

Emotional Wellness Initiative: Moving Forward

Steering Committee (est. Fall 2006): *Jay Hoffmann, Julie Cooley, Merry Quinn, Steve Johnson, Jennifer Knight (mentor), John Maher (mentor), Lynn Moore (TEAM Initiative Coach)*

- Attended one 2-day workshop and four half-day workshops in '06/'07.
- Mentors attended the National CEP forum in Washington DC in both '06/'07
- Mentors participated in a 2 day summer workshop for mentors in 2007
- With funding from CHARMM'D and Math Dept. support, administered the Comprehensive School climate Survey (CSCI).
- Developed a three-year action plan, through the 2009-2010 school year

Freshman Health Curriculum Committee (est. Spring 2007): *Erin O'Donnell, Kristen Baysinger, Maureen Fallon, Megan Miles, Pam Johnson, Rhonda Benson, Steve Van Nuys, Jennifer Knight, Lynn Moore, John Maher*

- Met four times during Summer 2007 to redesign Health to a full-year course including study skills and social-emotional skill instruction
- Mentors presented to the Board's Education Committee and the PLT in the fall of 2007
- Further development and refinement of Health Curriculum in Summer 2008
- Approved, in Fall 2008, as an elective option for 2009-10 incoming freshmen

Leadership Team (est. Fall 2007): *Amy Zimmerman, Christine Bozich, Jay Kleeman, Kristen Baysinger, Matt Lowry, Megan Miles, Michelene Tomek, Pam Johnson, Steve Douglass, Stephen VanNuys, Jennifer Knight, John Maher, Lynn Moore, Joe Malin*

- Attended one 2-day leadership institute and six half-day workshops in 2007 -08 academic year focused on implementation of character education and social-emotional learning
- Scheduled to attend an additional 6 workshops during 2008-09 academic year
- Met an additional 7 times during school hours for additional planning and discussion
- Led small group discussions on Institute Days as well as serving as liaisons for respective departments for 2007-8 and 2008-9 academic years
- Piloting application at the classroom level through sub-committee work

Community Leadership Team (est. Jan. 2008): *Ashley Ward (Director of Community Relations, Charmm'd), Betty Frank-Bailey (LEAD), Jennifer Knight, Jill Moutvic (APT/Boosters), John Maher, Kristie Finley (Lake Forest Network for Youth, Speak Up: Underage Drinking Prevention Task Force), Lynn Moore, (TEAM Initiative Coach), Marilyn Harlow (Board Member), Todd Nahigian (CROYA), Mark Mitter (D67 Board President), Pam Johnson, Jennifer Edgington (SAP coordinator)*

- Attended a 2 day leadership workshop (Winter 2008) and, since, have met monthly
- Serve as liaisons between school and community organizations
- Conducted parent focus group conversations (Nov. 2008) to gather foundational data for use both in current initiative work and in planning Focus on the Future Community Event
- Planning a Focus on the Future Community Event (February '09), at which all stakeholders will have the opportunity to give input in identifying and defining core values.

Student Focus Groups (begun April 2008)

- All freshmen, sophomores, and juniors completed a small survey during counselor seminars
- Four groups of students met, co-led by Leadership Team members three time during spring of 2008
- Participants serve as advisors for student involvement during 2008-9 school year
- Planning an entire student body conversation, December 2008, an opportunity for students to identify school concerns and core values

Administrative Training (2008-9) *Jim Gantt, Tom Meagher, Diane Clark, Jim Sullivan, Tim Burkhalter, Jim Thiel, Mary Kay Koerner, Steve Johnson, Kathy O'Hara, Wendy Antrim, Tony Filippo, Lisa Huffman, Dan Maigler, Jennifer Edgington,*

- Five administrators attended workshop on leadership within initiative (Sept. 2008)
- Instructional directors and departments chairpersons attended full-day workshop on 11 principles and methods for implementation within pedagogy and curriculum
- Follow-up workshop focused on practical application (scheduled Winter 2008-9)
- As of November 2008, ALL administrators have been trained in the initiative

SAP Student Assistance Program (est. 2008): *Jennifer Edgington (coordinator), Laura Clegg, Maggie Ross, Joe Harmsen, Julie Chanter, Kerry Littel, Matt Dewar, Maureen Fallon, Melissa Doucette, Kathy O'Hara*

- Tri-district SAP Coordinator hired and SAP Team established (Fall 2008) to examine current practices in substance use prevention, intervention, and support in grades 5 through 12
- Attended Leadership Training (Nov. 2008) in order to better collaborate with EW efforts
- Administered Illinois Youth Survey to sixth, eighth, tenth, and twelve graders (Feb 2008) and shared results with community stakeholders (Fall 2008)
- Implemented Gold Card referral system to simplify social-emotional referral process (Fall 2008)
- Collaborate with SADD to implement Red Ribbon Week activities, Clothesline Project, and various awareness campaigns throughout the school year (2008-2009)
- Present educational programs: *Substance Use: Prevalence, Signs & Symptoms, and What You Can Do to Help* for faculty (Jan 2009)

Additional Leadership Training (Fall 2008): *Phil LaScala, Tim Haskett, Mary Kay Koerner, Erika Koesling, Marni Levinson, Carolyn Konz, Linda Barrett, Katie Secker, Ray Werner, Jill Murphy, Joe DeRosa, Laura Grigg*

- Attended 2-day Leadership Training alongside SAP team
- Will serve as staff resources for ongoing work

Expanded Efforts

- KTI course on the 11 Principles (2 courses at LFHS, 1 course at Deerpath) during 2007-8 school year
- Additional KTI in Winter 2008 as well as Hal Urban book club in 2009 (partnered with LEAD for Urban parent/community book club as well)
- Collected and analyzed baseline data for future comparative assessment (Spring 2007 and 2008)
- Three-year plan (through the 2010-11 school year)
- Meet several times a year with LFHS feeder schools (Deerpath has an initiative)
- Mentors presented at Character Conference in June of 2008, in Wisconsin

Developments 2008-9, Accomplished and Anticipated

- Administrative training (Sept. 2008/Oct. 2008)
- Parent Focus groups (Nov. 2008)
- Entire student body conversation (Dec. 2008)
- Student Leadership Training for approximately 50 students (February 24, 2009)
- Train the trainers (adult staff) for future Student Leadership training (February 24, 2009)
- Follow-up Student Leadership Training (April 2009)
- Parent Leadership Training (March 2009)
- Partnership with APT for 2009 CSCI survey promotion
- Four sections of year-long Health curriculum for freshmen in 2009, including social emotional skill training, study skills instruction and increased support for high school transition
- Hal Urban, noted national speaker, will present to faculty and possibly parents (April 2009)