

News from Volunteer/Service Office! *December 2011*

LFHS Community Brightens the Holiday Season for Local Children

Once again Lake Forest High School participated in the Catholic Charities Christmas gift program. Thanks to the generosity of numerous LFHS clubs, classes and staff members, we will be providing gifts for 120 Lake County children in need this holiday season.

Veterans Day Ceremony

American Legion Post 264 hosted a Veterans Day ceremony at the Lake Forest Recreation Center on November 11. During the ceremony there was a performance by the Lake Forest High School band and the American Legion recognized the three winners of the annual Veteran's Day essay contest. LFHS senior, Billy Gregg, read his winning essay at the ceremony and the 2nd and 3rd place winners, Sam Tauke and Lauren McCabe, were recognized. American Legion Post 264 will generously donate \$1,000, \$500, and \$250 prizes to the Lake Forest High School club or athletic team of choice for each of the three winners.

Spotlight on Service Clubs

Did you know that there are 12 Service Clubs at Lake Forest High School, with over 600 students participating in them? LFHS Service Clubs include: Big 2 Little, Environmental Club, Girl Scouts, Human Rights Club, Men's Club, Orchesis Dance Club, Peer Tutoring, Red Cross Club, SADD (Students Against Destructive Decisions), Scout Buddies, Student to Student (STS), and Women's Club.

Here's a glimpse of what a few of these student groups are doing:

Orchesis Dance Club – Orchesis dancers will have the opportunity to use their passion for dance and raise money for a good cause when they perform in Dancers Care - A Benefit Concert on January 29 at 5pm at Stevenson High School. This concert will feature dance companies from the Chicagoland area, united to raise funds for Misericordia/Heart of Mercy, an organization that supports individuals with developmental disabilities.



Men's Club and Women's Club - Both the Men's and Women's Clubs spent November hosting food drives for the HUGS (Help Give Thanksgiving Suppers) program, which was created by Lake

Forest High School Graduate, Kristen Hughes, in 2004. Last year, the HUGS program was able to provide Thanksgiving dinners for 760 Lake County families.

Red Cross Club – This fall the Red Cross Club has been very active, working on four projects simultaneously. Since home fires are the biggest disaster threat to families in this country, above floods and hurricanes, the Red Cross Club sponsored a fire safety poster contest to help raise awareness. Congratulations to the contest winners: 1st place Molly Carr; 2nd place Jessica Duong; and 3rd place Madeleine Weber. The Red Cross Club also hosted two drives, a blood drive and a coat drive to benefit the Lakota Indians in Rosebud, South Dakota. Finally, in an effort to vaccinate children — village by village — across the globe, the Red Cross Club is conducting on-going fundraisers for the Vaccinate a Village Program. In less than a decade, the Vaccinate a Village program has immunized 1 billion children against measles, which is still one of the world's deadliest diseases, with 450 people dying from measles each day.

Big 2 Little - Every Wednesday after school about 40 Lake Forest High School students, freshman to seniors, board a bus and travel to AJ Katzenmaier Elementary School in North Chicago. Through a program sponsored by North Chicago Community Partners, Lake Forest High School students work either one-on-one or in small groups to provide homework help, do arts and crafts or play games with the elementary students.

To learn more about the various Service Clubs at Lake Forest High School click here, http://www.lfhs.org/pdf/student_services/service_clubs.pdf, or contact Kathy O'Hara, Student and Community Service Coordinator, 847-582-7424 or kohara@lfschools.net.