

## District Goals and Objectives 2010-11

### Emotional Wellness Initiative

**Goal 2:** Integrate into the culture, curriculum, and activities of Lake Forest High School a broad system of support for students to maximize personal growth, character development, and well-being

#### Key Objectives:

4. **Tri-District Articulation:** Expand educational articulation between School Districts 65, 67 & 115.
  
7. **Student Development Program:** Expand the emotional wellness initiative to include a new Student Leadership Training Program, a new Health and Wellness for Life Curriculum, and expand related training for students, teachers and parents.

#### Accomplishments 2010-2011

- Shared Experiences
  - John Underwood presentation, *Life\_of an Athlete* and follow-up student leadership institute (Fall 2010)
  - Race to Nowhere showings and faculty-student conversation and collaboration (Winter 2011)
  
- Faculty
  - Departmental consultations during late-start planning to share CSCI results and discuss next steps (Fall 2010)
  - Integration of Core Principles into curriculum (individual classes 2010-2011)
  - Site visit to Amador High School, School of Character Award winner (November 2010)
  - Tri-district meeting (including St. Marys) to share and support effort (Nov 2010, Spring 2011)
  - Integration of Core Principles into 2020 goals and vision (Winter-Spring 2011)
  - KTI offerings: *Making it Safe for Students to be Themselves*; *The Price of Privilege* (book read); *Improving Discussion within the Classroom* (2010-2011)
  - Development and implementation of feedback instruments for school leaders and athletic coaches (Winter-Spring 2011)
  - Administration participation in Emotional Quotient Intelligence coaching (2010-2011)
  - Integration of Core Principles into LINKS crew (Summer 2011)
  - CHARMM'D-funded Lunch and Learn for Faculty on *Having Difficult Conversations* with expert presenter (April 2011)
  
- Students
  - Health and Wellness for Life course: orchestration of junior and senior student mentor participation and leadership (2010-2011)
  - Links crew implemented during Freshman Orientation (Aug. 2010)
  - Football captains spoke to freshmen about "Facebook" choices (October 2010)
  - Student-created video "We Are" and inclusion of student vision statement (October 2010)
  - Students-organized and run awareness sessions on November late start with over 30 leaders and 100 new students (November 2010)
  - Students led Institute Day faculty conversations about stress and expectations (April 2011)
  - Students organize effort for One Week event (Jan- April 2011)
  - Junior/Senior student participation in D67 transition event for 8<sup>th</sup> graders (May 2011)

- Parents/Community
  - Expansion of web presence to Dashboard (Fall 2010)
  - Presentation to APT (Fall 2010)
  - Parent participation in Race to Nowhere conversation (Winter 2011)
  - APT collaboration and participation in One Week event (Winter-Spring 2011)
    - Over 70 parents volunteers (April 2011)
- Complimentary Efforts
  - Student participation in district-level committees: 2020 Vision, Academic Integrity (2010-2011)
  - Social Norms campaign (2010-2011)
  - Social Worker participation and coaching in Health and Wellness for Life classes (2010-2011)
  - Faculty and Student winner of Lake County Excellence in Character awards (Spring 2011)
  - Health and Wellness for Life won Promising Practice award from Character Education Partnership (May 2011)

#### **Next Steps 2011-12**

- Mailroom shifted into library spaces and the creation of a professional development/study lounge for faculty, per their request in fall meetings (Summer 2011)
- Expansion of LINKS crew program on Freshmen Orientation (August 2011)
- Integration of senior mentor “super” leaders in freshmen Health and Wellness for Life courses (2011-12)
- Participation in Youth Summit with other area high schools – Lake Forest Academy and Woodlands (September 2011)
- Follow-up to *Race to Nowhere* discussion: Wendy Mogel public presentation (November 2011)
- Collaboration with athletic department to support student-athlete advisory team (Fall 2011)
- Support Social Norms campaign (focused on student perceptions of alcohol use among peers) (2011-12)
- Departmental consultations based on stated needs and concerns (with CHARMM'D's support) (2011-12)
- Pilot using student learning inventories in select science and English classes as data for student-centered instruction (2011-2012)
- Administration participation in Emotional Quotient Intelligence coaching (2010-2011)
- Creation of a Faculty “Facebook” (August 2011)
- Posting of Core Principles, Student Vision Statement, and Mission Statement in school building (Fall 2011)