

Community High School District No. 115
Lake Forest High School
1285 North McKinley Road
Lake Forest, IL 60045

PRESS RELEASE

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FOR RELEASE: Immediately

The APT Grant Application deadline is May 1. The APT Grants recognize those students, faculty and organizations whose enthusiasm for growth serves to enhance the student life at Lake Forest High School. Through the funding of leadership training, camps, seminars, summer programs, enrichment materials, guest speakers and the like, the APT seeks to encourage experiences that will benefit the person or group involved as they relate to LFHS. The grants are funded through the Lake Forest High School APT. All students, faculty, clubs, organizations or classes applying for grants will be considered by the APT Board. Typically, the APT board will arrange disbursements of funds upon completion of the activity and receipt of all follow-up letters but please note any special disbursement needs on the application. The typical student grant is \$200.00, faculty-\$500.00, group- \$250. As these are guidelines, please include on the application the total amount requested. The grant application deadline is May 1, 2008. Grant applications received after May 1 will not be considered. Information can be found at www.lfhs.org. If you require additional information or have questions, please contact the APT Grant Chair, Judy Telander, 847- 234-0828 or jhtelander@aol.com

The senior class fundraiser, Bike & Bake Sale, will be on May 3. This year, it will be held in the LFHS Field House, due to construction, from 10:00 am - 12:00 pm. To sell or donate your gently used bikes, tricycles, baby joggers, scooters, or roller blades please

drop them off in the Field House on Friday, May 2 from 3:30 pm – 5:30 pm or Saturday, May 3 from 7:30 am – 9:30 am. Please direct any questions to Donna Coffin at dscoffin@aol.com.

LEAD sponsored “Keeping Your Family Grounded and Connected In a Privileged World” will be held on Monday, May 5 from 9:45 am - 11:30 am at Gorton Community Center, 1861 Room, 400 E. Illinois Road, Lake Forest 60045. In this fun and interactive workshop, Parenting Perspectives will provide practical and easy-to-implement tips and creative approaches aimed at helping parents navigate through some of the toughest challenges of parenting in today’s privileged world. For parents of children in K-8th grade. Free. To register, call LEAD at 847-295-9075 or visit www.leadweb.org.

LFHS APT and various parent groups will be recognizing the faculty and staff of LFHS beginning Monday, May 5, the start of Teacher Appreciation Week. Each day a LFHS group will provide the faculty with a special treat. The Booster Club, Board of Education, LFHS Foundation and Applause-Pals are all involved in appreciating this wonderful LFHS staff.

Music students are encouraged to apply for summer music scholarships now. Applause Summer Music Scholarships are intended to encourage and support Lake Forest High School music student participation in organized summer music camps and programs. All current freshmen, sophomores, and juniors attending Lake Forest High School, who participate in LFHS Music Department ensembles or classes and who plan to attend a music camp or program over the summer 2008, are eligible to apply for this scholarship. The grant amounts awarded range from \$50.00 to \$200.00 per applicant.

In order to be eligible for the Summer Scholarship, the proposed camp or program must be devoted primarily to music study. Trips, tours, and private lessons are not eligible. Interested students and/or parents may request an application from the music department faculty or download a form from the LFHS Applause website at www.LFHSApplause.org. Applications must be signed by a LFHS Music Director to be considered complete and must be received in the Applause mailbox in the Main Office

at LFHS by May 16, 2008. Questions about the Summer Scholarship should be directed to the Applause Scholarship Coordinator, Mary Flagstad, at 847- 234-5773 or via email at mflagstad@mac.com.

The Lake Forest High School Music Department is looking for all student designers, to take their best shot at crafting the logo for the Music Department, encompassing Band, Orchestra, and Chorus. The Winner will receive a cash prize of \$75.00 donated by Applause. The winning artwork will be the official trademark of the LFHS Music Department. The winning contest logo will also appear on Band Day T-shirts, and on the Music Department's promotional materials, which may include the web page, flyers, brochures, posters, T-shirts and other items. Logo Contest entry forms can be obtained at the Applause Website at www.LFHSApplause.org or in the LFHS Main office.

Over 800 Lake Forest High School students and their dates attend the LFHS Prom. Lake Forest High School continues its longstanding tradition of a zero tolerance policy when it comes to drugs and alcohol. In order to make sure that the students get to prom and back safely, all students are required to travel by bus, both to and from prom. The Junior Class funds these buses to promote a safe and enjoyable night for all and that's where you can help! It is our hope that, with your help, we will be able to continue providing safe transportation to all of our students for this year's prom. We are asking you to please help in supporting "Project Safe Prom 2008" by contributing to our fund. The future of our children is too important to be lost to senseless prom-related accidents and your donation will help make Prom 2008 another safe and memorable evening. Thank you in advance for your support on behalf of the Junior Class. Donations received will be acknowledged in the Pioneer Press as well as on the Project Safe Prom page at lfhs.org. More information can be found at www.lfhs.org

The Illinois State Board of Education is providing ACT Online Prep (Free) to all school districts through 5-31-09. This program helps students prepare for taking the ACT by providing a preliminary diagnostic test and personalized study path to help students focus their preparation time. It also includes a comprehensive content review for the

required English, Math, Reading, and Science tests. Students will be able to take (2) practice tests with questions taken from retired ACT tests. This program can be accessed anywhere, anytime via the Internet. Pick up your user name and password in the College Resource Center. Details are posted on the web.

LFHS will be offering an outdoor environmental science camp for middle school students at Elawa Farm, August 25-29, 2008. Incoming 6th through 8th graders at Deer Path Middle School and Lake Bluff Middle School are eligible to participate in this new and unique summer camp. It will be hosted at Elawa Farm, located on Waukegan Road in Lake Forest and will utilize both the outdoor farm and the new science lab classroom located in a restored building on the site. The goal of the camp is to nurture an interest in the wonderful world of environmental science through the study of differing ecosystems which inhabit the rural setting and the natural habitat of the farm. Instructors will be members of the LFHS Science Department and will be assisted by high school students as part of a service learning project. The fee, due June 20, is \$190.00 and includes instruction, lab supplies, snacks, and a camp T-shirt. For further information, please contact Jim Sullivan at 847-582-7702, jsulliv@d115.org, or Kathy O'Hara at 847-582-7424, kohara@d115.org.

Reminder! When scheduling your child's physical over the summer, be sure to take along a copy of the Medication Authorization Form (white- found at www.lfhs.org) for the physician to sign. This form must be turned in annually and is necessary if you anticipate your child will need any non-prescription or prescription medication (e.g. aspirin, Tylenol, Ibuprofen) during the school day. No medication may be dispensed without this authorization on file. Copies were mailed home with course request confirmations recently. If you need a copy, contact the Health Office or this form can also be downloaded from the LFHS web page under Student Services/Health Services.

August 11 is deadline for freshman physical forms. LFHS has a first day exclusion policy for lack of immunizations and physical exams for freshman. We strongly urge all freshman physicals to be turned into the health office by August 11, 2008. Athletics

begin on August 13, 2008. Due to the construction this summer, freshman medical forms can be turned in to the main office at LFHS. Do not turn incoming freshman physicals into the Athletic Office. The Health Office will forward a list of all compliant students to the Athletic Office in time for the first day of sports on August 13. Please call Nurse Diane Bower at 847-582-7335 with any questions.

Juniors and the NCAA Clearinghouse - all prospective student-athletes planning on entering a collegiate institution and desiring to play NCAA Division I or II intercollegiate athletics must be verified by the NCAA Clearinghouse. Forms can be obtained from www.ncaaclearinghouse.net. Students should register at the end of the junior year (summer before senior year).

Great news! The Environmental Club won \$500 for recycling 4 tons of paper a month from October to March! The goal was 24 total tons of paper recycled--we did 27.2, thanks to the Herculean efforts of teacher, Tamar Cooney and her two dedicated National Honor Society recyclers! The money will go back into the recycling program to purchase more bins, can crushers, etc. Thanks also to all for recycling all the copy paper, newspapers, magazines and catalogues.

On the evening of April 10, the North Suburban Conference Art Show was held at Wauconda High School. Seven students from Lake Forest High School joined art teachers Melissa Doucette and Carolyn Bielski all day for set-up, art workshops and a keynote speaker. Overall, 60 students' artwork was included in the show, and 10 students won blue ribbons for their outstanding work including Blue Ribbon Winners: John Gross (photography), Katie Ertell (photography), Kelly Boyle (graphic design), Ellie Nesbit (graphic design), Olivia Pesch (ceramics), Ellen Stoehr (drawing), Lexi Martin (jewelry and metals), Crystal Leonard (mixed media), Matt Feagley (animation), and Leigh Terhaar (painting), Workshop Participants included; Kelly Boyle, Claire Christensen, Kelly Christensen, Hannah Gibbons, John Gross, Maria Theodore, and Adam Zylka.