

Looking for something
rewarding to do between
June and August?

Summer of Service 2009



**LAKE
FOREST
HIGH
SCHOOL**



How to get started

All of the service opportunities listed have been researched and confirmed by the Volunteer Center of Lake Forest/Lake Bluff. It is up to you to schedule your volunteer experience with the agency(s) of your choice. Tell them you're a student at Lake Forest High School and they will know you have been referred to their agency through this brochure. Make sure to read the service/work descriptions (some of the opportunities are only for students 16 years old or older.) Don't hesitate to ask them questions about the type of work you will be doing and what the hours will be.

To get the conversation (or email) started remember to:

- **Introduce yourself as a student from Lake Forest High School**
- **Tell them you're interested in volunteering your time this summer**
- **Ask the following questions:**

*When do you need volunteers?
(this week, this month, this summer)*

How many hours per day/shift will I be working?

What type of work will I be doing?

Will I be working with anyone else?

Can you give me directions to your site?

Who should I meet when I get there and where should I meet them?

Do you have a cell phone number that I should call if there's a problem?

*Should I bring or wear anything in particular?
(especially important to ask if you're working outdoors)*

The Volunteer Coordinators at these organizations will be happy to hear from you! Don't get frustrated if you don't hear back right away. Keep calling or emailing. Know that they are probably busy and short-staffed. They will definitely appreciate your persistence in getting in touch. And, they will be overjoyed to hear that help is on the way!

Questions? Call or email:

Kathy O'Hara (LFHS Service Coordinator)
847-582-7774 or kohara@lfschools.net

Summer of Service 2009

Volunteer Service Descriptions

Boys and Girls Club of Lake County

Has a summer camp running from 10:00-4:00p.m. Mon-Fri. Volunteers needed in several capacities—always looking for creative ways to help the children learn new things (i.e. dance, art or music).

Contact: Mike McCauley
1801 Sheridan Road, Ste 202, Waukegan, IL
847.775.7965 mmccauley@bgcl.com

Catholic Charities

- Help deliver furniture to needy families—Thurs. mornings in Waukegan
- Provide childcare and/or arts and crafts for children of recovering Moms Wed/Th, 6-7pm Gurnee; Tues/Wed/Thurs, 4-5pm, Samaritan House, North Chicago.
- Help prepare, serve and clean up after congregate meal at Senior Center. Mon- Fri, 11-1pm, Grayslake.
- Deliver Meals on Wheels to homebound seniors. 1-1pm, Mon-Fri.
- Perform administrative tasks; Mon-Fri in Waukegan.

Contact: Jim Wogan
671 S. Lewis Ave., Waukegan, IL
847.782.4126 JWogan@catholiccharities.net

Chicago Botanic Garden

Volunteers needed for very popular day camp "Camp CBG" from June 15 through August 14. The camp is staffed with hired teachers—volunteers needed to help out in different areas.

Contact: Judy Cashen
1000 Lake Cook Road, Glencoe, IL
847.835.6800

COOL Transitional Housing

Volunteers needed to paint housing units after families move out. Units need to be cleaned, as well, before new families move in. Also seeking volunteers for lawn cleanup at both sites in Waukegan and Zion.

Contact: Amber Abbott
127 West Water Street, Waukegan, IL 60085
847.662.1340 coolpantry@poweruser.com

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Volunteer Service Descriptions

CROYA

Starting 6/15 - CROYA's Organic Garden at Elawa

Open to all CROYA youth (High School & Middle School) Mon, Wed, Fri 10am-1pm (Bring a sack lunch). Plant, grow & tend to CROYA's own section of Elawa Farms. Vegetables and flowers will be harvested and donated to local food pantries and shelters, sold at Elawa open air market and brought back to CROYA to cook and enjoy.

7/3 - Kiwanis Pancake Breakfast Community Service Project

Open to all CROYA youth (Middle School & High School), 3:00pm-4:30pm. Meet at Lake Bluff Gazebo to set up tables and chairs for the breakfast.

7/8-7/10 - High School Work Stay

Open to all High School youth. 3 days and 2 nights at CROYA. Meals, transportation and entertainment included.

We will be volunteering at different locations in the area (i.e. working on Senior Citizens' homes and yards). Applications taken on a First Come First Serve basis - \$15 fee

8/17 - 8/18 - Middle School Work Stay

Open to all middle school youth. 2 days and 1 night at CROYA. Meals, transportation & entertainment included. We will be volunteering at different locations in the area (i.e. working on Senior Citizens' homes and yards). Applications taken on a First Come First Serve basis - \$15 fee

Contact: Joanne Yorro
847.810.3984 yorro@cityoflakeforest.com

The Deer Path Art League

Volunteers needed for 55th Annual Art Fair on the Square; Sat. eve, Sept 5th to check-in artists, help artists with set-up, and manage traffic control. Volunteers also needed Sun, Sept 6th and Mon, Sept 7th between 9--5pm to help with traffic control, manning the information tent, distributing water, managing the Children's Art Corner, booth sitting for artists, and assisting with teardown on Monday. Volunteers will be assigned tasks based on their preference and availability.

Contact: Rachael Swetin
(847)234-3743 info@deerpathartleague.org

Elawa Farm Garden

Join us in the restoration of this fabulous 2.2 acre garden overlooking 600 acres of nature preserve in the Middlefork Savanna. Learn how to grow a wide variety of vegetables, herbs and cutting flowers, how to create compost and how to prepare raised beds. The work is outside and healthy (we do not use herbicides or pesticides). Bring water, a hat and sun block. Volunteers needed for two shifts: 9am to 12 noon and 1pm to 4pm.

Contact: DeeDee Borland and Marion Cartwright
1401 Middlefork Drive, Lake Forest
847.234.1966 garden@elawafarm.org

Equestrian Connection

Learn to side walk next to kind gentle horses while a therapist works with children and adults with disabilities. Every day, 9am-5pm so pick your hours. Training class on Sun June 7 and June 28 at 5pm. Other volunteer opportunities include: helping with our children's barnival and concert on Aug 15, times to be announced, working with our camps from 10am- 2pm. Mon-Fri

Contact: Diana Schnell
600 North Bradley Road, Lake Forest, IL
847.615.8696 info@equestrianconnection.org

GLASA (Great Lakes Adaptive Sports Association)

Volunteers needed for:

- **CAMPTREK**, June 16 to 20, 9am-3pm, Libertyville, for children ages 8-18. 3-hour, volunteer in-service on June 1. Volunteers assigned to one camper for 5 days of camp.
- **Summer adaptive sports programs** including; Golf, Tennis, Swim, Track & Field, and Water Aerobics
- **GoGirlGo Days!** Girl-only sporting activities such as Hand Cycling, June 21; Sailing, July 12; and a Fishing & Summer Cookout, August 17.

Contact: Cindy Clement
400 East Illinois Road, Lake Forest, IL
847.283.0908 cclement@glasa.org

Heller Nature Center

Join our Summer Restoration Crew! Work outdoors helping nature at its healthiest. Meet at the Heller Nature Center at 8:30 a.m. to cut buckthorn, count rare plants, clean up at the beach, and have fun with our great team.

Contact: Rebecca Grill
2821 Ridge Road, Highland Park, IL
847.681.2189 rgrill@pdhp.org

Holy Family Food Pantry

We are starting a summer lunch program for local community children June 8 through August 27th. Volunteers are needed Mon. and Thurs. from 10am-2 pm at Holy Family Food Pantry, which is located at 912 8th St in Waukegan. This volunteer activity will include setting up and taking down the tables and chairs for lunch. Students will also help with supervision at meal time. Sports activities and arts and crafts may also be added after the completion of the first two weeks. All volunteers under the age of 18 may receive a free lunch. All volunteers who are 18 or older must be Virtus trained.

Contact: Barb Karacis
847.623.2112 bkaracic@comcast.net

Kids' Korner

Volunteers are needed to work with children ages 2-12; supervising, playing games, doing arts and crafts, and providing positive interaction and encouragement while their parents are in court. Some cleaning of toys may also be required. Open Mon- Fri, 8:30am to 12:15pm, and 1:15pm to 5pm. Volunteers may work a morning or afternoon shift, or stay for the entire day.

Contact: Roseanne Sherwood
18 North County Street, Waukegan, IL
847.377.3825 rsherwood@co.lake.il.us

The Lake Forest-Lake Bluff Historical Society

Volunteer needed to assist with promotion of recently published book on architect Walter Frazier. Tasks include: preparing announcement for Historical Society members, website, and newsletter; sending review copies to selected architectural and historical press; setting up sales on the Historical Society website and Amazon.com; and distributing copies to complimentary list. Deadline for project completion: August 2009.

Volunteer needed to help organize collection of obituary clippings, often used as references by researchers. Tasks include: cataloguing and filing obituaries; updating obituary files with copies from newspapers and websites; and creating an index of obituaries appearing in back issues of the Lake Forester.

Hours: Tues, Wed or Thurs 10am to 4pm.

Contact: Curator Laurie Stein
361 East Westminster, Lake Forest, IL
847.234.5253 lstein@lfbhistory.org

Lake Forest Open Lands

Volunteers are needed in three different areas. Schedules are flexible.

- **Nature Preserve Steward** Help restore degraded wildlife habitat, preserve high quality parcels of prairie, maintain the safe trails that allow public access to these disappearing ecosystems.
- **Bluebird Monitor** Help repopulate bluebird population by building boxes and monitoring bluebird box trails.
- **Butterfly Monitor** Help record different species of butterflies and numbers to help determine Open Lands' progress with ecological restoration.

Contact: Michael Hahn
350 N. Waukegan Road, Lake Forest, IL
Cell: 847.707.9878 mhahn@fola.org

Lake Forest Place

There are several ways to make a difference in the lives of our seniors this summer. Roles include: reading aloud, being a friendly visitor, activities aide, health care aide, computer aide, greeter/receptionist, plant caretaker, photo album assembly, wheelchair transport, or "helping hands" (offer your talents or special abilities whatever they may be).

Contact: Lynn Jacobs
847.772.7939 ljacobs@presbyterianhomes.org

Lamb's Farm

Sunday, June 21 - Fathers Day Brunch at the Country Inn

9:30am-3pm. Volunteers needed to help greet, pour coffee, serve customers and bus tables.

Saturday, June 20 - "Woofstock" at Lambs Farm

Two shifts- 9:30am-2pm & 1:30pm-4:30pm. Pet owners can bring their canine friends out to Lambs Farm for a day of fun! We will have demonstrations, a fashion show, vendors and more! Volunteers are needed in several areas including helping with the children's craft activities, assisting with the "Canine Fashion Show", pictures with your pet, and more.

Groups

Lambs Farm needs groups of all sizes to help with maintenance, landscaping, painting, and a wide variety of other special projects. We can customize this opportunity to meet your specific needs and availabilities.

Country Inn Restaurant

We need greeters, busers and wait staff volunteers daily and weekends.

Contact: Kate Cothell
14245 W. Rockland Road, Libertyville, IL
847 990-3816 volunteercoordinator@lambsfarm.org

Nuestro Center

We are looking for counselors (high school sophomores or older.) Our Summer Camp runs Mon June 22 thru Thurs Aug 20. Responsibilities include: playing sports, creating/leading games and activities, chaperoning children on field trips and being responsible and positive role models for children between first and eighth grade! Volunteer days and times: Mon-Thurs from 12:15pm-4:15pm. Fridays are counselor days which include trainings, educational workshops and social outings.

Interested people need a counselor application and two recommendation forms filled out by a non-relative adult. All counselors must attend a mandatory training on Fri June 19 from 1pm-3pm.

Contact: Elsi Rodriguez
624 Sheridan Road, No. 1B, Highwood, IL
847.681.0208 erodriguez@fjssl.org

PADS Crisis Service

We are looking for people to weed the flower beds around the building and tape and paint rooms (BYO brushes and rollers if possible). Finally, we have a need for deep cleaning of the building; scrubbing and disinfecting (BYO scrubbers, buckets, cleaning products, and mops if possible). Anytime M-F, 9am-4pm

Contact: Lynn Flynn
300 I Green Bay Road, Bldg #5
North Chicago, IL
847-689-4357, ext 121

Ragdale

Volunteers are needed to help maintain the historic, inspirational garden on the Ragdale estate. This garden features fanciful elements such as a grape arbor; dove cote, outdoor furniture designed by the architect Howard van Doren Shaw, classical columns, and sculpture from England.

Contact: Jack Danch, Ragdale Property Manager
847-234-1063, ext. 203 j.danch@ragdale.org