

## **District Goals and Objectives 2009-10**

### **Emotional Wellness Initiative**

**Goal 2:** Integrate a broad system of support to maximize personal growth, character development, and well being into the culture and curriculum of Lake Forest High School.

#### **Key Objectives:**

**5. Tri-District Articulation:** Expand educational articulation between School Districts 65, 67 & 115.

**7. Student Development Program:** Expand the emotional wellness initiative to include a new Student Leadership Training Program, a new Health and Wellness for Life Curriculum, and expand related training for students, teachers and parents.

**9. Celebrate Successes:** Develop a comprehensive program for celebrating student and staff successes of the past and present

#### **Accomplishments 2009-2010**

- Faculty
  - Each department has EW-related goal (2009-2010)
  - Integration of Core Principles into curriculum (individual classes 2009-2010)
  - Integration of Core Principles into Mentorship Program (Summer 2009)
  - Investigated LINKS crew as means to improve freshmen transition (Fall 2009)
  - Tri-district meeting (St. Marys too) to share and support one another (Nov 2009)
  - Departmental updates by Leadership Team (Nov. 2009)
  - Student presentation to Faculty (Dec. 2009)
  - Participation in CSCI survey (Dec 2009)
  - Study Skills KTI to support Health and Wellness for Life teachers and other faculty members (Jan-March 2010)
- Students
  - Implement Health and Wellness for Life course – ongoing review and revision
  - Clap-In during Freshman Orientation (Aug. 2009)
  - Students led faculty-parent-student committees to define words (Sept 2009)
  - Senior panel presentation to freshmen during Orientation Day 2 (Oct 2009)
  - Student-created video (E60) for publicity purposes (Nov 2009)
  - Students developed and led awareness sessions on late starts (Nov and Dec 2009)
  - Graphic Design classes created visual campaign for Principles (Dec 2009)
  - Participation in CSCI survey (Dec 2009)
  - Students organize effort for all-school walk (APT presentation – Jan 2010)
- Parents/Community
  - Parent participation in Definition sub-committees (Sept 2009)
  - Development of web presence (Sept 2009)
  - Presentation to APT (Oct 2009)
  - Participation in CSCI survey (Dec 2009)
  - APT collaboration and participation in All-School walk (2009-2010)
  - Community Event (Jan 2010)

- Complimentary Efforts
  - Student-led committee creating Honor Code to be included within Student Handbook (2009-2010)
  - Social Norms survey completed (Dec 2009 and Feb 2010)
  - Social Workers from 67 and 65 observed Health and Wellness for Life classes

#### Next Steps

- Student presentation to entire faculty – Feb. 12
- Continued marketing for increased awareness and participation
- KTI focused on integrating Core Principles into curriculum and classroom culture
- LINKS Crew training conference for 5 faculty members – evolution of freshmen orientation
- All-school walk (May 2010) – parallel events at 65 and 67
- Possible KTI focused on staff wellness and impact on school community
- Continued collaboration with ONE campaign and SADD