

Community High School District No. 115
Lake Forest High School
1285 North McKinley Road
Lake Forest, IL 60045

PRESS RELEASE

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FOR RELEASE: Immediately

LFHS Junior/Senior Play "Almost, Maine" will be performed October 13-15 at 7:30 pm in the Raymond Moore Auditorium, LFHS East Campus, 1285 N. McKinley, Lake Forest, IL. Tickets are available on-line and linked from www.lfhs.org. "Almost, Maine" by Johan Cariani takes place on a cold, clear, moonless night in the middle of winter; all is not quite what it seems in the remote, mythical town of Almost, Maine. As the Northern lights hover in the star filled sky above, Almost's residents find themselves falling in and out of love in unexpected and often hilarious ways. Knees are bruised. Hearts are broken. But the bruises heal, and the hearts mend – almost – in this delightful midwinter night's dream.

The Lake Forest High School Association of Parents and Teachers (APT) will host the annual "BE TRUE TO YOUR SCHOOL" Autumn Social Event and Fundraiser on Saturday, October 22, 2011. All LFHS parents are encouraged to attend. The reservation deadline is October 7. Information and invitation RSVP forms can be found at www.lfhs.org. Any questions can be directed to APT parent volunteers, Erin Foley (foley.e@comcast.net) or Kathleen Hanson (rkewk@aol.com). A wildly popular, sold out event in 2010, the evening, which includes great conversation, dinner and dance music will take place in the tent at Lake Bluff Golf Course. This year's affair will be a chance for parents and neighbors to kick-off the year right with a night of social camaraderie and an opportunity to recognize and celebrate all that makes LFHS special and such a wonderful place for the young people of our community! Following a long

tradition of past events, the evening will continue to raise funds for the student led class treasuries through a raffle and live auction. However, in addition, this year's celebration will also offer an opportunity to raise funds to allow the entire LFHS campus to move to a completely wireless environment. We encourage all to send in reservations early to ensure a spot in the tent! More information can be found at www.lfhs.org.

There will be an LFHS Choral Concert on October 19 at 7:30 pm in the Raymond Moore Auditorium at LFHS East Campus, 1285 N. McKinley Rd., Lake Forest, IL.

The First Quarter ends Friday, October 21. Faculty will file grades by October 25. First and Third Quarter Report Cards will not be mailed home but can be found on Powerschool. Semester grades, only, will be mailed home.

Students may drop a semester course or request a level change without penalty by October 28, 2011. If a student drops a fifth course, the student, including seniors, will be assigned to a study hall. For additional information, students are encouraged to meet with their counselor.

Pass/Fail Option request forms are due by October 28. This option is only available to seniors. The student must be enrolled in five curricular classes and a Wellness. If a student falls below five classes because of dropping a class, the Pass/Fail option is null and void. Students must submit the form signed by student, parent, teacher, counselor and the Student Services Director no later than October 28, 2011.

Early Graduation application deadline is December 12. After all graduation requirements are met special consideration will be given for early graduation. Students must complete the Early Graduation Request Form with detailed information on why they wish to graduate early and receive approval in writing from their parents and the counselor. The Deadline for the application is December 12, 2011. More information can be found at www.lfhs.org.

The LF/LB Rotary Youth Exchange Program is accepting applications for students who wish to study abroad. The LF/LB Rotary club provides students between the ages of 16 and 18 the opportunity of a lifetime! Each year they select one student to spend 11 months in another country learning the language and culture. Some of the countries that would be available, depending on the age of the applicant, are France, Denmark, Italy, Turkey, Germany, Spain, Japan, South Korea, Taiwan, Australia, Chile, Brazil, Poland, and Austria. Students generally apply in October to go on exchange the next year. This is both a cultural and academic exchange, not a vacation. Outbound students and their parents are guided through months of orientation and information about the country of their exchange year. Outbound students typically stay with two or three Rotary-approved families and receive a monthly stipend for incidental expenses. Parents are responsible for airfare, incidentals, insurance, etc.

To qualify, students must be in the top 50% of their class or have a minimum cumulative grade point average of 2.75. Students must also have been born between February 14, 1994 and August 16, 1996. This is a unique opportunity for students to travel abroad for a year during their sophomore, junior or senior year. They will learn about other cultures, other people, and about themselves. There is also the chance to take advantage of a “Gap” year experience after high school graduation before pursuing a college career. Time Magazine, in its September 13, 2010 issue, cites the growing trend of a gap year experience for many college bound students to help them refocus, energize, and gain additional maturity.

This year LFHS has one student, Junior Marisa Houlahan, on exchange in Denmark and one student, Baptiste Degryse, who is here on exchange from Belgium.

To read more information about the program, please see www.rye6440.org and view the Outbound Exchange section. The program is administered by a Rotary Coop, Central States Rotary Youth Exchange, and even more information is available on their website, www.csrye.org. For further information and to pick up a copy of the application, students can visit Kathy O’Hara, Student Service/Community Coordinator,

in Room 103C, or contact her at kohara@lfschools.net or 847-582-7774. Completed applications are due on Tuesday, October 11.

Lake Forest American Legion Post 264 Veterans Day Essay Contest entry deadline is October 28. LFHS Students can win \$1000 for their favorite LFHS club or team! Lake Forest American Legion Post 264 has announced their annual essay contest for Lake Forest High School students in honor of the Veterans Day observance on November 11. Interested students who would like to participate should submit an essay entitled: "What Veterans Day Means to Me." The style and length of essay is left up to the student. The author of the winning essay, chosen by the Post members, receives \$1000 to donate to the LFHS club or team of their choice and is asked to read their essay at the Veteran's Day Remembrance Ceremony. The second place winner receives \$500 to donate and the 3rd place winner can donate \$250 to a club or team. Essay entries are due to the Student Volunteer Service office, room 103C, by Friday, October 28.

LFHS Coach Phil LaScala and the Boys' Basketball team are organizing a Student-Faculty Basketball game for Thursday, October 27 at 7pm as a fundraiser for the Multiple Sclerosis Society. All students will have the opportunity to enter a raffle to become a member of the student team. There will also be exciting prizes raffled at the game, including some unique sports memorabilia. Please join us for this fun school and community event.

The APT Student Directory 2011-12 for APT members is scheduled to be mailed in mid-October. For those who did not join APT during the registration process, membership includes one directory, and additional copies may be ordered. More information can be found at www.lfhs.org.

LFHS APT Parent Awareness is hosting a "Parents' Speaker Series" this year. The following are programs planned this school year specifically targeted to parents of High School students: "I'm Going To College, Not You" on Wednesday, October 12, 2011, 7:00 PM to 8:30 PM in the David Miller Theatre at LFHS East Campus. Author Jennifer Delahunty and guest Jane Hamilton (author of 6 award-winning novels including the

Oprah selection, “Map of the World”) will help parents gain perspective during the stressful time of navigating the college process. Sponsored by LEAD. “An Evening with Wendy Mogel” - A “Race To Nowhere” follow-up presentation will be held on Wednesday, November 2, 2011, 7:00 PM, in the Raymond Moore Auditorium, LFHS East Campus. New York Times bestselling author and clinical psychologist will discuss her new book “Blessings of a B Minus” and “Blessings of a Skinned Knee.” Ms. Mogel appeared in the film “Race To Nowhere” and will discuss what success looks like in a family and what really matters in our teens’ lives. Sponsored by LFHS APT and LEAD. “Street Smarts: Parents, Teens and the Law” for parents and their High School students will be held on Wednesday, November 9 in the David Miller Theatre, LFHS East Campus. A panel discussion with a Lake County Judge, personnel from LFHS and LEAD will focus on current laws, ordinances, and the legal, academic, and social consequences of alcohol, drug, and social media use for students and their families. Sponsored by LFHS APT and LEAD.

LFHS Liaison Committee Meeting Dates for 2011-2012 have been scheduled. The mission of the Lake Forest High School Liaison Committee is to provide an opportunity to communicate LFHS related information to our feeder schools and to the community members of Lake Forest, Lake Bluff, and Knollwood. In addition, these meetings strive to provide a forum for member constituents and guests to discuss issues and concerns with members of the LFHS staff and administration. This school year, the Liaison Committee meetings will be held at 9:30 in Room 113 at LFHS East Campus, 1285 N. McKinley Road on: October 17, January 23, March 12, and April 30. All are welcome to enjoy these quarterly updates from our school administration, visits from school faculty, and discussions with community members about topics relevant to LFHS.

Planning for LFHS Talent Show 2012 is underway! Applications for junior assistant committee positions will be available for completion October 24-28. Interested students should see Mr. Brad Balonick at the Help Desk to learn more about this two-year commitment. During the first week of November, Senior Student Committee members will interview junior applicants to join the Talent Show Committee.

November 22 is the application deadline for Talent Show Emcee. In early December, Emcee auditions and interviews will be held in the David Miller Theatre. On January 28-29, 2012, Talent Show 2012 Auditions will be held in the Raymond Moore Auditorium. February 29, 2012 is the Talent Show Dress Rehearsal and March 1-3 will be the performances for LFHS Talent Show. Updated schedules and information can be found at http://www.lfhs.org/news/events/talent_show.html.

LFHS Music Department Citrus Sale is in progress to help send the LFHS Choirs to sing at the Vatican. The LFHS Choral Program will be taking their 2012 Musical Tour To Italy from March 23-31, 2012. Members of the Balladier Singers, Concert Choir and Forester Singers will be selling citrus (grapefruit and oranges) from September 16 - October 31. You can order your citrus by clicking the Citrus Picture found on the LFHS home page website. You can also give credit for the profits from your order to your favorite choir student. The citrus arrives on trucks from Florida Indian River Groves. It is picked fresh off of the tree and shipped directly to LFHS. Your fresh citrus can be picked up at the LFHS West Campus (Athletic Campus) on December 2, 3 and 4, 2011. You can also ship citrus to your friends and family members anywhere in the United States. Just following the easy instructions on the citrus website and pay by credit card. This is a healthy way to send early holiday presents. Contact Tim Haskett, Director of Choral Activities with any questions at thaskett@lfschools.net or call Tim at 1-847-582-7389. Thanks for supporting music education at LFHS!

The LFHS Glee Club is ready for another great year of music! The only requirement for Glee is to have the love of music. Please join fellow students, faculty, parents, and community members every Tuesday at 7am in the chorus room at LFHS East Campus. Singing is wonderful way to start the day. All are welcome.

The LFHS Booster Boutique's latest fashions will be featured at "Be True to Your School," on October 22 at the Lake Bluff Golf Course. Exciting new merchandise will be featured that night, and quantities are limited! Remember, we have the Best Scouts Gear in Town! You can also visit us Thursdays and Fridays from 10:30-1:30, room 5A in

the lower level of LFHS East Campus, 1285 N. McKinley Rd., Lake Forest, IL.

The Lake Forest High School Dads' Club is a support group formed specifically for LFHS fathers to offer a meeting forum once a month during the school semester. The group will share the experiences and challenges of guiding high school teenagers, learn about LFHS plans and activities, and gain a better understanding of relevant issues concerning teenagers as they approach adulthood. The next meeting will be held on Saturday, October 15, 2011 at 8:30- 10:00 am at Lake Forest High School, Room 113 (between the Main office and the Auditorium) 1285 N. McKinley Road, Lake Forest, Illinois 60045. The guest speaker will be Dr. Harry Griffith, Superintendent D115 - Update on goals and objectives for the year.

LFHS Boosters will sponsor "College Recruiting Seminar" on Sunday, October 16 at 1:00 pm in the Raymond Moore Auditorium, LFHS East Campus, 1285 N. McKinley Rd., Lake Forest, IL. Learn what the process is for being recruited as a college athlete including academics, NCAA Compliance guidelines, coach's view, and marketing yourself. For more information visit www.lfhsbooster.org.

LFHS Applause is the booster organization for the musical arts at Lake Forest High School. Founded in 1996, it is an organization of parents, alumni, faculty, and friends that provides support and communication for all band, choral, orchestral, and other music activities. Applause promotes student recognition, awards, and scholarships; publishes *In Concert*, the musical arts newsletter; assists with the Honors Competition; coordinates the Spaghetti Dinner; assists with the Citrus Sale; manages band and orchestra concert attire; and provides concert ushers, receptions, decorations, and publicity. It is time to renew or initiate your Applause membership for the 2011-2012 school year. Please consider joining-membership forms available on-line at www.lfhsapplause.org.