

# LAKE FOREST HIGH SCHOOL

## SERVICE CLUBS 2011-2012

**Big 2 Little:** Through a program sponsored by the Gorter Family Foundation of Lake Bluff, interested students will have the opportunity to travel to a nearby North Chicago elementary school one afternoon a week to work with children in their after-school activities.

**Meetings:** Every Wednesday after school.

**Advisors:** Ms. Christine Jankovich ([cjankovich@lfschools.net](mailto:cjankovich@lfschools.net))  
Kathy O'Hara ([kohara@lfschools.net](mailto:kohara@lfschools.net))

**Environmental Club:** Club members are provided opportunities to realize their goals of environmental service. Most projects are student initiated. Last year's activities included: the LFHS Courtyard Garden upkeep, Ride Bike to School Day with free cocoa and snacks, hosted an "eat local" 100-mile dinner, recycling solutions for LFHS, composted cafeteria waste, beach cleanup through the Great Lakes Alliance, and Earth Week celebrations.

**Meetings:** First Friday of the month in Room 55 at 7:00 AM.

**Advisors:** Ms. Mary Beth Nawor ([mnawor@lfschools.net](mailto:mnawor@lfschools.net))  
Ms. Ariel Landvick ([alandvick@lfschools.net](mailto:alandvick@lfschools.net))

**Girl Scouts:** Girl Scouting builds girls of courage, confidence and character by challenging them with opportunities that encourage leadership, mentoring and community service. Members will have the opportunity to participate in national and international high adventure destination trips, Camp CEO and local social events. Girls are encouraged to work on the Girl Scout Gold Award which is the highest award attainable.

**Meetings:** Once a month, location and time to be decided by members.

**Advisors:** Ms. Terry Ann Nissly ([tanissly@comcast.net](mailto:tanissly@comcast.net))  
Ms. Kathy O'Hara ([kohara@lfschools.net](mailto:kohara@lfschools.net))

**Human Rights Club:** This club was created to foster and develop an understanding of human rights in the 21<sup>st</sup> century among club members and the school community. Each year the club chooses a human rights topic/issue to promote understanding and awareness among the LFHS student body and community. The 2010-11 campaign focused on child soldiers in Uganda. The club hosted Invisible Children at LFHS last year and raised \$500 that was donated to this group. Our 2009-10 campaign focused on hurricane relief efforts in Haiti. The Human Rights Club raised \$500 that was donated to Shelter Box USA, a branch of Rotary International. A speaker from Shelter Box spoke at LFHS to share the impact of Shelter Box in Haiti. The 2008-09 campaign was poverty and education in America. Our club hosted speakers from LINKS Unlimited, a not-for-profit organization in Chicago that supports K-16 educational initiatives among Chicago's disadvantaged youth. Again, we raised over \$500.00 through school fundraising activities to donate to LINK Unlimited. The Human Rights Club sponsors activities to promote International Human Rights Day on December 10<sup>th</sup> and we hold our annual awareness day in April/May of each school year to share information about the annual campaign.

**Meetings:** Every other Tuesday in Room 380 from 3:15 PM to 4:00 PM.

**Advisor:** Ms. Kelly McKee ([kmckee@lfschools.net](mailto:kmckee@lfschools.net))

**Men's Club:** Men's Club members are dedicated to performing community service activities that often have a physical requirement. As dictated by its name, Men's Club is a one-gender club which meets every Wednesday morning, on a good day attracting almost 40 members. Club members help out many individuals and organizations in Lake Forest/Lake Bluff as well as other communities up and down the North Shore. Whether it is large events which the club participates in every year such as the ELAWA Farms Christmas Greens Sale, the Polar Plunge Special Olympics benefit, the yearly car wash to benefit Kids Uganda or just helping out individual members of the community with small chores like raking leaves or moving furniture, the Men's Club is there to help.

**Meetings:** Every other Wednesday in Room 273 at 7:15 AM.

**Advisor:** Mr. Brian Runft ([brunft@lfschools.net](mailto:brunft@lfschools.net))

**Club Leaders:** John Marwede and Grant Dethlefsen

**Orchesis Dance Club:** Students with dance experience work together to choreograph, rehearse and perform dance pieces for the public and for service projects. Dancers also have the opportunity to work with a professional choreographer on a performance piece. The club also participates in service projects, including the Wheeling High School Dance for Life Benefit and the club's own Spring Benefit Concert, scheduled for May 3 and 4, 2012 in the Raymond Moore Auditorium. For more information, please visit [www.lfhsorchesis.com](http://www.lfhsorchesis.com)

**Meetings:** Practice times are twice weekly on Mondays and Wednesdays in the Sheridan School Gymnasium at 3:30 PM.

**Advisors:** Ms. Ann Marie Snow ([annie.snow28@gmail.com](mailto:annie.snow28@gmail.com))  
Ms. Kathy O'Hara ([kohara@lfschools.net](mailto:kohara@lfschools.net))

**Peer Tutoring:** Students volunteer to help fellow students in improving their academic and organizational skills. Students tutor LFHS and middle school students on an individually scheduled basis. LFHS tutors must have proficiency in the academic area in which they wish to tutor, but middle school tutors only need general academic proficiency.

**Meetings:** All tutoring is done on an individually scheduled basis.

**Advisor:** Ms. Kathy O'Hara ([kohara@lfschools.net](mailto:kohara@lfschools.net))

**Red Cross Club:** Students in this LFHS chapter of the Red Cross provide relief to victims of single family emergencies as well as community, national, or international disasters. Activities include participating in the Library of Congress Veterans Project, organizing blood drives, fundraising for disasters, CPR/AED training, disaster training, and nursing home visits.

**Meetings:** Short meetings in the library classroom directly after school, every other Monday.

**Advisor:** Mrs. Diane Bower ([dbower@lfschools.net](mailto:dbower@lfschools.net))

**SADD (Students Against Destructive Decisions):** Students play an active role in providing their classmates with information, in a variety of topics, on making healthy decisions for themselves. Activities include the "Clothesline Project", which promotes awareness of abuse victims; "Red Ribbon Week", which promotes awareness of drug and alcohol abuse; "Prom Awareness Week", which encourages a safe Prom experience; and the display of the familiar signs which line several of our community's thoroughfares during the different seasons.

**Meetings:** Day TBA in 160J at 3:15 PM.

**Advisor:** Ms. Lisa Huffman ([lhuffman@lfschools.net](mailto:lhuffman@lfschools.net))

**Scout Buddies:** Scout Buddies is a friendship club which helps build friendships among individuals with and without disabilities. Club members participate in a variety of social activities both within the school and in the community. Activities include organizing holiday parties in the school, bowling, going to movies, and eating out at local restaurants.

**Meetings:** Monthly meeting dates vary, but are in Room 134.

**Advisor:** Ms. Donna Lovitsch ([dlovitsch@lfschools.net](mailto:dlovitsch@lfschools.net))

**Student to Student (STS):** Our goal is to make all students feel comfortable and welcome at LFHS, including new students and freshmen. We do this through mentoring and supporting new students, giving tours to new families, and assisting with Freshmen Orientation.

**Meetings:** Monthly meetings are usually scheduled for the second Wednesday of the month at either 7:15am or 3:15pm in the Library Classroom. Additional meetings are scheduled when major events are being organized. Club officers meet more frequently to plan. Members are encouraged to listen to the daily announcements for meeting time updates.

**Advisor:** Ms. Megan Miles ([mmiles@lfschools.net](mailto:mmiles@lfschools.net))

**Women's Club:** This club provides volunteer service opportunities for LFHS students that meets the needs of our greater community. The goal of each member is to help with at least two service projects by the end of the school year. In past years, the club raised money for GLASA and PKD by gift-wrapping during the holidays, made Valentine's Day kits for Children's Memorial Hospital, and organized a drive for the Glass Slipper Project, a program that collects prom dresses and redistributes them to girls in the Chicago area who cannot afford them. The club also sponsored a senior citizens carnival at Lake Forest Place. For more information, visit [www.lfhsomensclub.weebly.com](http://www.lfhsomensclub.weebly.com).

**Meetings:** Every other Wednesday, starting September 15, at 7:15AM in Wedge Café in the Commons.

**Advisor:** Kathy O'Hara ([kohara@lfschools.net](mailto:kohara@lfschools.net))