

Community High School District No. 115  
Lake Forest High School  
1285 North McKinley Road  
Lake Forest, IL 60045

**PRESS RELEASE**

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**DATE:** 3.9.10

**FOR RELEASE:** Immediately

The deadline for all scholarship forms is Friday, March 19, 2010, 3:30 p.m. Many scholarships are available exclusively to students attending Lake Forest High School. Awards range from \$500 to \$6,000. A sampling of qualifications and circumstances include: music and theatrical talent; service and leadership; financial need; SADD and Red Cross club members; Students who love to read; participants in special education; children of a Lake Forest High School Alumnus; and students with a passion for science. Detailed descriptions of all local scholarship offerings may be viewed online at [www.lfhs.org](http://www.lfhs.org). Application forms are available in the CRC.

Don't miss the upcoming concert when the LFHS Orchestras join forces with the North Suburban Symphony to perform blockbuster hits on Sunday, March 21 4:00 PM in the Raymond Moore Auditorium. Admission is free and open to the public! The North Suburban Symphony (NSS), under the direction of Ron Arden, is Lake Bluff and Lake Forest's community's orchestra comprised adult musicians from the surrounding area. LFHS Symphony Orchestra students will sit side by side with NSS members to perform one of classical music's best-known pieces- Beethoven's 5th Symphony. The LFHS Concert Orchestra and Symphony Orchestra Strings will also be performing Ralph Vaughan William's Concerto Grosso with the NSS.

Registration for "Open Doors" program, co-sponsored by Lake Forest High School and the LFHS APT begins March 22. "Open Doors" is a career exploration program to provide students first-hand, on-the-job experience with professionals in the community

and with local volunteer agencies on the three days in April (4/28 – 4/30) that they have a day off due to Prairie State Exams. In addition to the opportunities to job shadow for a full or half day, students may also sign up to volunteer at one or more of many service agencies. This portion of the Open Doors program is organized with the assistance of Lake County Cares (formerly known as The Volunteer Center of Lake Forest/Lake Bluff). Registration for the Open Doors program will take place on-line at [www.lfhs.org](http://www.lfhs.org) beginning March 22, allowing students to read a description of each opportunity and to match their schedules with the mentors' available dates and times. An integral part of the program includes a 20-minute orientation held during lunch periods, where students are introduced to real-world skills such as the importance of confirming their appointment with their mentor, dressing appropriately, paying careful attention, asking pertinent questions and writing a follow-up thank you letter. In other words, Open Doors provides students with exposure to Business Etiquette 101 - the basic skills needed to successfully make their way in the business world. Students in all grade levels are encouraged to participate in this unique program.

LFHS Community Education Swim Program registration begins March 22, 2010 for Spring Saturday Swim School. Scout Aquatics Swim Club on-line registration begins March 22, 2010. The high school pool is open to the general public for Family Swims and Lap Swimming. We have various memberships available. We offer a variety of classes for all ages, and we have a competitive swim club for age group swimmers, the Scout Aquatics Swim Club. More information can be found at [www.lfhs.org](http://www.lfhs.org) and navigating the "Community Programs" link.

There will be a Chorus Concert on Tuesday, March 23 at 7:30 pm in the Raymond Moore Auditorium.

Wednesday, March 24 is the deadline for ordering Booster Scout Yard Ornaments! Order forms can be found at [www.lfhsbooster.org](http://www.lfhsbooster.org).

There will be a Band Concert on Thursday, March 25 at 7:30 pm in the Raymond Moore Auditorium.

Students will be dismissed for Spring Break on Friday, March 26 at 3:10 p.m.

The third quarter ends March 26. Please note that you can access grades via Power School. Quarter 3 grades should be posted in Power School approximately April 8th. Report cards will be mailed home soon after.

Each year, teenage students count down the days until prom, what they consider to be one of the most important nights of their young lives. Sadly enough, prom, in many cases, is the last night of their lives. According to the U.S. Department of Transportation, on average, 5200 teenagers are injured and 48 are killed in automobile crashes nationwide during a typical prom weekend. Over 800 Lake Forest High School Students and their dates attend the LFHS Prom. In addition to promoting students' safety and with a longstanding tradition of zero-tolerance for drug and alcohol, Lake Forest High School requires students to travel by bus to and from prom. The Junior Class funds these buses to promote a safe and enjoyable night for all. This year, it is estimated that 18 buses will be used to transport prom-goers at an estimated expense of \$23,000. The Junior Class works diligently to raise funds for prom through ticket sales, shared proceeds from the "Be True to Your School" auction and various other activities. However, the Junior Class cannot raise enough money to cover the entire cost of the buses. Recognizing this, it is our hope that with additional parent and community donations, we will be able to continue providing safe transportation to this year's prom for all of our students. We are asking you to please help in supporting "Project Safe Prom 2010" by contributing to our fund. A donation form is available at [www.lfhs.org](http://www.lfhs.org).

Congratulations to winners of the Lake Forest High School 2010 Music Honors Competition including Junior Voice Division: Megan Lambert, 1st Place, Hannah Gersten, 2nd Place. Senior Voice Division: James Schmid, 1st Place, Kelsey Kolasa, 2nd Place. Piano/Percussion Division: Ethan Borre, 1st Place, Christian Schmidt, 2nd Place. String Division: Tylee Lin, 1st Place & Overall Winner of the Competition, Amanda Zhou, 2nd Place. Wind Division: Meridith Stauber, 1st Place, Corinna Aguirre, 2nd Place.