



GLASA



VOLUNTEER INTEREST FORM

WINTER/SPRING 2010 PROGRAMS

Volunteering for GLASA is a great way to have fun while making a difference! You can help make a difference by assisting children who have a primary physical or visual impairment to participate in the following sports and recreation programs!

Volunteer Information

Name: _____ E-Mail: _____
Address: _____ City: _____ State: _____ Zip: _____
Home Phone: _____ Cell Phone: _____
School: _____ Grade: _____ Age: _____

Please *circle* the dates of the program for which you are interested in volunteering.

**** WEEKLY PROGRAMS ****

ADV. & BEG. GOALBALL	Mondays: Jan. 11 – June 7	6:15 – 8:30 pm
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Jan. 11, 18, 25 Feb. 1, 8, 15, 22 Mar. 1, 8, 15, 22, xx
Apr. 5, 12, 19, 26 May 3, 10, 17, 24, 31 June 7

Location: Rockland School, 160 W. Rockland Rd., Libertyville, IL No Program: Mar. 29

SLED HOCKEY	Sundays: Jan. 10 – Mar. 14	4:15 – 5:30 pm
<i>Volunteers must know how to skate and own their own skates.</i>		

Jan. 10, 17, 24, xx Feb. 7, 14, 21, 28 Mar. 7, 14 No Program: Jan. 31

Location: Hot Shot Ice Rink, Rt. 41 north of 176, Lake Bluff, IL

**Volunteers to arrive by 4:15 to get ready for ice time from 4:30 – 5:30 pm.

AMBULATORY SOCCER**Saturdays: May 1 – 29****3:00 – 4:00 pm***Volunteers with Soccer Experience***May 1, 8, 15, xx, 29****No Program: May 22****Locations:** Libertyville Township Soccer Complex, 1850 W. Winchester Rd., Libertyville, IL **OR**

Evanston Township High School, 1600 Dodge Ave., Evanston, IL

POWER SOCCER**Wednesdays: Jan. 13 – June 9****7:00 – 9:00 pm****Jan. 13, 20, 27 Feb. 3, 10, 17, 24 Mar. 3, 10, 17, 24, xx Apr. 7, 14, 21, 28****May 5, 12, 19, 26 June 2, 9****Location:** Highcrest School, Gym C, 569 Hunter Rd., Wilmette, IL**No Program: Mar. 31****SWIM LESSONS-Bensenville****Tuesdays: Jan. 5 – Jan. 26****6:30 – 7:30 pm***Volunteers must have swim experience.***Jan. 5, 12, 19, 26****Location:** The Water's Edge Aquatic Center, 545 John St., Bensenville, IL 60106**SWIM LESSONS-Vernon Hills****Wednesdays: Jan. 6 – July 14****6:00 – 7:00 pm***Volunteers must have swim experience.***Jan. 6, 13, 20, 27 Feb. 3, 10, 17, 24 Mar. 3, 10, 17, 24, xx Apr. 7, 14, 21, 28****May 5, 12, 19, 26 June 2, 9, 16, xx, 30 Jul 7, 14****Location:** Central Lake YMCA, 700 Lakeview Parkway, Vernon Hills, IL**No Program: Mar. 31; June 23****ADAPTIVE TENNIS @****Saturdays: Jan. 9 – May 15****3:00 – 5:00 pm****Northwestern Combe Tennis Center****Jan. 9, xx, 23, 30 Feb. 6, xx, 20, 27 Mar. 6, xx, 20, xx Apr. xx, 10, 17, 24****May 1, 8, 15****Location:** Northwestern University's Combe Tennis Center, 2311 Campus Drive, Evanston, IL**Special Start Times:** Jan. 23 @ 3:30 & Mar. 6 @ 2:30**No Program: Jan.16; Feb. 13; Mar. 13 & 27; Apr. 3**

Saturday Sports Schedule—Great Lakes Naval Base

No programs on Spring Break Weekends – Mar. 27 & Apr. 3

WHEELCHAIR FLOOR HOCKEY Bldg #4 Jan. 23 – Mar. 20 10:00 – 11:30 am

Jan. 23, xx Feb. xx, 13, 20, 27 Mar. 6, xx, 20

PREP/JV YOUTH WHEELCHAIR BASKETBALL Bldg #4 Jan. 23 – Mar. 20 11:30 am – 1:30 pm

Jan. 23, xx Feb. xx, 13, 20, 27 Mar. 6, xx, 20

ADULT WHEELCHAIR BASKETBALL Bldg #4 Jan. 23 – Mar. 20 1:45 – 3:00 pm

Jan. 23, xx Feb. xx, 13, 20, 27 Mar. 6, xx, 20

SWIM LESSONS Bldg. #440 Jan. 23 – May 15 9:00 – 11:00 am
Volunteers must have swim experience.

Jan. 23, 30 Feb. 6, 13, 20, 27 Mar. 6, 13, 20, xx Apr. xx, 10, 17, 24 May 1, 8, 15

WHEELCHAIR/ AMBULATORY TRACK & FIELD. Bldg #4 & Outdoor Track Mar. 20 – June 5 11:30 am – 1:30 pm

Mar. 20, 27* Apr. xx, 10, 17, 24 May 1, 8, 15, xx, xx June 5

BOCCIA Bldg #4 Apr. 10 – May 15 10:15 – 11:15 am

Apr. 10, 17, 24 May 1, 8, 15

ARCHERY/TABLE TENNIS Bldg #4 Apr. 10 – May 15 1:30 – 2:30 pm
Volunteers should have archery experience.

Apr. 10, 17, 24 May 1, 8, 15

Directions to Naval Base Facilities: Take IL 41 or the toll way and get off at Route 137 (Buckley Rd). Go east on Rt. 137 through a series of stop lights and go under a bridge to the intersection of Sheridan Rd. (which will be called Main St. at this intersection). Go right at this intersection and proceed to the Main Gate. Identify yourself as being with GLASA. Your name will be on a list that the security guards have. You may be asked to provide a photo ID.

To Building #4: Proceed over bridge, turn left at Rogers St. and turn right at 2nd St. at the Transient Personal

Building No. Unit 177. Building #4 is on your right. Feel free to park in lot just north of the building, on street or next to the south side of building.

To Building #440: When you arrive at the gate, ask directions to go around Ross Field. Once you are on the north side of Ross Field, take a right on Luce and continue until it ends and intersects with Evans – Building #440 will be in front of you. Parking is in the rear on either side, and the pool is well marked once you are in the building.

To Outdoor Track: From Main Gate, go left on Sampson, right on Decatur Ave., left on Paul Jones St., and left on Brownstone. Park at football field on north side.

GO GIRL GO EVENTS

A program that offers opportunities for girls to participate in “girl only sport activities.”
Female volunteers needed! Circle event if interested.

TABLE TENNIS

When: Saturday: Feb. 6th
4:30 – 6:00 pm

Where: The Glen Park Center
2400 Chestnut
Glenview, IL 60026

CERAMICS

When: Monday, Feb. 15th
1:00 – 2:30 pm

Where: Painted Penquin
632 Hawthorn Center
Vernon Hills, IL

OVERNIGHTER

When: Friday, June 4th evening thru Saturday, June 5th afternoon
Where: Inspiration Ministries Retreat Center, Walworth, WI

UPCOMING SPECIAL EVENTS

(Volunteers Needed!)

Yes! I would like to volunteer for these events, please send me information!

_____ : Annual Charity Benefit: Saturday, April 17

_____ : Annual Plant Sale: Thursday, May 20th 9:00 am – 3:00 pm

_____ : Great Lakes Regional Games: Friday, May 21 – Sunday, May 23

_____ : National Junior Disabled Championships: Sat., July 17 – Sat., July 24

Please mail form back to:

**GLASA, 400 E. Illinois Road
Lake Forest, Illinois 60045**

**Attn: Cindy Clement,
Volunteer Coordinator**



Or Return Form Via:

Email to: cclement@glasa.org

Fax to: 847-283-0973