

Community High School District No. 115
Lake Forest High School
1285 North McKinley Road
Lake Forest, IL 60045

PRESS RELEASE

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FOR RELEASE: Immediately

LFHS Student Services Parent Meetings and College Resource Center Presents: "Admissions Process/Update" a senior parent meeting on Thursday, October 8 at 10:00 am in the David Miller Theatre.

There will be no school for students or staff on October 12 in recognition of Columbus Day.

There will be a regular meeting of the Board of Education of Lake Forest Community High School District 115, Lake County, Illinois on Tuesday, October 13, 2009 at 7:00 p.m., Board Rm, LFHS West Campus, 300 S. Waukegan Road, Lake Forest, Illinois.

LFHS PSAT/Plan Testing for Sophomores and Juniors will take place on Wednesday, October 14. This is a regular day of attendance for freshmen, sophomores and juniors. During this morning, all sophomores and juniors will be taking the PLAN and PSAT/NMSQT tests respectively. Freshmen will participate in a Freshmen Orientation II morning of activities. Buses will run their normal schedules. All morning activities will begin promptly at 7:50 AM. The PLAN exam is a practice ACT test that provides achievement scores and assessments of study skills and career information. Room assignments for this testing will be posted in the main front hallway prior to and on the test day. All sophomore students are expected to take this exam on Wednesday,

October 14, 2009 at 7:50 AM. The Preliminary SAT/National Merit Scholarship qualifying test will be administered to all juniors on Wednesday, October 14, 2009 at 7:50 AM. Room assignments for this testing will be posted in the main front hallway prior to and on the testing day. Juniors take this exam as a practice for the SAT test and it is used as criteria for selecting National Merit Semifinalists. The Student Services Department will offer freshmen a variety of activities and educational sessions during the morning's testing. Seniors are excused from morning activities. Seniors will be expected to report to school on time this day (11:30 AM). Early Bird PE classes will not meet on this day. EB Science classes will meet first period only.

Student Services Parent Meetings and College Resource Center Presents "Get Involved at LFHS!" a Freshmen parent meeting on Thursday, October 15 at 10:00 AM in the David Miller Theatre. Parents will learn about how students can get involved at LFHS. A panel of administrators will lead an overview of the numerous extra-curricular activities available at LFHS. From sports to clubs of all kinds, student government, arts, community service and so much more. We will also discuss ways to encourage our freshman students to join in and begin to make a contribution to our school and community.

Performances for the LFHS Junior/Senior Play "You Can't Take it With You" will be on Thursday – Saturday, October 15 -17, 2009 at 7:30 pm in the Raymond Moore Auditorium. Come see Junior and Senior actors directed by Joe Pulio in George S. Kaufman and Moss Hart's 1936 Pulitzer Prize winning play. Watch the crazy members of Grandpa Martin Vanderhof's household as they encounter one obstacle after another, from a fireworks factory in the basement to the conservative parents of the daughter's boyfriend and an angry tax collector. There is never a dull moment in this three-act comedy, with laughs and excitement from beginning to end. The cast includes: Tanya Amidei, Augie Athenson, Barrett Barnes-Wolf, Rory Connolly, Kevin Davidson, Harrison Demas, Sarah Hayes, Lain Kienzle, Hayley Koch, Kelsey Kolasa, Alex Kroger, Leland Masek, Katie Moss, Neil Phelps, Jori Lynn Richman, Emma Stockert, Todd Szerlong, Woody Tauke and Matthew Terry. Student Directors are Catherine Athenson

and Jeffrey Niedermaier. Technical Directors are Beep Trefts and Kevin McCotter. The set is designed by Alyssa Loiacano, Katie Hershberger and Matt Bleck. Sound Design by Tim Wong. Lighting Design by Iain Brearton. Props by Jenny Alaimo, Matt Dettling and Rachel Penn. Faculty Technical Advisors are Ben Davidson and Stephanie Ashmore. Wendy Koch will be the Costume Designer assisted by Student Costume Designer Natalie Connolly. Tickets are available at www.lfhs.org. Seats are reserved, \$10 for adults and \$5 for students, with free admission for students with an activity ticket.

LFHS Wellness Department's Triathlon/Biathlon/6k will take place on Friday, October 16, 2009. Over 500 students will participate in the LFHS Wellness Department's bi-annual Triathlon/Biathlon/6k run from 11:00 am- 12:30 pm. This event fundraiser will raise money, and collect books and pajamas for "Pajama Program." Students will swim in the pool, transition to their bikes which they will ride along the bike path to the Great Lakes train station and back, and complete the journey with a run to the finish line. Runners will race down Spruce to Lake to Woodland, Edgewood then back to LFHS.

The Lake Forest High School Dads' Club is a support group formed specifically for LFHS fathers to offer a meeting forum once a month during the school year. The next meeting will be on Saturday, October 17, 2009 from 8:30- 10:00 am at the Northern Trust Bank, Lower Ground Floor, 959 S. Waukegan Road, Lake Forest, IL. Rich Hudson, author and executive coach will be speaking to the Dad's group about "What beliefs do parents need to raise great students!" Rich developed the concepts of Belief Investing™ and Belief Leadership™ based on his training and coaching experience. His work with executives also convinced him that it is imperative to help teens build powerful, positive beliefs, attitudes, and skills at a time when it is effortless to learn. To find out more, contact Mitchell Schwarzbach at [m-schwarzbach @comcast.net](mailto:m-schwarzbach@comcast.net) or Kevin Neville at Kevinneville@aol.com.

155 students at Lake Forest High School have earned AP Scholar Awards in recognition of their exceptional achievement on AP Exams. You'll see many students graduated from the Class of 2009 in the spring of 2009. The College Board's Advanced Placement

Program® (AP®) provides motivated and academically prepared students with the opportunity to take rigorous college-level courses while still in high school, and to earn college credit, advanced placement, or both for successful performance on the AP Exams. About 18 percent of the more than 1.7 million students worldwide who took AP Exams performed at a sufficiently high level to also earn an AP Scholar Award.

The College Board recognizes several levels of achievement based on students' performance on AP Exams. At Lake Forest High School: Eight students qualified for the National AP Scholar Award by earning an average grade of 4 or higher on a 5-point scale on all AP Exams taken, and grades of 4 or higher on eight or more of these exams. These students are Tanner Edwards, Jennifer Graham, Alexander Morrow, Steven Nelms, Bradley Peet, Danielle Pullan, Andrew Quinn and Kyle Werner.

Sixty Two students qualified for the AP Scholar with Distinction Award by earning an average grade of at least 3.5 on all AP Exams taken, and grades of 3 or higher on five or more of these exams. These students are Ashley Andersen, Jake Bailey, Nathaniel Balk, William Barkhausen, Ryne Booth, Matthew Brandorff, Jonathan Briskman, Roger Burgis, John Clark, Timothy Clifford, Colleen Considine, Jennifer Dent, James DePaul, Angela Dugan, Molly Durot, Tanner Edwards, Frank Fineis, David Geldermann, Jennifer Graham, Kasia Hart, David Head, Shengyu Hu, Louay Jajeh, Brendan Karson, William Kehr, Caroline Kelleher, Arthur Kerr, Rachel Lafortune, Stephan Lambert, Austin Lin, Tylee Lin, Casey Long, Anthony Morasco, Molly McKiel, Alexander Morrow, Nikhil Mulani, Olivia Murawski, John Nedeau, Steven Nelms, Jeffery Niedermaier, Caroline Novas, Emma O'Connor-Brooks, Andrew O'Neill, Jentien Pan, Bradley Peet, Megan Pratt, Danielle Pullan, Andrew Quinn, Spencer Rahn, Martin Rozycki, Eric Russell, Katherine Scribner, Helen Sidebotham, Danielle Springer, Mitchell Stoehr, Mark Torcivia, Gregory Tourangeau, Diane Wang, Hannah Wang, Kyle Werner, Anna Zhou and Adam Zylka.

Twenty One students qualified for the AP Scholar with Honor Award by earning an average grade of at least 3.25 on all AP Exams taken, and grades of 3 or higher on four or more of these exams. These students are Peter Briggs, Colin Briskman, Konstantine

Buhler, Kaitlin Burke, Owen Chang, Kira Fath, Rachel Flood, Megan Glynn, John Goense, Bianca Kapoor, Patrick Laughlin, Eric Leventhal, Gregory Madsen, Visha Meyer, Brian O'Callaghan, Matthew Ochalski, Michael Oliver, Christian Schmidt, Dimitrios Svigos, Brian Wang and Lucas Wells.

Sixty Six students qualified for the AP Scholar Award by completing three or more AP Exams, with grades of 3 or higher. The AP Scholars are Stephanie Allen, Scott Andersen, Marie Ankenman, Joseph Arnstein, Aria Bagheri, Kevin Berardini, Jeremy Berman, Grace Chandler, Martha Dee, Claire Dillon, Claire Dimario, Leah Drummond, Matthew Ehrhard, Maxim Ellisman, Allan Englehardt, Ann Evans, Kyle Flagstad, Lauren Ganshirt, Michael Glynn, Alicia Goldfine, Kelsey Goon, Jonathan Griesbach, Claire Haffner, Adam Harkins, Sarah Hayes, Graham Henderson, Daniel Karson, Tyler Ku, William Kyriazis, William Laing, Ryan Mark, Madeline Mayer, Rohan Mehta, Megan Moore, William Moore, Jessye Mueller, Graeme Murphy, Jeffrey Nickels, Connor O'Connell-Keleghan, Sarah O'Kane, Hunter Ousterhout, Parth Patel, Sarah Perkins, Elizabeth Pohl, Clayton Pristou, Spencer Quigley, Bethany Reed, Samuel Saltzman, Ian Schappe, Sondra Schmidt, Anton Scoco, Harrison Shipp, Zachary Silber, Michael Sloan, Alexander Svigos, Faith Svigos, Eeshan Talwar, Parker Teufel, Maria Theodore, Connor Titus, Tessa Torcivia, Kristin Vargas, Rohan Vashi, Aleksander Weismantel, Marcin Weslowski and Timothy Zage.

Of this year's award recipients at Lake Forest High School, Fifty seven are sophomores or juniors: Stephanie Allen, Marie Ankenman, Joseph Arnstein, Aria Bagheri, Nathaniel Balk, Jeremy Berman, Peter Briggs, Colin Briskman, Jonathan Briskman, Konstantine Buhler, Grace Chandler, Owen Chang, Claire Dillon, Claire Dimario, Matthew Ehrhard, Maxim Ellisman, Kyle Flagstad, Lauren Ganshirt, Kelsey Goon, Claire Haffner, Sarah Hayes, Bianca Kapoor, Daniel Karson, Patrick Laughlin, Eric Leventhal, Tylee Lin, Ryan Mark, Rohan Mehta, Megan Moore, William Moore, Nikhil Mulani, Graeme Murphy, Jeffrey Niedermaier, Connor O'Connell-Keleghan, Matthew Ochalski, Michael Oliver, Andrew Oneill, Clayton Pristou, Spencer Quigley, Ian Schappe, Christian Schmidt, Anton Scoco, Harrison Shipp, Zachary Silber, Mitchell Stoehr, Faith Svigos, Eeshan Talwar,

Parker Teufel, Maria Theodore, Connor Titus, Tessa Torcivia, Kristin Vargas, Brian Wang, Diane Wang, Aleksander Weismantel, Timothy Zage and Anna Zhou. These students have at least one more year in which to complete college-level work and possibly earn another AP Scholar Award. Through more than 30 different college-level courses and exams, AP provides motivated and academically prepared students with the opportunity to earn college credit or advanced placement and stand out in the college admission process. Each exam is developed by a committee of college and university faculty and AP teachers, ensuring that AP exams are aligned with the same high standards expected by college faculty at some of the nation's leading liberal arts and research institutions. More than 3,600 colleges and universities annually receive AP grades. Over 90 percent of four-year colleges in the United States provide credit and/or placement for qualifying AP Exams. Research consistently shows that AP students who score a 3 or higher on AP Exams (based on a scale from 1 to 5, with 5 being the highest) typically experience greater academic success in college and higher graduation rates than students who do not participate in AP. The College Board is a not-for-profit membership organization whose mission is to connect students to college success and opportunity. Founded in 1900, the association is composed of more than 5,600 schools, colleges, universities, and other educational organizations. Each year, the College Board serves seven million students and their parents, 23,000 high schools, and 3,800 colleges through major programs and services in college admissions, guidance, assessment, financial aid, enrollment, and teaching and learning. Among its best-known programs are the SAT®, the PSAT/NMSQT®, and the Advanced Placement Program® (AP®). The College Board is committed to the principles of excellence and equity, and that commitment is embodied in all of its programs, services, activities, and concerns.