

Community High School District No. 115  
Lake Forest High School  
1285 North McKinley Road  
Lake Forest, IL 60045

PRESS RELEASE

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DATE: 9.22.09

FOR RELEASE: Immediately

Lake Forest Community High School District 115 is currently seeking an interested and qualified community member to serve on the district Finance Committee. The School Board relies heavily on its standing committees, and the committees in turn value greatly the perspectives, participation and contribution of their community members. We are hoping to find a person whose talents and interests will complement the existing members. This Committee provides oversight to all major District revenues, expenses, investment practices, and policies and practices related to the management of District finances. The Committee shapes strategic directions for finance and monitors all policies related to the financial administration of District 115. The Finance Committee meets once a month throughout the school year. If you are interested in applying, please complete an application (found at [www.lfhs.org](http://www.lfhs.org)) by October, 1, 2009. If you have questions about the process or about what is involved in serving as a member of the Finance Committee, please contact Pam Burke, Board Clerk at 847-604-7420 or [pburke@lfschools.net](mailto:pburke@lfschools.net).

Lake Forest High School Homecoming weekend will begin on Friday, October 2 with the Pep Rally from 2:10 pm - 3:10 pm in the Competition Gym at East Campus.

The homecoming court will be introduced and the crowning of the queen will occur at the end of the pep rally. At 7:30 pm, Lake Forest High School Boys Varsity Football will play Mundelein High School at Varsity Field located at West Campus. For game start

times for other games, visit [www.lfhs.org](http://www.lfhs.org). Schedules for all team sports happening over Homecoming weekend can also be found under "Athletics." The Student Council Sponsored Annual Homecoming Dance will be on Saturday, October 3, 2009 in the Competition Gym, East Campus from 8:00 pm - 11:00 pm. All students attending will enter the doors at the back of the school by Athletics. Doors will open at 8:00 pm and the dance ends at 11:00 pm. Tickets will be available at the door for \$5 per person. Students must have an ID to get in the door and only LFHS students will be admitted. Dress for this dance is "dressy casual."

LFHS Frosh/Soph Play: "The Man Who Came to Dinner" auditions begin Monday, October 5. All freshmen and sophomores are invited to audition for the upcoming Freshman/Sophomore play. "The Man Who Came to Dinner" is a comedy in three acts by George S. Kaufman and Moss Hart. Auditions begin Monday, October 5 in the DMT. No experience required. Performances will be November 19, 20 & 21. More information can be found at [www.lfhs.org](http://www.lfhs.org).

LFHS Student Services Parent Meetings and College Resource Center Presents: "The College Kick Off" on Tuesday, October 6 at 7:00 pm in the Raymond Moore Auditorium. Dr. Merry Quinn, Director of Student Services, and the LFHS counseling staff are teaming up to provide an information packed session for junior parents. The program will include a small group breakout session with individual counselors where they will clarify their role in the college search/application process. Parents will learn what to expect from their child's counselor and what counselors will need from parents and students to expedite and facilitate each child's college plan. This program is to prepare the parents of juniors for the process of college selection and discuss Naviance.

LFHS Student Services Parent Meetings and College Resource Center Presents: "Admissions Process/Update" a senior parent meeting on Thursday, October 8 at 10:00 am in the David Miller Theatre.

There will be no school for students or staff on October 12 in recognition of Columbus Day.

There will be a regular meeting of the Board of Education of Lake Forest Community High School District 115, Lake County, Illinois on Tuesday, October 13, 2009 at 7:00 p.m., Board Rm, LFHS West Campus, 300 S. Waukegan Road, Lake Forest, Illinois

LFHS PSAT/Plan Testing for Sophomores and Juniors will take place on Wednesday, October 14. This is a regular day of attendance for freshmen, sophomores and juniors. During this morning, all sophomores and juniors will be taking the PLAN and PSAT/NMSQT tests respectively. Freshmen will participate in a Freshmen Orientation II morning of activities. Buses will run their normal schedules. All morning activities will begin promptly at 7:50 AM. The PLAN exam is a practice ACT test that provides achievement scores and assessments of study skills and career information. Room assignments for this testing will be posted in the main front hallway prior to and on the test day. All sophomore students are expected to take this exam on Wednesday, October 14, 2009 at 7:50 AM. The Preliminary SAT/National Merit Scholarship qualifying test will be administered to all juniors on Wednesday, October 14, 2009 at 7:50 AM. Room assignments for this testing will be posted in the main front hallway prior to and on the testing day. Juniors take this exam as a practice for the SAT test and it is used as criteria for selecting National Merit Semifinalists. The Student Services Department will offer freshmen a variety of activities and educational sessions during the morning's testing. Seniors are excused from morning activities. Seniors will be expected to report to school on time this day (11:30 AM). Early Bird PE classes will not meet on this day. EB Science classes will meet first period only.

Student Services Parent Meetings and College Resource Center Presents "Get Involved at LFHS!" a Freshmen parent meeting on Thursday, October 15 at 10:00 AM in the David Miller Theatre. Parents will learn about how students can get involved at LFHS. A panel of administrators will lead an overview of the numerous extra-curricular activities available at LFHS. From sports to clubs of all kinds, student government, arts,

community service and so much more. We will also discuss ways to encourage our freshman students to join in and begin to make a contribution to our school and community.

Performances for the LFHS Junior/Senior Play “You Can’t Take it With You” will be on Thursday – Saturday, October 15 -17, 2009 at 7:30 pm in the Raymond Moore Auditorium. Come see Junior and Senior actors directed by Joe Pulio in George S. Kaufman and Moss Hart’s 1936 Pulitzer Prize winning play. Watch the crazy members of Grandpa Martin Vanderhof’s household as they encounter one obstacle after another, from a fireworks factory in the basement to the conservative parents of the daughter’s boyfriend and an angry tax collector. There is never a dull moment in this three-act comedy, with laughs and excitement from beginning to end. The cast includes: Tanya Amidei, Augie Athenson, Barrett Barnes-Wolf, Rory Connolly, Kevin Davidson, Harrison Demas, Sarah Hayes, Lain Kienzle, Hayley Koch, Kelsey Kolasa, Alex Kroger, Leland Masek, Katie Moss, Neil Phelps, Jori Lynn Richman, Emma Stockert, Todd Szerlong, Woody Tauke and Matthew Terry. Student Directors are Catherine Athenson and Jeffrey Niedermaier. Technical Directors are Beep Trefts and Kevin McCotter. The set is designed by Alyssa Loiacano, Katie Hershberger and Matt Bleck. Sound Design by Tim Wong. Lighting Design by Iain Brearton. Props by Jenny Alaimo, Matt Dettling and Rachel Penn. Faculty Technical Advisors are Ben Davidson and Stephanie Ashmore. Wendy Koch will be the Costume Designer assisted by Student Costume Designer Natalie Connolly. Tickets are available at [www.lfhs.org](http://www.lfhs.org). Seats are reserved, \$10 for adults and \$5 for students, with free admission for students with an activity ticket.

LFHS Wellness Department's Triathlon/Biathlon/6k will take place on Friday, October 16, 2009. Over 500 students will participate in the LFHS Wellness Department’s bi-annual Triathlon/Biathlon/6k run from 11:00 am- 12:30 pm. This event fundraiser will raise money, and collect books and pajamas for "Pajama Program." Students will swim in the pool, transition to their bikes which they will ride along the bike path to the Great Lakes train station and back, and complete the journey with a run to the finish line. Runners will race down Spruce to Lake to Woodland, Edgewood then back to LFHS.

The Lake Forest High School Booster Club is looking for an individual to chair the Concessions Program for the Booster Board. This program was re-designed to utilize employees to run the concession stands during sporting events, thereby significantly reducing volunteer time commitments from the board member in charge. If you are interested please contact Gayle Sullivan at 847-234-1904 or [gayle@realtyval.com](mailto:gayle@realtyval.com) . This position may be filled by two co-chairs.

The Lake Forest High School Dads' Club is a support group formed specifically for LFHS fathers to offer a meeting forum once a month during the school year. The group will share the experiences and challenges of guiding high school teenagers, learn about LFHS plans and activities, and gain a better understanding of relevant issues concerning teenagers as they approach adulthood. The next meeting will be on Saturday, October 12, 2009 from 8:30- 10:00 am at the Northern Trust Bank, Lower Ground Floor, 959 S. Waukegan Road, Lake Forest, IL. Rich Hudson, author and executive coach will be speaking to the Dad's group about "What beliefs do parents need to raise great students!" Rich developed the concepts of Belief Investing™ and Belief Leadership™ based on his training and coaching experience. His work with executives also convinced him that it is imperative to help teens build powerful, positive beliefs, attitudes, and skills at a time when it is effortless to learn. To find out more, contact Mitchell Schwarzbach [m-schwarzbach @comcast.net](mailto:m-schwarzbach@comcast.net) or Kevin Neville at [Kevinneville@aol.com](mailto:Kevinneville@aol.com).