

	1st quarter	2nd quarter	3rd quarter	4th quarter
<b>Freshmen</b>	<ul style="list-style-type: none"> <li>• Role of Counselor/Seminars</li> <li>• Academic issues               <ul style="list-style-type: none"> <li>o Time Management</li> <li>o Homework</li> <li>o Organization/ Resource Centers/</li> </ul> </li> <li>• Self-Advocacy</li> <li>• 1st Quarter Report Card</li> <li>• 10 wk drop date/schedule changes</li> <li>• Intimidation/Hazing/Civility</li> </ul>	<ul style="list-style-type: none"> <li>• Four-year plan</li> <li>• Final Exams               <ul style="list-style-type: none"> <li>o Schedule</li> <li>o Planning</li> </ul> </li> </ul> (computer labs)?	Individual Registration Appointments	<ul style="list-style-type: none"> <li>• Naviance Learning Style Inventory in Computer Labs</li> <li>• Review of year/goals for next year</li> <li>• Transcript review</li> <li>• Summer plans/opportunities (computer labs)</li> </ul>
<b>Sophomore</b>	<ul style="list-style-type: none"> <li>• PLAN/ testing sequence</li> <li>• Campbell Career Inventory</li> </ul>	<ul style="list-style-type: none"> <li>• PLAN Interpretation</li> <li>• Career Activities</li> <li>• Announcements:               <ul style="list-style-type: none"> <li>o Job Shadowing</li> </ul> </li> </ul>	Individual Registration Appointments	<ul style="list-style-type: none"> <li>• Campbell test results</li> <li>• Transcript (handout/discussion)</li> <li>• Activities/Involvement/ Volunteering</li> <li>• Other:               <ul style="list-style-type: none"> <li>o Civility scenarios/stereotypes</li> <li>o Handling frustration/Anger</li> <li>o Respecting others</li> </ul> </li> </ul>
<b>Junior</b>	<ul style="list-style-type: none"> <li>• College planning               <ul style="list-style-type: none"> <li>o Testing sequence                   <ul style="list-style-type: none"> <li>□ PSAT handout and explanation</li> <li>□ Test calendar</li> </ul> </li> <li>o Naviance presentation resources</li> <li>o College Visits</li> <li>o College time-line</li> <li>o College planning guide</li> <li>o College Fairs</li> </ul> </li> </ul> (DMT 1st half/classroom split)	<ul style="list-style-type: none"> <li>• PSAT scores</li> <li>• Personality Profile as it relates to careers (computer labs)</li> </ul>	Individual Registration Appointments	<ul style="list-style-type: none"> <li>• Academic issues:               <ul style="list-style-type: none"> <li>o Review Transcript</li> <li>o Check Graduation Reqs and courses for next year</li> </ul> </li> <li>• College Preparation               <ul style="list-style-type: none"> <li>o Testing Calendar</li> <li>o Prairie State Info.</li> </ul> </li> <li>• Junior Questionnaire</li> </ul>

<p><b>Senior</b></p>	<ul style="list-style-type: none"> <li>• Writing Prompt:</li> <li>• College Process: <ul style="list-style-type: none"> <li>o Junior Autobiography / Parent Info. (Due Prior to Rec.)</li> <li>o Transcript review / Grad. Requirements</li> <li>o College Visits at LFHS and on campus (Naviance)</li> <li>o Teacher Recommendations</li> <li>o Testing Calendar / retakes</li> <li>o Application types and timelines</li> <li>o How to Apply to Colleges - Handout/DVD</li> </ul> </li> <li>• Resources: <ul style="list-style-type: none"> <li>• College Counselor</li> <li>• College Resource Center</li> <li>• For your Future publication</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Writing Prompt</li> <li>• Stress/Pressure/Family Expectations throughout process</li> <li>• Review Application Process <ul style="list-style-type: none"> <li>o Sending ACT/SAT scores</li> <li>o Terms of Decision (Deferred, Waitlisted, Conditional, etc.)</li> <li>o Jr. Questionnaire</li> <li>o Application Deadlines</li> <li>o 7th (and 8th) sem. grades</li> </ul> </li> <li>• Individual Counseling</li> </ul>		<ul style="list-style-type: none"> <li>• Senior Exit survey on Naviance</li> <li>• Graduation activities</li> <li>• Transition Activities <ul style="list-style-type: none"> <li>o Counselor Survey</li> <li>o Writing Prompt</li> <li>o Transition discussion</li> <li>o Thank you notes</li> </ul> </li> </ul>
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