his or her favorite LFHS club, organization, or team. Lake Forest American Legion Post 264 is sponsoring its annual essay contest for LFHS students. The topic of the essay is: "What Veterans' Day Means to Me." The first prize winner will be awarded \$1,000; second prize will be awarded \$300; and third prize winner will be awarded \$200. Prize money goes to the winning students' school club or organization of choice. Entries for the contest must be emailed to Kathy O'Hara,

Student and Community Service Coordinator at [kohara@lfschools.net](mailto:kohara@lfschools.net). Entry deadline is Monday, October 26. The winning essay is read by the winner at the Veterans Day ceremony held in the Raymond Moore Auditorium on November 11.

October 28 is a Late Start Day (Teacher Department work 7:50 Students start at 9:50 a.m.). Buses will run 2 hours later than usual.

Student Services Parent Meetings and College Resource Center Presents a Junior Parent Meeting “College Testing Overview,” on Thursday, October 29 at 7:00 pm in the David Miller Theatre. Jacquie Berkshire, College Counselor, will discuss all aspects of college testing that will include the ACT, SAT, and SAT II Subject Tests, when they are offered, when to take them, which ones to take, who should be taking them and more. Learn what you can do to help your student successfully manage the testing process. Students are welcome to attend.

Support LFHS Music Students and Order Citrus Products. This year the choral students will be traveling abroad and performing in Greece over Spring break. Students help fund the cost of this trip by selling citrus products. We have partnered with Florida Indian River Groves to provide you with the freshest fruit available. Your fruit will be harvested the very same day it's shipped to us, ensuring that you receive fruit that is hours off of the tree. Citrus can be ordered from September 28 to October 28, 2009 and will be available for pickup Friday, December 4, 3:45 – 7:00 pm; Saturday, December 5, 9:00 - 4:00 pm; Sunday, December 6, 9:00 4:00 pm at LFHS West Campus (Athletic Campus). To place an order visit [www.lfhs.org](http://www.lfhs.org) for more information. Questions may be directed to Tim Haskett, [thaskett@lfschools.net](mailto:thaskett@lfschools.net), 847-582-7389.

Congratulations to the recent Lake Forest High School Cum Laude Inductees (Fall 2009): Stephanie Allen, Aria Bagheri, Tyler Buddell, Claire Donahue, Lauren Ganshirt, Gwendolyn Hardy, Emma Heizer, Kristin Karst, Krysti Kiesel, Hayley Koch, Daniel Kras, Eric Leventhal, Rohan Mehta, Charles Mires, Meghana Moodabagil, Graeme

Murphy, Christian Schmidt, Elizabeth Skinner, Faith Svigos, Eeshan Talwar, Kristin Vargas, Kilian Wald, Caroline Williams, and Patricia Zicarelli.