

Community High School District No. 115
Lake Forest High School
1285 North McKinley Road
Lake Forest, IL 60045

PRESS RELEASE

CONTACT: Joy B. Murawski, 847-582-7376

DATE: 9.1.09

FOR RELEASE: Immediately

There will be an LFHS Freshmen class parent meeting on Thursday, September 10 at 10:00 am in the David Miller Theater. This will be an opportunity to “Meet the Administrators.” Participants include Superintendent, Dr. Harry Griffith, Principal, Jay Hoffmann, Director of Counseling, Dr. Merry Quinn, Service Coordinator, Kathleen O’Hara and other staff members.

There will be an LFHS senior class parent meeting “College Application Workshop” on September 10, 2009 at 7:00 pm., in the Raymond Moore Auditorium. Beginning in the RMA with an overview, participants will breakout into sessions to include: the essay, state universities, presenting oneself on the application, and the return visit/interview.

NCAA Student Athlete Night will be held on Monday, September 14 at 7:00 p.m. at Vernon Hills High School. All potential collegiate athletes should attend this informative evening hosted by Vernon Hills High School. Information from experts in the areas of compliance, roles and responsibilities of parents, students, coaches and recruiters.

Lake Forest High School Open House will be on Tuesday, September 15 from 7:00 – 9:00 pm. The following day, Wednesday, September 16 is a late start day. Students and faculty will begin their day at 9:50 a.m. Buses will run 2 hours later than normal.

There will be a LFHS Sophomore parent meeting on Thursday, September 17, 2009 at 10:00 am in the David Miller Theater. “PLAN Testing Overview” will present information on the upcoming PLAN test taken by all sophomore students at Lake Forest High School on October 14 and how it fits into students’ overall college testing sequence. Jacquie Berkshire, the LFHS College Counselor, will clear up any confusion about college testing ACT? SAT? SAT II? When? Which ones? How many? Testing can be one of the most anxiety producing parts of the college application process. Learn what you can do to help your student successfully manage the testing test!

Students in grades 3rd – 8th are encouraged to attend the LFHS Pom/Dance fall clinic on Thursday, September 17, 2009. Participants will meet at the West Campus Gym and then perform the routine between the sophomore and varsity football games under the lights at the Varsity Field—West Campus for the Lake Forest vs. Stevenson. Sponsored by the nationally ranked LFHS Pom Squad, the fee is \$45 for pre-registered dancers; \$50 for at the door registration (includes team shirt, ribbons & dinner). The last day to pre-register is September 11.